CAMPEONATO NACIONAL DE TRAIL SPRINT 2026

Vila Nova de Paiva, 16 de maio de 2026

CLASSIFICAÇÃO POR ESCALÕES ETÁRIOS

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Lara Fernandes	Linces Do Marão	F SUB23	03:29:59.433	00:00:00.000
2	Mariana Prudêncio	Runners Do Demo	F SUB23	03:46:17.840	00:16:18.407
3	Sofia Fonseca	Gaia-Running	F SUB23	03:52:51.947	00:22:52.514

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Eugénio Medeiros	Saca Trilhos Anadia	M SUB23	02:26:10.477	00:00:00.000
2	Tiago Coelho	Edv-Viana Trail	M SUB23	02:41:46.343	00:15:35.866
3	Miguel Silva	Saca Trilhos Anadia	M SUB23	02:54:11.323	00:28:00.846
4	David Carvalheiro	A R.Casaense/Escola De Atletismo De Coimbra	M SUB23	03:14:12.657	00:48:02.180
5	Afonso Simões	Runners Do Demo	M SUB23	03:17:15.080	00:51:04.603
6	Gabriel Marques	Abutres	M SUB23	03:41:47.517	01:15:37.040
7	Guilherme Lourenço	Clube Desportivo De Leomil	M SUB23	03:42:56.090	01:16:45.613
8	Francisco Rabasquinho	Penta Clube Da Covilhã/Sport Hotel Trail Running Team	M SUB23	03:43:57.600	01:17:47.123

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Carolina Oliveira	Saca Trilhos Anadia	F SEN	02:57:01.263	00:00:00.000
2	Beatriz Lourenço	Clube Desportivo De Espite	F SEN	03:08:39.553	00:11:38.290
3	Constança Pelicano	Edv-Viana Trail	F SEN	03:09:11.330	00:12:10.067
4	Ana Bonifácio	Cpr A-Do-Barbas	F SEN	03:12:43.310	00:15:42.047
5	Inês Gomes	Clube Desportivo De Espite	F SEN	03:18:06.443	00:21:05.180
6	Melissa Fernandes	Clube Desportivo De Espite	F SEN	03:18:20.017	00:21:18.754
7	Cláudia Machado	Cinfães A Correr	F SEN	03:26:11.073	00:29:09.810
8	Inês Teixeira	Dar - Desportivo Atlético De Recardães	F SEN	03:27:00.670	00:29:59.407
9	Cristiana Bexiga	2600Tr	F SEN	04:02:03.477	01:05:02.214
10	Daniela Pontes	A.R.Sequeirô/Destemidos	F SEN	04:28:50.730	01:31:49.467
11	Vanessa Pucarinho	Individual	F SEN	04:38:06.407	01:41:05.144
12	Cátia Correia	A. D. Nós Acreditamos	F SEN	04:44:20.137	01:47:18.874
13	joana fernandes	Akuafit	F SEN	04:50:23.197	01:53:21.934

