



Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Martelo 3kg | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
133	Rita Oliveira	CANAZ	JUV	39.89
245	Iara Tembe	CSM	INI	40.58
157	Sara Cunha	CAP	INI	42.53
408	Beatriz Sobral	NDJL-ST	INI	42.86
38	Leonor Belchior	ACDRA	JUV	44.56
248	Bruna Rodrigues	CTMVPA	JUV	44.89
281	Joana Mendes	GDC	JUV	45.44
135	Inaya Yayo	CANAZ	JUV	48.83
106	Ana Fernandes	AJS	JUV	49.71
358	Márcia Maketa	JV	JUV	57.21
155	Catarina Flor	CAP	JUV	60.12

Federados : 11





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Comprimento | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
303	Leonor Saraiva	GRE-AA	INI	05.16
99	Rafaela Pereira	AGDAK	JUV	05.20
16	Sara Athayde	AACC	JUV	05.20
406	Maria Lança	NDJL-ST	JUV	05.23
11	Edmara Chete	A20KM	JUV	05.24
209	Inês Santos	CFOD	JUV	05.25
43	Sofia Quintino	ACDRA	JUV	05.27
44	Marta Carriço	ACDRA	INI	05.31
479	Tatiana Almeida	SLB	INI	05.32
55	Rafaela Santos	ACPV	JUV	05.34
76	Catarina Vieira	ADRAP	JUV	05.39
426	Matilde Fernandes	SCB	JUV	05.43
278	Helena Safta	GCAD	JUV	05.48
199	Thais Beranger	CFOD	JUV	05.50
468	Ana Oliveira	SLB	JUV	05.61
94	Tatiana Pereira	AFS	JUV	05.79

Federados : 16





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
100 metros - eliminatórias | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
332	David Landim	JOMA	JUV	00:00:10:81
520	Diogo Vaz	VTSC	JUV	00:00:10:94
123	Miguel Costa	BFC	JUV	00:00:11:14
92	João Maria Santos	AFS	JUV	00:00:11:23
284	Lourenço Viveiros	GDE	JUV	00:00:11:24
492	João Pinto	SLB	JUV	00:00:11:26
467	João Penacho	SLB	JUV	00:00:11:27
432	Pedro Tavares	SCP	JUV	00:00:11:28
13	Alexandre Babych	AAADP	JUV	00:00:11:29
311	Manuel Silva	GRECAS	JUV	00:00:11:31
438	Mauro Silva	SCP	JUV	00:00:11:36
366	Pedro Ribeiro	LAVRA	JUV	00:00:11:40
300	Telmo Piado	GDPAV	JUV	00:00:11:43
59	Tomás Figueiras	ACRM	JUV	00:00:11:45
321	Diogo Tejo	JIV	JUV	00:00:11:45
262	Nuno Gonçalves	ESMAIA	JUV	00:00:11:49
195	Aron Gamito	CDRR	JUV	00:00:11:50
362	Ernesto Rodrigues	JV	JUV	00:00:11:50
208	João Macedra	CFOD	JUV	00:00:11:51
42	Rodrigo Almeida	ACDRA	JUV	00:00:11:53
80	Rodrigo Russo	ADTT	JUV	00:00:11:54
322	Bernardo Raimundo	JIV	JUV	00:00:11:54
415	Renato Ribeiro	PLF	JUV	00:00:11:55
226	André Reis	CPTSC	JUV	00:00:11:56
147	Gonçalo Pereira	CAOV	JUV	00:00:11:57
330	Hugo Goulart	JIV	JUV	00:00:11:58
196	Sebastião Carvalho	CFB	JUV	00:00:11:60
495	Trystan Wees	SPF	JUV	00:00:11:60
421	Afonso Dias	PLF	JUV	00:00:11:60
310	Marcelo Silva	GRECAS	JUV	00:00:11:60

Federados : 30





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18

Altura | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
390	Eva Machado	NAC	JUV	01.45
56	Nádia Pontes	ACPV	JUV	01.45
202	Carolina Frada	CFOD	INI	01.45
74	Beatriz Pires	ADRAP	JUV	01.45
497	Ariana Almeida	SPF	JUV	01.45
17	Raquel Conceição	AACC	JUV	01.46
112	Catarina Fernandes	AJS	JUV	01.48
173	Alexandra Monteiro	CBF	JUV	01.50
211	Rita Carrilho	CLAC	JUV	01.50
213	Diana Laranjeira	CLUVE	JUV	01.52
111	Eliana Fernandes	AJS	JUV	01.53
176	Joana Marques	CCDR	JUV	01.53
11	Edmara Chete	A20KM	JUV	01.53
474	Mariana Araújo	SLB	JUV	01.54
194	Genilza Trindade	CDQ	JUV	01.54
148	Rita Brochado	CAOV	JUV	01.54
444	Anastácia Gula	SCP	JUV	01.55
273	Lara Geirinhas	GCAD	JUV	01.55
219	Sofia Martins	CPPEA	JUV	01.55
333	Luana Figueira	JV	JUV	01.58
55	Rafaela Santos	ACPV	JUV	01.59
489	Gabriela Gorencio	SLB	JUV	01.70
199	Thais Beranger	CFOD	JUV	01.78

Federados : 23





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
100 metros - eliminatórias | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
199	Thais Beranger	CFOD	JUV	00:00:12:05
45	Beatriz Castelhana	ACDRA	JUV	00:00:12:14
260	Rita Barbosa	ESCMOV	JUV	00:00:12:14
504	Matilde Simões	SVB	JUV	00:00:12:31
93	Marta Ribeiro Alves	AFS	JUV	00:00:12:60
139	Lara Pinto	CAOB-A	JUV	00:00:12:63
175	Letícia Pires	CCDPCMS	JUV	00:00:12:64
87	Inês Almeida	AFS	JUV	00:00:12:64
387	Alzira Gomes	MKED	JUV	00:00:12:64
373	Rita Fernandes	MAC	JUV	00:00:12:64
101	Joana Pestana	AGDAK	JUV	00:00:12:68
44	Marta Carriço	ACDRA	INI	00:00:12:71
331	Cláudia Cristóvão	JOMA	JUV	00:00:12:76
205	Matilde Lameiras	CFOD	JUV	00:00:12:78
365	Katerina Quinn	JV	INI	00:00:12:79
478	Diana Sousa	SLB	JUV	00:00:12:80
76	Catarina Vieira	ADRAP	JUV	00:00:12:83
479	Tatiana Almeida	SLB	INI	00:00:12:83
263	Raquel Silva	ESMAIA	JUV	00:00:12:86
518	Maria Leonor Silva	VFC	JUV	00:00:12:86
137	Maria Vieira	CAOB-A	JUV	00:00:12:88

