CAMPEONATO NACIONAL DE TRAIL SPRINT 2026

Vila Nova de Paiva, 16 de maio de 2026

CLASSIFICAÇÃO GERAL FEMININA

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Ana Rodrigues	Saca Trilhos Anadia	F35	02:49:13.247	00:00:00.000
2	Carolina Oliveira	Saca Trilhos Anadia	F SEN	02:57:01.263	00:07:48.016
3	Patrícia Serafim	Clube Desportivo De Espite	F40	03:00:21.090	00:11:07.843
4	Sofia Vieira	Clube Desportivo De Espite	F40	03:06:18.987	00:17:05.740
5	Beatriz Lourenço	Clube Desportivo De Espite	F SEN	03:08:39.553	00:19:26.306
6	Constança Pelicano	Edv-Viana Trail	F SEN	03:09:11.330	00:19:58.083
7	Susana Echeverría	Saca Trilhos Anadia	F50	03:09:48.540	00:20:35.293
8	Mariana Henriques	Clube Desportivo De Espite	F35	03:12:12.253	00:22:59.006
9	Ana Bonifácio	Cpr A-Do-Barbas	F SEN	03:12:43.310	00:23:30.063
10	Paula Pinto	Edv-Viana Trail	F35	03:16:14.887	00:27:01.640
11	LILIANA CARDOSO	Runners Do Demo	F45	03:17:15.023	00:28:01.776
12	Sara Pedrosa	Saca Trilhos Anadia	F35	03:17:52.437	00:28:39.190
13	Inês Gomes	Clube Desportivo De Espite	F SEN	03:18:06.443	00:28:53.196
14	Melissa Fernandes	Clube Desportivo De Espite	F SEN	03:18:20.017	00:29:06.770
15	Alice Lopes	Jiv	F50	03:24:41.843	00:35:28.596
16	Cláudia Machado	Cinfães A Correr	F SEN	03:26:11.073	00:36:57.826
17	Goreti Correia	Runners Do Demo	F50	03:26:38.553	00:37:25.306
18	Inês Teixeira	Dar - Desportivo Atlético De Recardães	F SEN	03:27:00.670	00:37:47.423
19	Sofia Padilha	Centro Trail Carlos Sá Penacova Team	F35	03:29:42.630	00:40:29.383
20	Lara Fernandes	Linces Do Marão	F SUB23	03:29:59.433	00:40:46.186
21	LILIANA SILVA	Águias De Alvelos	F40	03:30:37.647	00:41:24.400
22	SARA ARAUJO	Águias De Alvelos	F40	03:32:22.083	00:43:08.836
23	NATALIA BRANCO	Águias De Alvelos	F45	03:33:11.467	00:43:58.220
24	Andreia Conceição	Active Running	F45	03:36:40.147	00:47:26.900
25	Maria Fonseca	Runners Do Demo	F45	03:45:16.047	00:56:02.800
26	Mariana Prudêncio	Runners Do Demo	F SUB23	03:46:17.840	00:57:04.593
27	Fátima Buchas	Edv-Viana Trail	F35	03:47:12.300	00:57:59.053
28	Dora Santos	Trilho Perdido Eventos / Imporlux	F45	03:47:36.597	00:58:23.350
29	Joana Grácio	Cpr A-Do-Barbas	F40	03:48:15.157	00:59:01.910
30	ANA MELO	Saca Trilhos Anadia	F40	03:49:50.010	01:00:36.763
31	Alexandra Fernandes	Runners Do Demo	F55	03:51:39.317	01:02:26.070
32	Sofia Fonseca	Gaia-Running	F SUB23	03:52:51.947	01:03:38.700
33	Ana Freitas	365 Running Project	F50	03:57:38.630	01:08:25.383
34	Cláudia Neto	Adcr Pereira	F40	04:01:56.957	01:12:43.710
35	Cristiana Bexiga	2600Tr	F SEN	04:02:03.477	01:12:50.230
36	Ana Bigode	Monsanto Running Team	F50	04:04:04.237	01:14:50.990
37	Maria Inês Serrano	Arcd Venda Da Luísa	F35	04:04:12.753	01:14:59.506
38	CEU COSTA	Linces Do Marão	F55	04:04:17.443	01:15:04.196
39	Carla Duarte	A.R.Sequeirô/Destemidos	F45	04:05:02.207	01:15:48.960
40	Orlanda Rego	Gaia-Running	F55	04:18:22.273	01:29:09.026
41	Lúcia Silva	Adcr Pereira	F45	04:19:57.107	01:30:43.860
42	Paula Barbosa	365 Running Project	F40	04:22:47.337	01:33:34.090
43	Cristina Oliveira	365 Running Project	F45	04:22:47.857	01:33:34.610
44	Teresa Rosa	Grvilaverdense	F50	04:23:48.400	01:34:35.153
45	Daniela Pontes	A.R.Sequeirô/Destemidos	F SEN	04:28:50.730	01:39:37.483
46	Anabela Monteiro	Cumibroa Running Team	F50	04:30:46.207	01:41:32.960
47	Marília Teixeira	Agroal Trail Team	F45	04:35:04.157	01:45:50.910
48	Elisabete Repas	Cinfães A Correr	F60	04:37:06.797	01:47:53.550
49	Vanessa Pucarinho	Individual	F SEN	04:38:06.407	01:48:53.160
50	Susana Couto	Cinfães A Correr	F45	04:39:20.083	01:50:06.836
51	Rosa Ferreira	A. D. Nós Acreditamos	F45	04:44:19.337	01:55:06.090
52	Cátia Correia	A. D. Nós Acreditamos	F SEN	04:44:20.137	01:55:06.890
53	Paula Ferreira	Akuafit	F45	04:50:22.937	02:01:09.690
54	joana fernandes	Akuafit	F SEN	04:50:23.197	02:01:09.950
55	Teresa Pinho	Saca Trilhos Anadia	F40	04:53:37.963	02:04:24.716
56	Antónia Soares	Gaia-Running	F50	04:54:35.887	02:05:22.640
57	Fernanda Esteves	Trilhos De Viana	F70	04:57:47.010	02:08:33.763
58	Maria Alexandra	Grvilaverdense	F50	05:28:36.300	02:39:23.053