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	François Vie	Clube Desportivo De Espite	M SEN	02:28:57.717	00:00:00.000
2	Paulo Macedo	Acd Jardim Da Serra	M SEN	02:29:15.203	00:00:17.486
3	Nuno Miguel Campos	Clube Desportivo De Espite	M SEN	02:30:28.833	00:01:31.116
4	João Lopes	Saca Trilhos Anadia	M SEN	02:31:53.443	00:02:55.726
5	Marcelo Graça	Clube Desportivo De Espite	M SEN	02:31:59.317	00:03:01.600
6	José Alves	Clube Desportivo De Espite	M SEN	02:34:32.870	00:05:35.153
7	Ricardo Fonseca	Thomar Athletics	M SEN	02:34:34.297	00:05:36.580
8	João Novo	Atletismo Clube Da Tocha	M SEN	02:35:19.327	00:06:21.610
9	Hugo Araújo	Quebraritmo	M SEN	02:35:35.397	00:06:37.680
10	Daniel Gomes	A.R.Sequeirô/Destemidos	M SEN	02:38:20.250	00:09:22.533
11	Tomás Estevães	Edv-Viana Trail	M SEN	02:40:53.207	00:11:55.490
12	João Pedrosa	Edv-Viana Trail	M SEN	02:42:02.627	00:13:04.910
13	Simão Geraldo	Individual	M SEN	02:44:42.753	00:15:45.036
14	Pedro Silva	Individual	M SEN	02:46:16.790	00:17:19.073
15	Hugo Vieira	Edv-Viana Trail	M SEN	02:46:23.023	00:17:25.306
16	Samuel Santos	Dar - Desportivo Atlético De Recardães	M SEN	02:47:05.490	00:18:07.773
17	Luís Vendeiro	Edv-Viana Trail	M SEN	02:47:24.293	00:18:26.576
18	Tiago Gonçalves	A R.Casaense/Escola De Atletismo De Coimbra	M SEN	02:52:10.157	00:23:12.440
19	Daniel Antunes	Sicótrilhos	M SEN	02:52:16.157	00:23:18.440
20	José Costa	365 Running Project	M SEN	02:52:18.613	00:23:20.896
21	José Freitas	Minho E Lima Trail	M SEN	02:52:19.433	00:23:21.716
22	Jorge Caseiro	Cpr A-Do-Barbas	M SEN	02:52:59.427	00:24:01.710
23	Joao Protasio	Thomar Athletics	M SEN	02:57:47.410	00:28:49.693
24	João Santos	G.R.Corredoura	M SEN	03:01:39.513	00:32:41.796
25	António Vilhena	Edv-Viana Trail	M SEN	03:03:32.780	00:34:35.063
26	Pedro Silva	Cpr A-Do-Barbas	M SEN	03:05:09.573	00:36:11.856
27	Filipe Azevedo	Minho E Lima Trail	M SEN	03:06:16.417	00:37:18.700
28	Henrique Matinhos	Grupo Desportivo De Pavia	M SEN	03:10:22.487	00:41:24.770
29	Francisco Rosado	Grupo Desportivo De Pavia	M SEN	03:10:26.137	00:41:28.420
30	Vital Sousa	Ccrd Arrimal/Morcegos	M SEN	03:11:08.790	00:42:11.073
31	Sebastião Görne	Flashover Bvpenela	M SEN	03:15:39.867	00:46:42.150
32	Erick Araújo	365 Running Project	M SEN	03:21:34.010	00:52:36.293
33	Miguel Moura	Saca Trilhos Anadia	M SEN	03:23:17.343	00:54:19.626
34	Luis Ribeiro	Edl Trail	M SEN	03:23:18.370	00:54:20.653
35	Tiago Martins	Associação Desportiva Mont Blue Team	M SEN	03:25:21.333	00:56:23.616
36	Nuno Costa	Minho E Lima Trail	M SEN	03:27:15.893	00:58:18.176
37	Joao Nuno Anacleto Pires Pinto	Grupo Desportivo De Pavia	M SEN	03:31:54.667	01:02:56.950
38	Pedro Ferreira	Cinfães A Correr	M SEN	03:32:40.680	01:03:42.963
39	Miguel Sousa	Pó Reforço Trail Team	M SEN	03:36:48.047	01:07:50.330
40	João Pereira	2600Tr	M SEN	03:36:59.490	01:08:01.773
41	Daniel Baptista	Eu Tu E A Montanha	M SEN	03:45:09.037	01:16:11.320
42	Fábio Nunes	Thomar Athletics	M SEN	03:48:03.363	01:19:05.646
43	Renato Santos	Capenafirme	M SEN	03:58:07.490	01:29:09.773
44	Rodrigo Silva	Cinfães A Correr	M SEN	04:13:21.257	01:44:23.540
45	João Ferreira	Saca Trilhos Anadia	M SEN	04:29:58.770	02:01:01.053
46	Fábio Sousa	Edv-Viana Trail	M SEN	04:47:07.523	02:18:09.806

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Ana Rodrigues	Saca Trilhos Anadia	F35	02:49:13.247	00:00:00.000
2	Mariana Henriques	Clube Desportivo De Espite	F35	03:12:12.253	00:22:59.006
3	Paula Pinto	Edv-Viana Trail	F35	03:16:14.887	00:27:01.640
4	Sara Pedrosa	Saca Trilhos Anadia	F35	03:17:52.437	00:28:39.190
5	Sofia Padilha	Centro Trail Carlos Sá Penacova Team	F35	03:29:42.630	00:40:29.383
6	Fátima Buchas	Edv-Viana Trail	F35	03:47:12.300	00:57:59.053
7	Maria Inês Serrano	Arcd Venda Da Luísa	F35	04:04:12.753	01:14:59.506