Federados : 21





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
300 metros | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
467	João Penacho	SLB	JUV	00:00:35:82
123	Miguel Costa	BFC	JUV	00:00:36:18
311	Manuel Silva	GRECAS	JUV	00:00:36:20
521	Rúben Silva	VTSC	JUV	00:00:36:28
147	Gonçalo Pereira	CAOV	JUV	00:00:36:61
473	Rafael Fidalgo	SLB	JUV	00:00:36:62
432	Pedro Tavares	SCP	JUV	00:00:36:65
127	Miguel Marques	CAMG	JUV	00:00:36:80
59	Tomás Figueiras	ACRM	JUV	00:00:36:83
271	Tomás Silva	GCAD	JUV	00:00:36:93
226	André Reis	CPTSC	JUV	00:00:37:03
436	Lucas Cristo	SCP	JUV	00:00:37:33
224	Rodrigo Silva	CPTSC	JUV	00:00:37:35
228	Miguel Antunes	CPTSC	JUV	00:00:37:41
446	Miguel Batista	SCP	JUV	00:00:37:47
345	Nuno Cordeiro	JV	JUV	00:00:37:48
299	Guilherme Miguens	GDPAV	JUV	00:00:37:49
86	Tomás Pereira	AFIS	JUV	00:00:37:52
60	Adair Bandeira	ACRM	JUV	00:00:37:52
438	Mauro Silva	SCP	JUV	00:00:37:55
227	Afonso Oliveira	CPTSC	JUV	00:00:37:61
456	Jaime Morais	SCUT	INI	00:00:37:64
297	Thiago Vieira	GDPAV	INI	00:00:37:64
483	Miguel Wever	SLB	JUV	00:00:37:81
400	Bernardo Ferreira	NDAP	JUV	00:00:38:00

Federados : 25





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
300 metros | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
304	Margarida Oliveira	GRE-AA	INI	00:00:39:95
468	Ana Oliveira	SLB	JUV	00:00:40:78
139	Lara Pinto	CAOB-A	JUV	00:00:41:45
101	Joana Pestana	AGDAK	JUV	00:00:41:61
373	Rita Fernandes	MAC	JUV	00:00:41:65
218	Lúcia Martinha	CPA-S	JUV	00:00:41:67
381	Joana Barreto Santos	MC	JUV	00:00:41:93
217	Clara Martinha	CPA-S	JUV	00:00:41:96
121	Inês Sarmento	ARLVG	INI	00:00:42:03
331	Cláudia Cristóvão	JOMA	JUV	00:00:42:11
449	Mónica Pinto	SCP	INI	00:00:42:29
315	Teresa Delfino	IND	INI	00:00:42:37
344	Carolina Castro	JV	JUV	00:00:42:39
15	Mariana Lopes	AABV	INI	00:00:42:55
244	Francisca Cortinhas	CSM	INI	00:00:42:72
214	Maria Inácio	COP	INI	00:00:42:76
486	Miriam Pinho	SLB	INI	00:00:43:02
291	Rafaela Pires	GDP-L	JUV	00:00:43:23
380	Matilde Caldas	MAC	JUV	00:00:43:39
194	Genilza Trindade	CDQ	JUV	00:00:43:41
463	Khrystyna Kuzmenko	SLB	JUV	00:00:43:42
263	Raquel Silva	ESMAIA	JUV	00:00:43:46
447	Inês Ferreira	SCP	INI	00:00:43:50
118	Jessica Mateus	ARC-EAC	INI	00:00:43:54
451	Margarida Félix	SCP	JUV	00:00:43:63
316	Leonor Dias	IND	JUV	00:00:43:78
497	Ariana Almeida	SPF	JUV	00:00:61:55
457	Lwena Cardoso	SFRAA	JUV	00:00:61:56
57	Filipa Craveiro	ACPV	JUV	00:00:61:84
276	Catarina Sampaio	GCAD	JUV	00:00:62:34
439	Maria Poppe	SCP	JUV	00:01:01:13
319	Joana Medeiros	JIV	JUV	00:00:00:00

Federados : 32





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Disco 1kg | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
363	Camila Patraboy	JV	INI	27.76
114	Luísa Pinto	AJS	JUV	27.82
132	Sara Conceição	CANAZ	JUV	28.24
131	Eva Varela	CANAZ	JUV	28.41
54	Soraia Teixeira	ACM-A	INI	29.04
245	Iara Tembe	CSM	INI	29.13
128	Carolina D Santos	CAMG	INI	29.39
133	Rita Oliveira	CANAZ	JUV	31.45
157	Sara Cunha	CAP	INI	32.05
466	Eliany Monteverde	SLB	INI	32.79
155	Catarina Flor	CAP	JUV	33.56
464	Shakina Andrade	SLB	JUV	40.69
358	Márcia Maketa	JV	JUV	41.37

Federados : 13





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
1.500 metros | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
225	Alexandre Lucas	CPTSC	JUV	00:03:55:74
216	João Brito	COP	JUV	00:03:56:71
459	André Freitas	SFRAA	JUV	00:04:00:29
69	Miguel Aguiar	ADNO	JUV	00:04:04:99
138	Matheus Pinto	CAOB-A	JUV	00:04:05:55
182	Daniel Cruz	CDFE	JUV	00:04:07:97
484	Ricardo Reis	SLB	JUV	00:04:08:08
258	João Azevedo	EAROS	JUV	00:04:09:01
494	João Rodrigues	SLB	JUV	00:04:11:95
461	Rui Mineiro	SLA	JUV	00:04:14:28
314	Manuel Dos Santos	GS	JUV	00:04:14:58
287	Tomás Costa	GDIB	JUV	00:04:14:87
82	Márcio Dias	AE-CA	JUV	00:04:15:16
482	João Santos	SLB	JUV	00:04:15:31
252	Leandro Gonçalves	EAROS	JUV	00:04:15:72
458	David Leitão	SFRAA	JUV	00:04:15:79
68	Guilherme Filipe	ADNO	INI	00:04:15:82

Federados : 17





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
1.500 metros | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
312	Stela Fernandes	GS	JUV	00:04:30:61
508	Mariana Moreira	UDV	INI	00:04:32:56
509	Lara Costa	UDV	JUV	00:04:36:99
141	Beatriz Azevedo	CAOB-A	JUV	00:04:37:25
122	Lara Machado	ARLVG	JUV	00:04:47:72
256	Ana Faria	EAROS	JUV	00:04:48:58
443	Clara Barbosa	SCP	JUV	00:04:48:65
71	Cátia Khvas	ADNO	INI	00:04:50:86
379	Beatriz Rocha	MAC	JUV	00:04:51:08
440	Carolina Correia	SCP	INI	00:04:54:06
506	Ana Costa	UDV	JUV	00:04:55:12
475	Lara Gomes	SLB	INI	00:04:57:48
491	Rita Teixeira	SLB	JUV	00:04:57:88
448	Inês Lopes	SCP	JUV	00:04:58:44
120	Janine Vaz Aimé	ARLVG	JUV	00:05:00:28
117	Ema Oliveira	ARAC	JUV	00:05:00:93
222	Ema Simão	CPPEA	JUV	00:05:00:97
369	Maria Rodrigues	LFC-F	INI	00:05:01:01
308	Beatriz Pequeno	GRECAS	JUV	00:05:01:37
370	Inês Sousa	LFC-F	JUV	00:05:02:37
413	Carlota Almeida	NSCS	JUV	00:05:03:72