CAMPEONATO NACIONAL DE TRAIL SPRINT 2026

Vila Nova de Paiva, 16 de maio de 2026

CLASSIFICAÇÃO GERAL MASCULINA

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	João Ferreira	Airorun	M35	02:23:34.473	00:00:00.000
2	Daniel Santos	Edv-Viana Trail	M35	02:24:01.447	00:00:26.974
3	Eugénio Medeiros	Saca Trilhos Anadia	M SUB23	02:26:10.477	00:02:36.004
4	François Vie	Clube Desportivo De Espite	M SEN	02:28:57.717	00:05:23.244
5	Paulo Macedo	Acd Jardim Da Serra	M SEN	02:29:15.203	00:05:40.730
6	Nuno Miguel Campos	Clube Desportivo De Espite	M SEN	02:30:28.833	00:06:54.360
7	David Santos	Edv-Viana Trail	M35	02:30:36.773	00:07:02.300
8	João Lopes	Saca Trilhos Anadia	M SEN	02:31:53.443	00:08:18.970
9	Marcelo Graça	Clube Desportivo De Espite	M SEN	02:31:59.317	00:08:24.844
10	Carlos Simões	Dci/Trilhos Luso Bussaco	M40	02:32:25.570	00:08:51.097
11	José Alves	Clube Desportivo De Espite	M SEN	02:34:32.870	00:10:58.397
12	Ricardo Fonseca	Thomar Athletics	M SEN	02:34:34.297	00:10:59.824
13	João Novo	Atletismo Clube Da Tocha	M SEN	02:35:19.327	00:11:44.854
14	Hugo Araújo	Quebraritmo	M SEN	02:35:35.397	00:12:00.924
15	Pedro Ferreira	Saca Trilhos Anadia	M35	02:37:07.110	00:13:32.637
16	Marco faria	Vizela Corre	M45	02:37:18.767	00:13:44.294
17	Bruno Sousa	Minho E Lima Trail	M40	02:37:36.317	00:14:01.844
18	Cristiano Cunha	A. D. Nós Acreditamos	M40	02:38:01.903	00:14:27.430
19	Daniel Gomes	A.R.Sequeirô/Destemidos	M SEN	02:38:20.250	00:14:45.777
20	Oscar Mendes	Águias De Alvelos	M45	02:39:08.083	00:15:33.610
21	Carlos Veloso	Águias De Alvelos	M50	02:40:05.437	00:16:30.964
22	Marco Santos	365 Running Project	M35	02:40:17.797	00:16:43.324
23	Hélder Franco	Minho E Lima Trail	M40	02:40:18.083	00:16:43.610
24	Tomás Estevães	Edv-Viana Trail	M SEN	02:40:53.207	00:17:18.734
25	Tiago Coelho	Edv-Viana Trail	M SUB23	02:41:46.343	00:18:11.870
26	João Pedrosa	Edv-Viana Trail	M SEN	02:42:02.627	00:18:28.154
27	Ricardo Esteves	Edl Trail	M40	02:42:36.300	00:19:01.827
28	Vasco Pereira	A R.Casaense/Escola De Atletismo De Coimbra	M35	02:43:28.543	00:19:54.070
29	Joel Araújo	Águias De Alvelos	M45	02:44:17.670	00:20:43.197
30	Pedro Ribeiro	Clube Desportivo De Espite	M40	02:44:21.190	00:20:46.717
31	Paulo Palhinha	A R.Casaense/Escola De Atletismo De Coimbra	M45	02:44:25.043	00:20:50.570
32	Simão Geraldo	Individual	M SEN	02:44:42.753	00:21:08.280
33	Pedro Silva	Individual	M SEN	02:46:16.790	00:22:42.317
34	Hugo Vieira	Edv-Viana Trail	M SEN	02:46:23.023	00:22:48.550