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	João Ferreira	Airorun	M35	02:23:34.473	00:00:00.000
2	Daniel Santos	Edv-Viana Trail	M35	02:24:01.447	00:00:26.974
3	David Santos	Edv-Viana Trail	M35	02:30:36.773	00:07:02.300
4	Pedro Ferreira	Saca Trilhos Anadia	M35	02:37:07.110	00:13:32.637
5	Marco Santos	365 Running Project	M35	02:40:17.797	00:16:43.324
6	Vasco Pereira	A R.Casaense/Escola De Atletismo De Coimbra	M35	02:43:28.543	00:19:54.070
7	Miguel Pereira	A.D.Amarante	M35	02:55:48.020	00:32:13.547
8	Carlos Dias	Dci/Trilhos Luso Bussaco	M35	02:56:22.067	00:32:47.594
9	Tiago Faria	Águias De Alvelos	M35	02:58:05.300	00:34:30.827
10	César Estrela	Sport Arronches E Benfica	M35	02:59:21.040	00:35:46.567
11	Nuno Silva	A.R.Sequeirô/Destemidos	M35	03:00:03.507	00:36:29.034
12	Luis Ruxa	Grupo Desportivo De Pavia	M35	03:02:20.427	00:38:45.954
13	Cristiano Pereira	Trilhos De Viana	M35	03:03:57.093	00:40:22.620
14	José Andrade	Sport Arronches E Benfica	M35	03:05:23.090	00:41:48.617
15	José Silva	Minho E Lima Trail	M35	03:05:34.323	00:41:59.850
16	Paulo Mesquita	Minho E Lima Trail	M35	03:06:15.397	00:42:40.924
17	Andre Machado	Vitória Sport Clube	M35	03:09:17.647	00:45:43.174
18	Camilo Rocha	Minho E Lima Trail	M35	03:14:23.900	00:50:49.427
19	Nuno Castel-Branco	Minho E Lima Trail	M35	03:14:25.213	00:50:50.740
20	Pedro Lopes	Thomar Athletics	M35	03:17:48.977	00:54:14.504
21	David Campos	Arsm - Associação Recreativa De S. Miguel	M35	03:22:05.503	00:58:31.030
22	Pedro Castro	Ad Marco 09	M35	03:29:47.673	01:06:13.200
23	Bruno Santos	Saca Trilhos Anadia	M35	03:29:56.617	01:06:22.144
24	Tiago Abreu	Grvilaverdense	M35	03:32:30.880	01:08:56.407
25	Rafael Sousa	Cinfães A Correr	M35	03:38:30.857	01:14:56.384
26	Tiago Araújo	A.R.Sequeirô/Destemidos	M35	04:04:57.730	01:41:23.257
27	Pedro Alves	Lobos Do Brunheiro De Chaves / Anteros	M35	04:56:50.747	02:33:16.274

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Patrícia Serafim	Clube Desportivo De Espite	F40	03:00:21.090	00:00:00.000
2	Sofia Vieira	Clube Desportivo De Espite	F40	03:06:18.987	00:05:57.897
3	LILIANA SILVA	Águias De Alvelos	F40	03:30:37.647	00:30:16.557
4	SARA ARAUJO	Águias De Alvelos	F40	03:32:22.083	00:32:00.993
5	Joana Grácio	Cpr A-Do-Barbas	F40	03:48:15.157	00:47:54.067
6	ANA MELO	Saca Trilhos Anadia	F40	03:49:50.010	00:49:28.920
7	Cláudia Neto	Adcr Pereira	F40	04:01:56.957	01:01:35.867
8	Paula Barbosa	365 Running Project	F40	04:22:47.337	01:22:26.247
9	Teresa Pinho	Saca Trilhos Anadia	F40	04:53:37.963	01:53:16.873