Federados : 21





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Vara | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
146	Gabriel Menezes	CAOV	JUV	03.10
50	Tiago Sampaio	ACFR	JUV	03.10
341	Rafael Morgado	JV	INI	03.35
431	Celio Quaresma	SCP	JUV	03.40
337	Luca Cruz	JV	JUV	03.65
73	Artur Martins	ADRAP	JUV	03.65
12	João Apolinário	A20KM	JUV	03.65
350	Denis Hrabar	JV	INI	03.70
514	Tiago Costa	UFCT	JUV	03.85
294	Bernardo Cunha	GDP-L	JUV	04.00
472	Rodrigo Alcobia	SLB	JUV	04.70

Federados : 11





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Peso 5kg | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
250	Filipe Vieira	CYCL	JUV	12.30
198	Henrique Gavina	CFEL	JUV	12.31
83	João Lima	AEAC	JUV	12.39
417	Diogo Enes	PLF	JUV	12.41
264	Tomás Gameiro	GAF	JUV	12.99
361	Rúben Santos	JV	JUV	12.99
243	Tiago Afonso Martins	CSM	JUV	13.25
356	Francisco Calhau	JV	JUV	13.98
102	José Silva	AJJ	JUV	14.08
179	Nuno Oliveira	CCSJM	JUV	14.10
405	Eduardo Neves	NDJL-ST	JUV	14.72
64	Valdemar Dantas	ADCL	JUV	15.41

Federados : 12





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Comprimento | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
247	Hugo Duro	CTMVPA	JUV	06.20
80	Rodrigo Russo	ADTT	JUV	06.21
280	Gabriel Oliveira	GDC	JUV	06.23
493	Diogo Sequeira	SLB	JUV	06.26
272	Afonso Fernandes	GCAD	JUV	06.26
127	Miguel Marques	CAMG	JUV	06.30
58	Rafael Santos	ACRDE	JUV	06.31
368	José Passo	LAVRA	JUV	06.33
109	Omar Jesus	AJS	JUV	06.34
85	Ricardo Silva	AFIS	JUV	06.39
271	Tomás Silva	GCAD	JUV	06.44
296	Gabriel Cunha	GDP-L	INI	06.50
338	João Martins	JV	JUV	06.68
177	Tiago Pereira	CCDR	JUV	06.83
492	João Pinto	SLB	JUV	06.99

Federados : 15





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
2.000m Obstáculos | JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
500	André Nathan Silva	SPF	JUV	00:06:07:95
70	Santiago Agatão	ADNO	JUV	00:06:12:51
221	Tiago Machado	CPPEA	JUV	00:06:21:19
484	Ricardo Reis	SLB	JUV	00:06:26:75
352	Tiago Jorge	JV	JUV	00:06:33:66
35	António Oliveira	ACDCVC	JUV	00:06:35:97
420	Ricardo Vieira	PLF	JUV	00:06:37:12
174	Duarte Jacinto	CBF	JUV	00:06:41:50
403	Pedro Rodrigues	NDAP	JUV	00:06:44:77
503	Diogo Pagaimo	SUOV	JUV	00:06:47:31
48	Guilherme Fernandes	ACDRSQ	JUV	00:06:48:90

Federados : 11





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
2.000m Obstáculos | JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
210	Maria João Pimentel	CFOD	JUV	00:07:19:19
510	Lara Sampaio	UDV	JUV	00:07:23:23
342	Eduarda Silva	JV	JUV	00:07:44:61
282	Luísa Machado	GDD	JUV	00:07:45:65
120	Janine Vaz Aimé	ARLVG	JUV	00:07:55:33
491	Rita Teixeira	SLB	JUV	00:07:55:57
442	Mafalda Reis	SCP	JUV	00:08:04:64
30	Letícia Rodrigues	ACDAV	JUV	00:08:06:22
286	Solange Nunes	GDE	JUV	00:08:18:66
288	Rita Nobre	GDIB	JUV	00:08:23:06
355	Carlota Ferreira	JV	JUV	00:08:24:21
62	Helena Rodrigues	ADCCJC	JUV	00:08:30:50
140	Maira Silva	CAOB-A	JUV	00:08:36:35
324	Rita Cardoso	JIV	JUV	00:08:39:51