35	Samuel Santos	Dar - Desportivo Atlético De Recardães	M SEN	02:47:05.490	00:23:31.017
36	Paulo Nogueira	Ad Marco 09	M45	02:47:14.830	00:23:40.357
37	Luís Vendeiro	Edv-Viana Trail	M SEN	02:47:24.293	00:23:49.820
38	Sérgio Junqueira	Cpr A-Do-Barbas	M45	02:47:36.640	00:24:02.167
39	Francisco Freitas	Acd Jardim Da Serra	M50	02:48:08.657	00:24:34.184
40	Bruno Ribeiro	Águias De Alvelos	M45	02:49:04.353	00:25:29.880
41	Tiago Gonçalves	A R.Casaense/Escola De Atletismo De Coimbra	M SEN	02:52:10.157	00:28:35.684
42	Daniel Antunes	Sicótrilhos	M SEN	02:52:16.157	00:28:41.684
43	José Costa	365 Running Project	M SEN	02:52:18.613	00:28:44.140
44	José Freitas	Minho E Lima Trail	M SEN	02:52:19.433	00:28:44.960
45	Jorge Caseiro	Cpr A-Do-Barbas	M SEN	02:52:59.427	00:29:24.954
46	Vitor Carvalho	Minho E Lima Trail	M40	02:53:37.490	00:30:03.017
47	Miguel Silva	Saca Trilhos Anadia	M SUB23	02:54:11.323	00:30:36.850
48	Miguel Pereira	A.D.Amarante	M35	02:55:48.020	00:32:13.547
49	Carlos Dias	Dci/Trilhos Luso Bussaco	M35	02:56:22.067	00:32:47.594
50	Joao Protasio	Thomar Athletics	M SEN	02:57:47.410	00:34:12.937
51	Tiago Faria	Águias De Alvelos	M35	02:58:05.300	00:34:30.827
52	Juvenal Faria	Acd Jardim Da Serra	M50	02:58:59.367	00:35:24.894
53	César Estrela	Sport Arronches E Benfica	M35	02:59:21.040	00:35:46.567
54	Nuno Silva	A.R.Sequeirô/Destemidos	M35	03:00:03.507	00:36:29.034
55	Paulo Correia	Trilho Perdido Eventos / Imporlux	M60	03:00:08.183	00:36:33.710
56	João Santos	G.R.Corredoura	M SEN	03:01:39.513	00:38:05.040
57	Ricardo Machado	A.R.Sequeirô/Destemidos	M40	03:01:56.713	00:38:22.240
58	Luis Ruxa	Grupo Desportivo De Pavia	M35	03:02:20.427	00:38:45.954
59	Hugo Machado	Thomar Athletics	M50	03:03:29.147	00:39:54.674
60	António Vilhena	Edv-Viana Trail	M SEN	03:03:32.780	00:39:58.307
61	Cristiano Pereira	Trilhos De Viana	M35	03:03:57.093	00:40:22.620
62	Paulo Santos	Grupo Desportivo Ferreirense	M55	03:04:01.427	00:40:26.954
63	Luís Silva	Edl Trail	M55	03:04:18.153	00:40:43.680
64	Carlos Melo	Minho E Lima Trail	M45	03:04:21.870	00:40:47.397
65	Pedro Silva	Cpr A-Do-Barbas	M SEN	03:05:09.573	00:41:35.100
66	José Andrade	Sport Arronches E Benfica	M35	03:05:23.090	00:41:48.617
67	José Silva	Minho E Lima Trail	M35	03:05:34.323	00:41:59.850
68	Paulo Mesquita	Minho E Lima Trail	M35	03:06:15.397	00:42:40.924
69	Filipe Azevedo	Minho E Lima Trail	M SEN	03:06:16.417	00:42:41.944
70	Nuno Martins	Saca Trilhos Anadia	M45	03:08:21.143	00:44:46.670
71	Sérgio Manito	Saca Trilhos Anadia	M40	03:08:30.723	00:44:56.250