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Carlos Simões	Dci/Trilhos Luso Bussaco	M40	02:32:25.570	00:00:00.000
2	Bruno Sousa	Minho E Lima Trail	M40	02:37:36.317	00:05:10.747
3	Cristiano Cunha	A. D. Nós Acreditamos	M40	02:38:01.903	00:05:36.333
4	Hélder Franco	Individual	M40	02:40:18.083	00:07:52.513
5	Ricardo Esteves	Edl Trail	M40	02:42:36.300	00:10:10.730
6	Pedro Ribeiro	Clube Desportivo De Espite	M40	02:44:21.190	00:11:55.620
7	Vitor Carvalho	Minho E Lima Trail	M40	02:53:37.490	00:21:11.920
8	Ricardo Machado	A.R.Sequeirô/Destemidos	M40	03:01:56.713	00:29:31.143
9	Sérgio Manito	Saca Trilhos Anadia	M40	03:08:30.723	00:36:05.153
10	António Vieira	Edl Trail	M40	03:08:34.813	00:36:09.243
11	Rui Varandas	Centro Vicentino Da Serra De Portalegre	M40	03:10:02.960	00:37:37.390
12	José Campeão	Linces Do Marão	M40	03:12:30.043	00:40:04.473
13	Ilídio Oliveira	365 Running Project	M40	03:12:32.687	00:40:07.117
14	João Costa	Edl Trail	M40	03:15:27.863	00:43:02.293
15	Ricardo Mendonça	365 Running Project	M40	03:17:03.403	00:44:37.833
16	Vítor Guedes	Núcleo De Atletismo De Vila Real	M40	03:19:57.507	00:47:31.937
17	Tiago Gonçalves	Active Running	M40	03:21:50.117	00:49:24.547
18	Bruno Pereira	Individual	M40	03:25:35.207	00:53:09.637
19	Vasco Azenha	Adões Trail	M40	03:27:42.220	00:55:16.650
20	Samuel Silva	Ad Marco 09	M40	03:29:47.627	00:57:22.057
21	Tiago Coelho	U.D.Belmonte Runners	M40	03:30:08.903	00:57:43.333
22	António Abreu	Acd Jardim Da Serra	M40	03:31:56.473	00:59:30.903
23	Rui Martins	Grupo Desportivo De Pavia	M40	03:31:56.910	00:59:31.340
24	Marcel Santos	Saca Trilhos Anadia	M40	03:35:22.107	01:02:56.537
25	José Gonçalves	Centro Vicentino Da Serra De Portalegre	M40	03:41:23.947	01:08:58.377
26	Tiago Monteiro	Thomar Athletics	M40	03:52:52.177	01:20:26.607
27	EDUARDO FERREIRA	Atletismo Clube Da Tocha	M40	03:55:30.520	01:23:04.950
28	Marco Vitória	Sport Arronches E Benfica	M40	04:01:15.037	01:28:49.467
29	Sérgio Caetano	Eu Tu E A Montanha	M40	04:02:23.920	01:29:58.350
30	Emidio Teixeira	Thomar Athletics	M40	04:07:44.960	01:35:19.390
31	Manuel Fernandes	Sport Arronches E Benfica	M40	04:16:24.877	01:43:59.307

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	LILIANA CARDOSO	Runners Do Demo	F45	03:17:15.023	00:00:00.000
2	NATALIA BRANCO	Águias De Alvelos	F45	03:33:11.467	00:15:56.444
3	Andreia Conceição	Active Running	F45	03:36:40.147	00:19:25.124
4	Maria Fonseca	Runners Do Demo	F45	03:45:16.047	00:28:01.024
5	Dora Santos	Trilho Perdido Eventos / Imporlux	F45	03:47:36.597	00:30:21.574
6	Carla Duarte	A.R.Sequeirô/Destemidos	F45	04:05:02.207	00:47:47.184
7	Lúcia Silva	Adcr Pereira	F45	04:19:57.107	01:02:42.084
8	Cristina Oliveira	365 Running Project	F45	04:22:47.857	01:05:32.834
9	Marília Teixeira	Agroal Trail Team	F45	04:35:04.157	01:17:49.134
10	Susana Couto	Cinfães A Correr	F45	04:39:20.083	01:22:05.060
11	Rosa Ferreira	A. D. Nós Acreditamos	F45	04:44:19.337	01:27:04.314
12	Paula Ferreira	Akuafit	F45	04:50:22.937	01:33:07.914