Federados : 14





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
4x100 metros | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
421	Afonso Dias	PLF	JUV	00:00:45:60
418	Francisco Mendes	PLF	JUV	00:00:45:60
417	Diogo Enes	PLF	JUV	00:00:45:60
415	Renato Ribeiro	PLF	JUV	00:00:45:60
502	Bruno Gaspar	SPF	INI	00:00:00:00
501	Tiago Santos	SPF	JUV	00:00:00:00
500	André Nathan Silva	SPF	JUV	00:00:00:00
499	José Pedro Roxo	SPF	JUV	00:00:00:00
498	Henrique Vale	SPF	INI	00:00:00:00
496	Eduardo Anacleto	SPF	JUV	00:00:00:00
495	Trystan Wees	SPF	JUV	00:00:00:00
492	João Pinto	SLB	JUV	00:00:00:00
487	Bubacar Júnior	SLB	JUV	00:00:00:00
485	Ângelo Antunes	SLB	JUV	00:00:00:00
481	Rodrigo Pires	SLB	INI	00:00:00:00
476	Lício Tavares	SLB	JUV	00:00:00:00
473	Rafael Fidalgo	SLB	JUV	00:00:00:00
446	Miguel Batista	SCP	JUV	00:00:00:00
438	Mauro Silva	SCP	JUV	00:00:00:00
436	Lucas Cristo	SCP	JUV	00:00:00:00
414	Francisco Azevedo	PLF	INI	00:00:00:00
404	Francisco Mota	NDAP	INI	00:00:00:00
402	Fabiano Martins	NDAP	INI	00:00:00:00
400	Bernardo Ferreira	NDAP	JUV	00:00:00:00
362	Ernesto Rodrigues	JV	JUV	00:00:00:00
306	Simão Paulos	GRECAS	JUV	00:00:00:00
300	Telmo Piado	GDPVAV	JUV	00:00:00:00
298	José Vitor	GDPVAV	JUV	00:00:00:00
297	Thiago Vieira	GDPVAV	INI	00:00:00:00
277	Guilherme Tavares	GCAD	JUV	00:00:00:00
274	Eduardo Gonçalves	GCAD	JUV	00:00:00:00
272	Afonso Fernandes	GCAD	JUV	00:00:00:00
271	Tomás Silva	GCAD	JUV	00:00:00:00
266	Sérgio Quintela	GCAD	JUV	00:00:00:00
165	Celso Glória	CAP	INI	00:00:00:00
162	Nuno Lage	CAP	INI	00:00:00:00
158	Martim Faria	CAP	INI	00:00:00:00
154	Miguel Valente	CAP	JUV	00:00:00:00
146	Gabriel Menezes	CAOV	JUV	00:00:00:00
110	Francisco Palmeira	AJS	JUV	00:00:00:00
109	Omar Jesus	AJS	JUV	00:00:00:00
108	Pedro Chaves	AJS	JUV	00:00:00:00
34	Tomás Almeida	ACDCVC	JUV	00:00:00:00
350	Denis Hrabar	JV	INI	00:00:00:00
341	Rafael Morgado	JV	INI	00:00:00:00
338	João Martins	JV	JUV	00:00:00:00
337	Luca Cruz	JV	JUV	00:00:00:00
325	Afonso Neves	JIV	JUV	00:00:00:00
322	Bernardo Raimundo	JIV	JUV	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
311	Manuel Silva	GRECAS	JUV	00:00:00:00
307	Pedro Correia	GRECAS	JUV	00:00:00:00
301	Lucas Iatco	GDPVAV	JUV	00:00:00:00
35	António Oliveira	ACDCVC	JUV	00:00:00:00
327	Tiago Branco	JIV	JUV	00:00:00:00
321	Diogo Tejo	JIV	JUV	00:00:00:00
32	David Valente	ACDCVC	JUV	00:00:00:00
153	Paulo Albieri	CAP	INI	00:00:00:00
36	Tiago Oliveira	ACDCVC	INI	00:00:00:00
29	Ivo Gomes	ACB-L	JUV	00:00:00:00
28	Bernardo Vilic	ACB-L	JUV	00:00:00:00
21	Tiago Gomes	ACB-L	JUV	00:00:00:00
167	Guilherme Barros	CAP	JUV	00:00:00:00
416	José Ribeiro	PLF	INI	00:00:00:00
160	Samuel Rocha	CAP	INI	00:00:00:00
33	João Rodrigues	ACDCVC	INI	00:00:00:00
107	Nélio Santos	AJS	JUV	00:00:00:00
441	Guilherme Santos	SCP	JUV	00:00:00:00
432	Pedro Tavares	SCP	JUV	00:00:00:00
483	Miguel Wever	SLB	JUV	00:00:00:00
467	João Penacho	SLB	JUV	00:00:00:00
472	Rodrigo Alcobia	SLB	JUV	00:00:00:00
493	Diogo Sequeira	SLB	JUV	00:00:00:00
351	Tomás Monteiro	JV	INI	00:00:00:00
330	Hugo Goulart	JIV	JUV	00:00:00:00
401	Martim Antunes	NDAP	INI	00:00:00:00
20	Simão Cerejo	ACB-L	JUV	00:00:00:00
299	Guilherme Miguens	GDPVAV	JUV	00:00:00:00
18	Edson Dias	ACB-L	JUV	00:00:00:00
27	Bernardo Martins	ACB-L	JUV	00:00:00:00
145	Noé Almeida	CAOV	INI	00:00:00:00
309	António Oliveira	GRECAS	JUV	00:00:00:00
310	Marcelo Silva	GRECAS	JUV	00:00:00:00
186	Pedro Martins	CDPRI	INI	00:00:00:00
184	Lucas Gonçalves	CDPRI	INI	00:00:00:00
185	Dinis Vilaça	CDPRI	INI	00:00:00:00
183	Dinis Amorim	CDPRI	INI	00:00:00:00
147	Gonçalo Pereira	CAOV	JUV	00:00:00:00
149	Tomás Neiva	CAOV	INI	00:00:00:00

Federados : 88



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021



Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Dardo 700g | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
89	Rodrigo Martins	AFS	INI	41.12
134	Duarte Santos	CANAZ	JUV	41.78
102	José Silva	AJJ	JUV	43.80
441	Guilherme Santos	SCP	JUV	43.93
505	André Osório	SVB	JUV	46.38
360	João Santos	JV	JUV	47.83
361	Rúben Santos	JV	JUV	48.03
285	Lucas Faria	GDE	JUV	51.97
411	Miguel Costa	NLUZ	JUV	55.06
64	Valdemar Dantas	ADCL	JUV	55.71
103	Guilherme Velez	AJJ	JUV	57.57
409	João Fernandes	NLUZ	JUV	67.77