CAMPEONATO NACIONAL DE TRAIL SPRINT 2026

Vila Nova de Paiva, 16 de maio de 2026

CLASSIFICAÇÃO GERAL MASCULINA

72	António Vieira	Edl Trail	M40	03:08:34.813	00:45:00.340
73	Andre Machado	Vitória Sport Clube	M35	03:09:17.647	00:45:43.174
74	Rui Varandas	Centro Vicentino Da Serra De Portalegre	M40	03:10:02.960	00:46:28.487
75	Henrique Matinhos	Grupo Desportivo De Pavia	M SEN	03:10:22.487	00:46:48.014
76	Francisco Rosado	Grupo Desportivo De Pavia	M SEN	03:10:26.137	00:46:51.664
77	Vital Sousa	Ccrd Arrimal/Morcegos	M SEN	03:11:08.790	00:47:34.317
78	José Campeão	Linces Do Marão	M40	03:12:30.043	00:48:55.570
79	Ilídio Oliveira	365 Running Project	M40	03:12:32.687	00:48:58.214
80	Carlos Silva	A. D. Nós Acreditamos	M55	03:13:06.923	00:49:32.450
81	David Carvalheiro	A R.Casaense/Escola De Atletismo De Coimbra	M SUB23	03:14:12.657	00:50:38.184
82	Antero Moreira	Individual	M55	03:14:21.837	00:50:47.364
83	Avelino Macedo	Minho E Lima Trail	M45	03:14:23.737	00:50:49.264
84	Camilo Rocha	Minho E Lima Trail	M35	03:14:23.900	00:50:49.427
85	Nuno Castel-Branco	Minho E Lima Trail	M35	03:14:25.213	00:50:50.740
86	João Costa	Edl Trail	M40	03:15:27.863	00:51:53.390
87	Sebastião Görne	Flashover Bvpenela	M SEN	03:15:39.867	00:52:05.394
88	Rogério Duarte	Trilho Perdido Eventos / Imporlux	M50	03:16:19.160	00:52:44.687
89	Ricardo Mendonça	365 Running Project	M40	03:17:03.403	00:53:28.930
90	Afonso Simões	Runners Do Demo	M SUB23	03:17:15.080	00:53:40.607
91	Carlos Afonso Borges	Linces Do Marão	M45	03:17:25.930	00:53:51.457
92	Pedro Lopes	Thomar Athletics	M35	03:17:48.977	00:54:14.504
93	Vítor Guedes	Núcleo De Atletismo De Vila Real	M40	03:19:57.507	00:56:23.034
94	José Zananar	Atletismo Clube Da Tocha	M60	03:21:02.277	00:57:27.804
95	Ricardo Ferreira	Thomar Athletics	M45	03:21:02.343	00:57:27.870
96	Erick Araújo	365 Running Project	M SEN	03:21:34.010	00:57:59.537
97	Tiago Gonçalves	Active Running	M40	03:21:50.117	00:58:15.644
98	Abilio Magalhães	Ad Vila Cha	M60	03:21:50.350	00:58:15.877
99	José Féteira	Arsm - Associação Recreativa De S. Miguel	M55	03:22:04.410	00:58:29.937
100	David Campos	Arsm - Associação Recreativa De S. Miguel	M35	03:22:05.503	00:58:31.030
101	João Silva	Dci/Trilhos Luso Bussaco	M45	03:23:05.620	00:59:31.147
102	Miguel Moura	Saca Trilhos Anadia	M SEN	03:23:17.343	00:59:42.870
103	Luis Ribeiro	Edl Trail	M SEN	03:23:18.370	00:59:43.897
104	Miguel Barros	Linces Do Marão	M55	03:23:54.747	01:00:20.274
105	Tiago Martins	Associação Desportiva Mont Blue Team	M SEN	03:25:21.333	01:01:46.860
106	Bruno Pereira	Individual	M40	03:25:35.207	01:02:00.734