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Marco faria	Vizela Corre	M45	02:37:18.767	00:00:00.000
2	Oscar Mendes	Águias De Alvelos	M45	02:39:08.083	00:01:49.316
3	Joel Araújo	Águias De Alvelos	M45	02:44:17.670	00:06:58.903
4	Paulo Palhinha	A R.Casaense/Escola De Atletismo De Coimbra	M45	02:44:25.043	00:07:06.276
5	Paulo Nogueira	Ad Marco 09	M45	02:47:14.830	00:09:56.063
6	Sérgio Junqueira	Cpr A-Do-Barbas	M45	02:47:36.640	00:10:17.873
7	Bruno Ribeiro	Águias De Alvelos	M45	02:49:04.353	00:11:45.586
8	Carlos Melo	Minho E Lima Trail	M45	03:04:21.870	00:27:03.103
9	Nuno Martins	Saca Trilhos Anadia	M45	03:08:21.143	00:31:02.376
10	Avelino Macedo	Minho E Lima Trail	M45	03:14:23.737	00:37:04.970
11	Carlos Afonso Borges	Linces Do Marão	M45	03:17:25.930	00:40:07.163
12	Ricardo Ferreira	Thomar Athletics	M45	03:21:02.343	00:43:43.576
13	João Silva	Dci/Trilhos Luso Bussaco	M45	03:23:05.620	00:45:46.853
14	Eduardo Picado	Sport Arronches E Benfica	M45	03:38:02.367	01:00:43.600
15	Nuno Feijão	Trilhos Do Costume	M45	03:43:53.343	01:06:34.576
16	Aurélio Saúde	Acdrs Quinhendros	M45	04:05:50.227	01:28:31.460
17	João Coelho	Pcrunners	M45	04:14:48.740	01:37:29.973
18	Jorge Correia	A. D. Nós Acreditamos	M45	04:43:14.303	02:05:55.536
19	Nuno Gois	Grvilaverdense	M45	04:43:25.017	02:06:06.250
20	Ricardo Moreira	Mss Grupo Desportivo De Gondomar	M45	04:53:22.547	02:16:03.780

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Susana Echeverría	Saca Trilhos Anadia	F50	03:09:48.540	00:00:00.000
2	Alice Lopes	Jiv	F50	03:24:41.843	00:14:53.303
3	Goreti Correia	Runners Do Demo	F50	03:26:38.553	00:16:50.013
4	Ana Freitas	365 Running Project	F50	03:57:38.630	00:47:50.090
5	Ana Bigode	Monsanto Running Team	F50	04:04:04.237	00:54:15.697
6	Teresa Rosa	Grvilaverdense	F50	04:23:48.400	01:13:59.860
7	Anabela Monteiro	Cumibroa Running Team	F50	04:30:46.207	01:20:57.667
8	Antónia Soares	Gaia-Running	F50	04:54:35.887	01:44:47.347
9	Maria Alexandra	Grvilaverdense	F50	05:28:36.300	02:18:47.760

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Carlos Veloso	Águias De Alvelos	M50	02:40:05.437	00:00:00.000
2	Francisco Freitas	Acd Jardim Da Serra	M50	02:48:08.657	00:08:03.220
3	Juvenal Faria	Acd Jardim Da Serra	M50	02:58:59.367	00:18:53.930
4	Hugo Machado	Thomar Athletics	M50	03:03:29.147	00:23:23.710
5	Rogério Duarte	Trilho Perdido Eventos / Imporlux	M50	03:16:19.160	00:36:13.723
6	PAULO SOUSA	A. D. Nós Acreditamos	M50	03:25:50.610	00:45:45.173
7	Moisés Barroso	Abcansadotrail	M50	03:26:56.683	00:46:51.246
8	Vitor Pereira	Thomar Athletics	M50	03:37:43.460	00:57:38.023
9	Marco Rodrigues	Arsm - Associação Recreativa De S. Miguel	M50	03:43:46.530	01:03:41.093
10	Cesar Goncalves	Trilhos De Viana	M50	03:46:41.620	01:06:36.183
11	Carlos Correia	Clac Entroncamento	M50	03:46:52.810	01:06:47.373
12	vasco melo	Arsm - Associação Recreativa De S. Miguel	M50	03:58:03.083	01:17:57.646
13	Jose loureiro	Individual	M50	04:08:00.673	01:27:55.236
14	Alfredo Lopes	A. D. Nós Acreditamos	M50	04:11:01.217	01:30:55.780
15	Filipe Vasconcelos	Vikings Trail Runners / Ccr Alcabideque	M50	04:14:29.543	01:34:24.106
16	Edgar Conceicao	Abcansadotrail	M50	04:19:28.797	01:39:23.360
17	Ricardo Sousa	A.D.Sebolido Trail	M50	04:29:50.997	01:49:45.560