Federados : 12





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
4x100 metros | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
87	Inês Almeida	AFS	JUV	00:00:49:47
93	Marta Ribeiro Alves	AFS	JUV	00:00:49:47
91	Matilde Vieira	AFS	INI	00:00:49:47
90	Madalena Sampaio	AFS	INI	00:00:49:47
94	Tatiana Pereira	AFS	JUV	00:00:49:47
490	Constança Faustino	SLB	JUV	00:00:00:00
489	Gabriela Gorenco	SLB	JUV	00:00:00:00
488	Clara Morais	SLB	JUV	00:00:00:00
478	Diana Sousa	SLB	JUV	00:00:00:00
474	Mariana Araújo	SLB	JUV	00:00:00:00
471	Sara Pereira	SLB	JUV	00:00:00:00
470	Margarida Álvares	SLB	JUV	00:00:00:00
468	Ana Oliveira	SLB	JUV	00:00:00:00
464	Shakina Andrade	SLB	JUV	00:00:00:00
451	Margarida Félix	SCP	JUV	00:00:00:00
439	Maria Poppe	SCP	JUV	00:00:00:00
437	Naycira Varela	SCP	INI	00:00:00:00
433	Marta Semblano	SCP	JUV	00:00:00:00
430	Beatriz Ribeiro	SCB	JUV	00:00:00:00
429	Marisa Gomes	SCB	JUV	00:00:00:00
428	Estela Bento	SCB	JUV	00:00:00:00
425	Marta Pinto	SCB	JUV	00:00:00:00
424	Mara Rodrigues	SCB	JUV	00:00:00:00
387	Alzira Gomes	MKED	JUV	00:00:00:00
386	Melissa Mendes	MKED	JUV	00:00:00:00
385	Dânia Gonçalves	MKED	JUV	00:00:00:00
384	Leandra Veiga	MKED	JUV	00:00:00:00
383	Silvana Moreira	MKED	JUV	00:00:00:00
382	Ana Rita Pires	MKED	JUV	00:00:00:00
380	Matilde Caldas	MAC	JUV	00:00:00:00
378	Clara Cruz	MAC	INI	00:00:00:00
376	Inês Fonseca	MAC	JUV	00:00:00:00
365	Katerina Quinn	JV	INI	00:00:00:00
364	Vera Goucha	JV	JUV	00:00:00:00
343	Marta Feliciano	JV	INI	00:00:00:00
329	Beatriz Pimentel	JIV	JUV	00:00:00:00
328	Natacha Candé	JIV	INI	00:00:00:00
326	Inês Ávila	JIV	JUV	00:00:00:00
278	Helena Safta	GCAD	JUV	00:00:00:00
270	Amanda Salvado	GCAD	JUV	00:00:00:00
268	Bárbara Valente	GCAD	INI	00:00:00:00
232	Luana Tomás	CRDS	INI	00:00:00:00
204	Maria Leonor Pedrosa	CFOD	INI	00:00:00:00
200	Bárbara Ferraz	CFOD	INI	00:00:00:00
188	Matilde Borges	CDQ	JUV	00:00:00:00
163	Mafalda Andrade	CAP	INI	00:00:00:00
150	Matilde Gomes	CAOV	INI	00:00:00:00
143	Bianca Vieira	CAOV	INI	00:00:00:00
100	Letícia Rosário	AGDAK	JUV	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
99	Rafaela Pereira	AGDAK	JUV	00:00:00:00
96	Beatriz Barrenho	AGDAK	JUV	00:00:00:00
45	Beatriz Castelhana	ACDRA	JUV	00:00:00:00
44	Marta Carriço	ACDRA	INI	00:00:00:00
43	Sofia Quintino	ACDRA	JUV	00:00:00:00
39	Beatriz Gonçalves	ACDRA	JUV	00:00:00:00
25	Beatriz Alves	ACB-L	INI	00:00:00:00
79	Matilde Quita	ADTT	JUV	00:00:00:00
78	Rute Bandarra	ADTT	INI	00:00:00:00
359	Sofia Santos	JV	INI	00:00:00:00
426	Matilde Fernandes	SCB	JUV	00:00:00:00
354	Sara Brites	JV	JUV	00:00:00:00
324	Rita Cardoso	JIV	JUV	00:00:00:00
319	Joana Medeiros	JIV	JUV	00:00:00:00
276	Catarina Sampaio	GCAD	JUV	00:00:00:00
269	Sofia Machado	GCAD	INI	00:00:00:00
265	Cecilia Costa	GCAD	JUV	00:00:00:00
209	Inês Santos	CFOD	JUV	00:00:00:00
203	Leonor Pinto	CFOD	INI	00:00:00:00
202	Carolina Frada	CFOD	INI	00:00:00:00
193	Joana Morais	CDQ	JUV	00:00:00:00
191	Oriana Sousa	CDQ	JUV	00:00:00:00
168	Leonor Mendes	CAP	JUV	00:00:00:00
373	Rita Fernandes	MAC	JUV	00:00:00:00
169	Joana Almeida	CAP	JUV	00:00:00:00
97	Iara Vacondeus	AGDAK	INI	00:00:00:00
206	Fátima Camara	CFOD	INI	00:00:00:00
26	Mariana Carvalho	ACB-L	INI	00:00:00:00
23	Maria Jesus	ACB-L	INI	00:00:00:00
434	Sara Pinheiro	SCP	JUV	00:00:00:00
463	Khrystyna Kuzmenko	SLB	JUV	00:00:00:00
486	Miriam Pinho	SLB	INI	00:00:00:00
479	Tatiana Almeida	SLB	INI	00:00:00:00
344	Carolina Castro	JV	JUV	00:00:00:00
159	Matilde Nascimento	CAP	INI	00:00:00:00
164	Melissa Sereno	CAP	JUV	00:00:00:00
170	Rita Moreira	CAP	INI	00:00:00:00
101	Joana Pestana	AGDAK	JUV	00:00:00:00
273	Lara Geirinhas	GCAD	JUV	00:00:00:00
205	Matilde Lameiras	CFOD	JUV	00:00:00:00
190	Ana Andrade	CDQ	JUV	00:00:00:00
81	Lara Gonçalves	ADTT	JUV	00:00:00:00
77	Jéssica Agostinho	ADTT	JUV	00:00:00:00
24	Joana Seixas	ACB-L	INI	00:00:00:00
19	Neidiceila Tavares	ACB-L	INI	00:00:00:00
41	Maria Vicente	ACDRA	INI	00:00:00:00
194	Genilza Trindade	CDQ	JUV	00:00:00:00
192	Soraia Lourenço	CDQ	INI	00:00:00:00
231	Luna Dagon	CRDS	INI	00:00:00:00
236	Carolina Torrão	CRDS	JUV	00:00:00:00
235	Hrystyna Semeniuk	CRDS	INI	00:00:00:00
152	Mariana Miranda	CAOV	INI	00:00:00:00
148	Rita Brochado	CAOV	JUV	00:00:00:00
144	Inês Rocha	CAOV	INI	00:00:00:00

Federados : 103



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021



Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
5.000 metros Marcha | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
14	Lara Roque	AABV	INI	00:23:21:61
460	Carolina Dias	SLA	JUV	00:24:55:14
61	Gabriela Santos	ACRS	JUV	00:24:59:00
237	Samanta Zueva	CSGAIA	JUV	00:25:05:54
292	Isa Ferreira	GDP-L	JUV	00:26:56:10
238	Ana Zueva	CSGAIA	INI	00:27:54:07
126	Matilde Angélico	CAMG	INI	00:28:34:44
191	Oriana Sousa	CDQ	JUV	00:28:36:85
220	Isabel Luís	CPPEA	INI	00:28:38:09
445	Matilde Sousa	SCP	JUV	00:28:50:94
47	Inês Belbute	ACDRA	JUV	00:29:42:00
513	Rita Silva	UFCT	JUV	00:29:46:89

Federados : 12





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
5.000 metros Marcha | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
455	David Ferreira	SCUT	INI	00:22:24:14
116	Rodrigo Araújo	AMONT	JUV	00:23:40:58
49	Leandro Silva	ACDSJS	INI	00:24:17:29
346	Eduardo Camarate	JV	JUV	00:25:06:98
171	Bruno Coelho	CAS	JUV	00:25:25:29
320	João Correia	JIV	JUV	00:25:50:41
189	Filipe Fernandes	CDQ	JUV	00:26:37:30
180	Francisco Lima	CDBBR	JUV	00:27:00:10
293	André Moreira	GDP-L	JUV	00:27:15:31
335	David Gregório	JV	JUV	00:27:51:01
323	Miguel S Costa	JIV	JUV	00:28:12:69
305	Alex Valente	GRECAS	JUV	00:28:13:52
234	Isaac Viegas	CRDS	INI	00:28:59:94