107	PAULO SOUSA	A. D. Nós Acreditamos	M50	03:25:50.610	01:02:16.137
108	Moisés Barroso	Abcansadotrail	M50	03:26:56.683	01:03:22.210
109	Nuno Costa	Minho E Lima Trail	M SEN	03:27:15.893	01:03:41.420
110	Vasco Azenha	Adões Trail	M40	03:27:42.220	01:04:07.747
111	Agostinho Carneiro	Ad Marco 09	M60	03:29:44.980	01:06:10.507
112	Samuel Silva	Ad Marco 09	M40	03:29:47.627	01:06:13.154
113	Pedro Castro	Ad Marco 09	M35	03:29:47.673	01:06:13.200
114	Bruno Santos	Saca Trilhos Anadia	M35	03:29:56.617	01:06:22.144
115	Tiago Coelho	U.D.Belmonte Runners	M40	03:30:08.903	01:06:34.430
116	Joao Nuno Anacleto Pires Pinto	Grupo Desportivo De Pavia	M SEN	03:31:54.667	01:08:20.194
117	António Abreu	Acd Jardim Da Serra	M40	03:31:56.473	01:08:22.000
118	Rui Martins	Grupo Desportivo De Pavia	M40	03:31:56.910	01:08:22.437
119	Tiago Abreu	Grvilaverdense	M35	03:32:30.880	01:08:56.407
120	Pedro Ferreira	Cinfães A Correr	M SEN	03:32:40.680	01:09:06.207
121	Marcel Santos	Saca Trilhos Anadia	M40	03:35:22.107	01:11:47.634
122	Miguel Sousa	Pó Reforço Trail Team	M SEN	03:36:48.047	01:13:13.574
123	João Pereira	2600Tr	M SEN	03:36:59.490	01:13:25.017
124	Vitor Pereira	Thomar Athletics	M50	03:37:43.460	01:14:08.987
125	Rui Santos	Trilho Dos Cágados	M55	03:37:55.077	01:14:20.604
126	Eduardo Picado	Sport Arronches E Benfica	M45	03:38:02.367	01:14:27.894
127	Rafael Sousa	Cinfães A Correr	M35	03:38:30.857	01:14:56.384
128	José Gonçalves	Centro Vicentino Da Serra De Portalegre	M40	03:41:23.947	01:17:49.474
129	Joaquim Miranda	Trilhos De Viana	M60	03:41:40.583	01:18:06.110
130	Gabriel Marques	Abutres	M SUB23	03:41:47.517	01:18:13.044
131	Guilherme Lourenço	Clube Desportivo De Leomil	M SUB23	03:42:56.090	01:19:21.617
132	Marco Rodrigues	Arsm - Associação Recreativa De S. Miguel	M50	03:43:46.530	01:20:12.057
133	Nuno Feijão	Trilhos Do Costume	M45	03:43:53.343	01:20:18.870
134	Francisco Rabasquinho	Penta Clube Da Covilhã/Sport Hotel Trail Running Team	M SUB23	03:43:57.600	01:20:23.127
135	Carlos Cunha	Dci/Trilhos Luso Bussaco	M60	03:44:33.343	01:20:58.870
136	Daniel Baptista	Eu Tu E A Montanha	M SEN	03:45:09.037	01:21:34.564
137	Fernando Morais	Saca Trilhos Anadia	M60	03:46:40.820	01:23:06.347
138	Tomás Fonseca	Viriathvs Runners De Viseu	M65	03:46:41.233	01:23:06.760
139	Cesar Goncalves	Trilhos De Viana	M50	03:46:41.620	01:23:07.147
140	Carlos Correia	Clac Entroncamento	M50	03:46:52.810	01:23:18.337
141	Fábio Nunes	Thomar Athletics	M SEN	03:48:03.363	01:24:28.890
142	Tiago Monteiro	Thomar Athletics	M40	03:52:52.177	01:29:17.704
143	EDUARDO FERREIRA	Atletismo Clube Da Tocha	M40	03:55:30.520	01:31:56.047