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Alexandra Fernandes	Runners Do Demo	F55	03:51:39.317	00:00:00.000
2	CEU COSTA	Linces Do Marão	F55	04:04:17.443	00:12:38.126
3	Orlanda Rego	Gaia-Running	F55	04:18:22.273	00:26:42.956

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Paulo Santos	Grupo Desportivo Ferreirense	M55	03:04:01.427	00:00:00.000
2	Luís Silva	Edl Trail	M55	03:04:18.153	00:00:16.726
3	Carlos Silva	A. D. Nós Acreditamos	M55	03:13:06.923	00:09:05.496
4	Antero Moreira	Individual	M55	03:14:21.837	00:10:20.410
5	José Féteira	Arsm - Associação Recreativa De S. Miguel	M55	03:22:04.410	00:18:02.983
6	Miguel Barros	Linces Do Marão	M55	03:23:54.747	00:19:53.320
7	Rui Santos	Trilho Dos Cágados	M55	03:37:55.077	00:33:53.650
8	Silvino Pais	Saca Trilhos Anadia	M55	03:56:34.590	00:52:33.163
9	Jose Rodrigues	365 Running Project	M55	04:00:33.330	00:56:31.903
10	Fernando Silva	A. D. Nós Acreditamos	M55	04:43:09.573	01:39:08.146
11	Rui Santos	Grvilaverdense	M55	04:43:28.540	01:39:27.113
12	Domingos Ferreira	A.D.Sebolido Trail	M55	04:51:53.403	01:47:51.976
13	Américo Mota	Trilho Perdido Eventos / Imporlux	M55	05:05:06.057	02:01:04.630

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Elisabete Repas	Cinfães A Correr	F60	04:37:06.797	00:00:00.000

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Paulo Correia	Trilho Perdido Eventos / Imporlux	M60	03:00:08.183	00:00:00.000
2	José Zananar	Atletismo Clube Da Tocha	M60	03:21:02.277	00:20:54.094
3	Abilio Magalhães	Ad Vila Cha	M60	03:21:50.350	00:21:42.167
4	Agostinho Carneiro	Ad Marco 09	M60	03:29:44.980	00:29:36.797
5	Joaquim Miranda	Trilhos De Viana	M60	03:41:40.583	00:41:32.400
6	Carlos Cunha	Dci/Trilhos Luso Bussaco	M60	03:44:33.343	00:44:25.160
7	Fernando Morais	Saca Trilhos Anadia	M60	03:46:40.820	00:46:32.637
8	Daniel Pinheiro	Trilhos De Viana	M60	03:57:17.950	00:57:09.767
9	Francisco Lemos	A. D. Nós Acreditamos	M60	03:57:45.170	00:57:36.987
10	Vasco Sousa	Sporting Clube Povoense - Caracóis De Corrida	M60	04:06:42.780	01:06:34.597
11	António Pereira	A. D. Nós Acreditamos	M60	04:30:04.563	01:29:56.380

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Tomás Fonseca	Viriathvs Runners De Viseu	M65	03:46:41.233	00:00:00.000
2	Carlos Trabulo	Associação Hélio Fumo - Inclusão Social Pelo Desporto	M65	04:26:02.360	00:39:21.127
3	Joao Gil	Linces Do Marão	M65	04:30:17.013	00:43:35.780
4	Manuel Moreno	Clube Desportivo Operário De Lagoa-Açores	M65	04:37:26.750	00:50:45.517
5	João Silva	A.R.Sequeirô/Destemidos	M65	05:03:16.100	01:16:34.867

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Fernanda Esteves	Trilhos De Viana	F70	04:57:47.010	00:00:00.000

Pos	Nome	Equipa	Escalão	Tempo	Diferença
1	Fausto Carvalho	Arcd Venda Da Luísa	M70	04:26:50.563	00:00:00.000
2	Joaquim Godinho	Dci/Trilhos Luso Bussaco	M70	04:33:15.510	00:06:24.947