Federados : 13





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
110m barreiras - eliminatórias | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
92	João Maria Santos	AFS	JUV	00:00:14:70
272	Afonso Fernandes	GCAD	JUV	00:00:14:94
58	Rafael Santos	ACRDE	JUV	00:00:14:94
514	Tiago Costa	UFCT	JUV	00:00:14:99
95	Tomás Gonçalves	AFSA	JUV	00:00:15:17
127	Miguel Marques	CAMG	JUV	00:00:15:18
322	Bernardo Raimundo	JIV	JUV	00:00:15:22
472	Rodrigo Alcobia	SLB	JUV	00:00:15:46
476	Lício Tavares	SLB	JUV	00:00:15:75
366	Pedro Ribeiro	LAVRA	JUV	00:00:15:77
110	Francisco Palmeira	AJS	JUV	00:00:15:84
98	Saliu Seidi	AGDAK	JUV	00:00:15:99
53	Paulo Freitas	ACFR	JUV	00:00:16:01
229	Pedro Rui Gomes	CPTSC	JUV	00:00:16:14

Federados : 14





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Martelo 5kg | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
289	Hugo Pacheco	GDIB	JUV	34.61
172	Nelson Borges	CAT	JUV	35.50
295	Rodrigo Esteves	GDP-L	INI	36.31
462	André Silva	SLA	JUV	39.13
422	Micael David	QFC	INI	44.96
423	Miguel Rus	QFC	JUV	46.82
321	Diogo Tejo	JIV	JUV	50.12
156	Francisco Pereira	CAP	JUV	56.39
240	Diogo Gomes	CSGAIA	JUV	59.49
356	Francisco Calhau	JV	JUV	67.08

Federados : 10





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Triplo Salto | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
318	Rodrigo Gaspar	JDN	JUV	12.10
450	Pedro Horta	SCP	INI	12.11
215	Rodrigo Estrela	COP	JUV	12.12
275	Diogo Monteiro	GCAD	JUV	12.18
480	Frederico Andrade	SLB	INI	12.19
84	Miguel Oliveira	AEAC	JUV	12.25
51	Simão Rebelo	ACFR	INI	12.26
107	Nélio Santos	AJS	JUV	12.26
505	André Osório	SVB	JUV	12.35
375	Afonso Pedro	MAC	JUV	12.37
512	Guilherme Mendonça	UDZA	JUV	12.43
85	Ricardo Silva	AFIS	JUV	12.44
435	Gonçalo Alegria	SCP	JUV	12.45
274	Eduardo Gonçalves	GCAD	JUV	12.48
431	Celio Quaresma	SCP	JUV	12.57
246	Bruno Duro	CTMVPA	INI	12.59
338	João Martins	JV	JUV	12.64
247	Hugo Duro	CTMVPA	JUV	12.68
280	Gabriel Oliveira	GDC	JUV	12.84
499	José Pedro Roxo	SPF	JUV	12.99
46	Diogo Chaves	ACDRA	JUV	12.99
418	Francisco Mendes	PLF	JUV	13.42
53	Paulo Freitas	ACFR	JUV	13.57
177	Tiago Pereira	CCDR	JUV	14.07

Federados : 24





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
100m barreiras - eliminatórias | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
199	Thais Beranger	CFOD	JUV	00:00:14:10
164	Melissa Sereno	CAP	JUV	00:00:14:64
478	Diana Sousa	SLB	JUV	00:00:14:75
364	Vera Goucha	JV	JUV	00:00:14:86
11	Edmara Chete	A20KM	JUV	00:00:14:94
100	Letícia Rosário	AGDAK	JUV	00:00:15:34
474	Mariana Araújo	SLB	JUV	00:00:15:35
97	Iara Vacondeus	AGDAK	INI	00:00:15:47
99	Rafaela Pereira	AGDAK	JUV	00:00:15:69
387	Alzira Gomes	MKED	JUV	00:00:15:70
209	Inês Santos	CFOD	JUV	00:00:15:75
104	Matilde Feiteirona	AJJ	JUV	00:00:15:78
457	Lwena Cardoso	SFRAA	JUV	00:00:15:79
354	Sara Brites	JV	JUV	00:00:15:93
205	Matilde Lameiras	CFOD	JUV	00:00:15:99
178	Raquel Tavares	CCSJM	JUV	00:00:16:11
488	Clara Morais	SLB	JUV	00:00:16:19
169	Joana Almeida	CAP	JUV	00:00:16:28

Federados : 18





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Peso 3kg | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
67	Alexandra Mata	ADLA	JUV	11.10
426	Matilde Fernandes	SCB	JUV	11.14
466	Eliany Monteverde	SLB	INI	11.20
190	Ana Andrade	CDQ	JUV	11.35
385	Dânia Gonçalves	MKED	JUV	11.50
65	Lafete Saraiva	ADLA	JUV	11.87
358	Márcia Maketa	JV	JUV	12.24
464	Shakina Andrade	SLB	JUV	12.61
328	Natacha Candé	JIV	INI	12.76
201	Mariana Camara	CFOD	JUV	13.11
364	Vera Goucha	JV	JUV	13.54

Federados : 11





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18

Vara | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
340	Inês Figueiredo	JV	INI	02.10
516	Marisa Nunes	UFCT	JUV	02.20
115	Inês Pedro	AMONT	INI	02.22
336	Laura Baltazar	JV	JUV	02.25
349	Ana Carvalho	JV	JUV	02.30
72	Laura Pereira	ADRAP	JUV	02.30
223	Beatriz Vicente	CPPEA	JUV	02.30
37	Mariana Santos	ACDI	JUV	02.30
241	Mariana Monteiro	CSGAIA	JUV	02.30
31	Regina Amorim	ACDAV	JUV	02.35
334	Catarina Silva	JV	JUV	02.50
75	Matilde Freitas	ADRAP	INI	02.50
66	Nádia Mata	ADLA	INI	02.50
488	Clara Morais	SLB	JUV	02.50
77	Jéssica Agostinho	ADTT	JUV	02.60
283	Catherine Serrão	GDE	JUV	02.75
519	Laurinda Moreira	VFC	JUV	02.80
433	Marta Semblano	SCP	JUV	02.80
357	Filipa Dinis	JV	JUV	02.90