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Vila Nova de Paiva, 16 de maio de 2026

CLASSIFICAÇÃO GERAL MASCULINA

144	Silvino Pais	Saca Trilhos Anadia	M55	03:56:34.590	01:33:00.117
145	Daniel Pinheiro	Trilhos De Viana	M60	03:57:17.950	01:33:43.477
146	Francisco Lemos	A. D. Nós Acreditamos	M60	03:57:45.170	01:34:10.697
147	vasco melo	Arsm - Associação Recreativa De S. Miguel	M50	03:58:03.083	01:34:28.610
148	Renato Santos	Capenafirme	M SEN	03:58:07.490	01:34:33.017
149	Jose Rodrigues	365 Running Project	M55	04:00:33.330	01:36:58.857
150	Marco Vitória	Sport Arronches E Benfica	M40	04:01:15.037	01:37:40.564
151	Sérgio Caetano	Eu Tu E A Montanha	M40	04:02:23.920	01:38:49.447
152	Tiago Araújo	A.R.Sequeirô/Destemidos	M35	04:04:57.730	01:41:23.257
153	Aurélio Saúde	Acdrs Quinhendros	M45	04:05:50.227	01:42:15.754
154	Vasco Sousa	Sporting Clube Povoense - Caracóis De Corrida	M60	04:06:42.780	01:43:08.307
155	Emidio Teixeira	Thomar Athletics	M40	04:07:44.960	01:44:10.487
156	Jose loureiro	Individual	M50	04:08:00.673	01:44:26.200
157	Alfredo Lopes	A. D. Nós Acreditamos	M50	04:11:01.217	01:47:26.744
158	Rodrigo Silva	Cinfães A Correr	M SEN	04:13:21.257	01:49:46.784
159	Filipe Vasconcelos	Vikings Trail Runners / Ccr Alcabideque	M50	04:14:29.543	01:50:55.070
160	João Coelho	Pcrunners	M45	04:14:48.740	01:51:14.267
161	Manuel Fernandes	Sport Arronches E Benfica	M40	04:16:24.877	01:52:50.404
162	Edgar Conceicao	Abcansadotrail	M50	04:19:28.797	01:55:54.324
163	Carlos Trabulo	Associação Hélio Fumo - Inclusão Social Pelo Desporto	M65	04:26:02.360	02:02:27.887
164	Fausto Carvalho	Arcd Venda Da Luísa	M70	04:26:50.563	02:03:16.090
165	Ricardo Sousa	A.D.Sebolido Trail	M50	04:29:50.997	02:06:16.524
166	João Ferreira	Saca Trilhos Anadia	M SEN	04:29:58.770	02:06:24.297
167	António Pereira	A. D. Nós Acreditamos	M60	04:30:04.563	02:06:30.090
168	Joao Gil	Linces Do Marão	M65	04:30:17.013	02:06:42.540
169	Joaquim Godinho	Dci/Trilhos Luso Bussaco	M70	04:33:15.510	02:09:41.037
170	Manuel Moreno	Clube Desportivo Operário De Lagoa-Açores	M65	04:37:26.750	02:13:52.277
171	Fernando Silva	A. D. Nós Acreditamos	M55	04:43:09.573	02:19:35.100
172	Jorge Correia	A. D. Nós Acreditamos	M45	04:43:14.303	02:19:39.830
173	Nuno Gois	Grvilaverdense	M45	04:43:25.017	02:19:50.544
174	Rui Santos	Grvilaverdense	M55	04:43:28.540	02:19:54.067
175	Fábio Sousa	Edv-Viana Trail	M SEN	04:47:07.523	02:23:33.050
176	Domingos Ferreira	A.D.Sebolido Trail	M55	04:51:53.403	02:28:18.930
177	Ricardo Moreira	Mss Grupo Desportivo De Gondomar	M45	04:53:22.547	02:29:48.074
178	Pedro Alves	Lobos Do Brunheiro De Chaves / Anteros	M35	04:56:50.747	02:33:16.274
179	João Silva	A.R.Sequeirô/Destemidos	M65	05:03:16.100	02:39:41.627
180	Américo Mota	Trilho Perdido Eventos / Imporlux	M55	05:05:06.057	02:41:31.584