Federados : 19





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
3.000 metros | JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
372	André Barbosa	LSC	JUV	00:08:22:76
517	Rodrigo Martins	UFCT	JUV	00:08:44:80
258	João Azevedo	EAROS	JUV	00:08:52:63
70	Santiago Agatão	ADNO	JUV	00:08:52:89
252	Leandro Gonçalves	EAROS	JUV	00:08:59:74
459	André Freitas	SFRAA	JUV	00:09:01:37
314	Manuel Dos Santos	GS	JUV	00:09:01:53
515	João Ferreira	UFCT	JUV	00:09:05:87
182	Daniel Cruz	CDFE	JUV	00:09:13:37
461	Rui Mineiro	SLA	JUV	00:09:17:41
352	Tiago Jorge	JV	JUV	00:09:24:95
458	David Leitão	SFRAA	JUV	00:09:25:25
230	Eduardo Gonçalves	CRDP	JUV	00:09:25:81
207	Rafael Rodrigues	CFOD	JUV	00:09:26:86
347	Leonardo Jacinto	JV	JUV	00:09:26:97
452	Gaspar Oliveira	SCS	JUV	00:09:27:51

Federados : 16





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Altura | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
469	André Fernandes	SLB	JUV	01.72
351	Tomás Monteiro	JV	INI	01.72
279	Flávio Félix	GCVR	JUV	01.72
251	Eduardo Ferrajão	DURIUS	JUV	01.72
233	Elvis Nascimento	CRDS	JUV	01.74
389	Marco Monteiro	NAC	JUV	01.74
146	Gabriel Menezes	CAOV	JUV	01.75
21	Tiago Gomes	ACB-L	JUV	01.76
277	Guilherme Tavares	GCAD	JUV	01.77
215	Rodrigo Estrela	COP	JUV	01.78
476	Lício Tavares	SLB	JUV	01.80
229	Pedro Rui Gomes	CPTSC	JUV	01.80
318	Rodrigo Gaspar	JDN	JUV	01.80
197	Marcos Lara	CFB	INI	01.81
88	Eduardo Carrolo	AFS	INI	01.81
368	José Passo	LAVRA	JUV	01.82
307	Pedro Correia	GRECAS	JUV	01.84
177	Tiago Pereira	CCDR	JUV	01.88
296	Gabriel Cunha	GDP-L	INI	01.90
294	Bernardo Cunha	GDP-L	JUV	01.90
85	Ricardo Silva	AFIS	JUV	01.93
487	Bubacar Júnior	SLB	JUV	01.93
472	Rodrigo Alcobia	SLB	JUV	01.94

Federados : 23





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
3.000 metros | JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
509	Lara Costa	UDV	JUV	00:09:49:23
141	Beatriz Azevedo	CAOB-A	JUV	00:09:58:90
210	Maria João Pimentel	CFOD	JUV	00:10:11:45
379	Beatriz Rocha	MAC	JUV	00:10:24:91
222	Ema Simão	CPPEA	JUV	00:10:33:86
443	Clara Barbosa	SCP	JUV	00:10:34:95
342	Eduarda Silva	JV	JUV	00:10:43:14
282	Luísa Machado	GDD	JUV	00:10:45:19
119	Filipa Matos	ARLVG	JUV	00:11:02:17
120	Janine Vaz Aimé	ARLVG	JUV	00:11:09:56
286	Solange Nunes	GDE	JUV	00:11:11:50
324	Rita Cardoso	JIV	JUV	00:11:11:62
399	Ariana Cardoso	NBA	JUV	00:11:19:25
442	Mafalda Reis	SCP	JUV	00:11:23:48
397	Rita Lopes	NBA	JUV	00:11:26:04

Federados : 15





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Disco 1.5kg | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
367	Dinis Costa	LAVRA	JUV	33.42
417	Diogo Enes	PLF	JUV	33.99
103	Guilherme Velez	AJJ	JUV	34.26
181	Rodrigo Silva	CDBBR	JUV	34.33
187	Vitor Martins	CDPRI	JUV	35.31
264	Tomás Gameiro	GAF	JUV	35.80
350	Denis Hrabar	JV	INI	36.79
361	Rúben Santos	JV	JUV	38.24
198	Henrique Gavina	CFEL	JUV	38.49
102	José Silva	AJJ	JUV	38.93
64	Valdemar Dantas	ADCL	JUV	39.02
179	Nuno Oliveira	CCSJM	JUV	40.09
156	Francisco Pereira	CAP	JUV	41.33
356	Francisco Calhau	JV	JUV	42.88
405	Eduardo Neves	NDJL-ST	JUV	48.15

Federados : 15





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
200 metros | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
123	Miguel Costa	BFC	JUV	00:00:22:47
95	Tomás Gonçalves	AFSA	JUV	00:00:22:66
520	Diogo Vaz	VTSC	JUV	00:00:22:68
467	João Penacho	SLB	JUV	00:00:22:86
492	João Pinto	SLB	JUV	00:00:22:95
284	Lourenço Viveiros	GDE	JUV	00:00:22:97
13	Alexandre Babych	AAADP	JUV	00:00:22:97
432	Pedro Tavares	SCP	JUV	00:00:23:04
80	Rodrigo Russo	ADTT	JUV	00:00:23:16
338	João Martins	JV	JUV	00:00:23:19
311	Manuel Silva	GRECAS	JUV	00:00:23:21
195	Aron Gamito	CDRR	JUV	00:00:23:33
226	André Reis	CPTSC	JUV	00:00:23:40
495	Trystan Wees	SPF	JUV	00:00:23:40
436	Lucas Cristo	SCP	JUV	00:00:23:50
147	Gonçalo Pereira	CAOV	JUV	00:00:23:52
86	Tomás Pereira	AFIS	JUV	00:00:23:63
208	João Macedra	CFOD	JUV	00:00:23:63
59	Tomás Figueiras	ACRM	JUV	00:00:23:67
493	Diogo Sequeira	SLB	JUV	00:00:23:68
415	Renato Ribeiro	PLF	JUV	00:00:23:70
42	Rodrigo Almeida	ACDRA	JUV	00:00:23:70

Federados : 22





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
200 metros | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
260	Rita Barbosa	ESCMOV	JUV	00:00:25:32
101	Joana Pestana	AGDAK	JUV	00:00:25:56
45	Beatriz Castelhana	ACDRA	JUV	00:00:25:79
93	Marta Ribeiro Alves	AFS	JUV	00:00:25:95
387	Alzira Gomes	MKED	JUV	00:00:25:96
468	Ana Oliveira	SLB	JUV	00:00:26:05
331	Cláudia Cristóvão	JOMA	JUV	00:00:26:10
381	Joana Barreto Santos	MC	JUV	00:00:26:17
139	Lara Pinto	CAOB-A	JUV	00:00:26:19
478	Diana Sousa	SLB	JUV	00:00:26:20
175	Letícia Pires	CCDPCMS	JUV	00:00:26:21
504	Matilde Simões	SVB	JUV	00:00:26:22
373	Rita Fernandes	MAC	JUV	00:00:26:24
76	Catarina Vieira	ADRAP	JUV	00:00:26:38
217	Clara Martinha	CPA-S	JUV	00:00:26:43
44	Marta Carriço	ACDRA	INI	00:00:26:44
121	Inês Sarmento	ARLVG	INI	00:00:26:49
55	Rafaela Santos	ACPV	JUV	00:00:26:52
380	Matilde Caldas	MAC	JUV	00:00:26:68
365	Katerina Quinn	JV	INI	00:00:26:72
439	Maria Poppe	SCP	JUV	00:00:26:77
205	Matilde Lameiras	CFOD	JUV	00:00:26:82
497	Ariana Almeida	SPF	JUV	00:00:26:85
344	Carolina Castro	JV	JUV	00:00:26:90

Federados : 24





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Triplo Salto | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
365	Katerina Quinn	JV	INI	10.36
270	Amanda Salvado	GCAD	JUV	10.37
249	Yara Lemos	CTMVPA	JUV	10.39
333	Luana Figueira	JV	JUV	10.45
437	Naycira Varela	SCP	INI	10.46
261	Marta Dias	ESCMOV	JUV	10.53
112	Catarina Fernandes	AJS	JUV	10.55
470	Margarida Álvares	SLB	JUV	10.56
66	Nádia Mata	ADLA	INI	10.57
278	Helena Safta	GCAD	JUV	10.65
213	Diana Laranjeira	CLUVE	JUV	10.71
41	Maria Vicente	ACDRA	INI	10.74
516	Marisa Nunes	UFCT	JUV	10.75
419	Rita Costa	PLF	JUV	10.83
273	Lara Geirinhas	GCAD	JUV	11.05
490	Constança Faustino	SLB	JUV	11.08
43	Sofia Quintino	ACDRA	JUV	11.13
444	Anastácia Gula	SCP	JUV	11.21
96	Beatriz Barrenho	AGDAK	JUV	11.25
434	Sara Pinheiro	SCP	JUV	11.27
328	Natacha Candé	JIV	INI	11.27
94	Tatiana Pereira	AFS	JUV	12.05
209	Inês Santos	CFOD	JUV	12.22

Federados : 23





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
800 metros | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
225	Alexandre Lucas	CPTSC	JUV	00:01:53:83
216	João Brito	COP	JUV	00:01:54:67
138	Matheus Pinto	CAOB-A	JUV	00:01:55:39
459	André Freitas	SFRAA	JUV	00:01:56:40
227	Afonso Oliveira	CPTSC	JUV	00:01:56:51
345	Nuno Cordeiro	JV	JUV	00:01:57:73
484	Ricardo Reis	SLB	JUV	00:01:58:28
221	Tiago Machado	CPPEA	JUV	00:01:58:42
420	Ricardo Vieira	PLF	JUV	00:01:59:03
69	Miguel Aguiar	ADNO	JUV	00:01:59:67
371	Duarte Monteiro	LSC	JUV	00:02:00:92
482	João Santos	SLB	JUV	00:02:01:41
302	Francisco Júlio	GDTR	JUV	00:02:01:61
317	Evandro Pires	IND	JUV	00:02:01:76
494	João Rodrigues	SLB	JUV	00:02:02:26
501	Tiago Santos	SPF	JUV	00:02:02:55
392	Nelson Moreira	NBA	INI	00:02:02:60
313	Emanuel Silva	GS	JUV	00:02:02:68
427	David Martins	SCB	JUV	00:02:02:84

Federados : 19





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Dardo 500g | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
334	Catarina Silva	JV	JUV	30.59
383	Silvana Moreira	MKED	JUV	31.08
31	Regina Amorim	ACDAV	JUV	31.58
339	Beatriz Cordeiro	JV	JUV	31.93
212	Bruna Ferreira	CLAC	JUV	32.15
518	Maria Leonor Silva	VFC	JUV	33.15
131	Eva Varela	CANAZ	JUV	36.08
132	Sara Conceição	CANAZ	JUV	38.88
105	Diana Camejo	AJJ	JUV	39.75
412	Marta Trovoada	NLUZ	JUV	44.97
410	Inês Custódio	NLUZ	JUV	49.97

Federados : 11





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
800 metros | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
508	Mariana Moreira	UDV	INI	00:02:11:54
71	Cátia Khvas	ADNO	INI	00:02:13:40
312	Stela Fernandes	GS	JUV	00:02:13:72
374	Maria Avelino	MAC	JUV	00:02:14:85
141	Beatriz Azevedo	CAOB-A	JUV	00:02:15:39
315	Teresa Delfino	IND	INI	00:02:17:70
256	Ana Faria	EAROS	JUV	00:02:18:22
304	Margarida Oliveira	GRE-AA	INI	00:02:19:09
122	Lara Machado	ARLVG	JUV	00:02:19:26
377	Catarina Brito	MAC	INI	00:02:20:18
448	Inês Lopes	SCP	JUV	00:02:20:56
117	Ema Oliveira	ARAC	JUV	00:02:21:77
219	Sofia Martins	CPPEA	JUV	00:02:22:05
142	Mariana Oliveira	CAOB-A	JUV	00:02:22:17
276	Catarina Sampaio	GCAD	JUV	00:02:22:55
121	Inês Sarmento	ARLVG	INI	00:02:22:61
210	Maria João Pimentel	CFOD	JUV	00:02:22:89

Federados : 17





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
300m barreiras | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
326	Inês Ávila	JIV	JUV	00:00:45:33
457	Lwena Cardoso	SFRAA	JUV	00:00:45:82
218	Lúcia Martinha	CPA-S	JUV	00:00:46:68
449	Mónica Pinto	SCP	INI	00:00:46:76
424	Mara Rodrigues	SCB	JUV	00:00:46:85
328	Natacha Candé	JIV	INI	00:00:47:75
55	Rafaela Santos	ACPV	JUV	00:00:47:80
331	Cláudia Cristóvão	JOMA	JUV	00:00:48:01
353	Margarida Santos	JV	JUV	00:00:48:02
113	Carlota Gomes	AJS	JUV	00:00:48:25
316	Leonor Dias	IND	JUV	00:00:48:60
97	Iara Vacondeus	AGDAK	INI	00:00:48:61
115	Inês Pedro	AMONT	INI	00:00:48:74
124	Filipa Rego	CAM-VC	JUV	00:00:49:21
474	Mariana Araújo	SLB	JUV	00:00:49:28
497	Ariana Almeida	SPF	JUV	00:00:49:69
100	Letícia Rosário	AGDAK	JUV	00:00:49:75
437	Naycira Varela	SCP	INI	00:00:49:85
463	Khrystyna Kuzmenko	SLB	JUV	00:00:49:96
413	Carlota Almeida	NSCS	JUV	00:00:71:38

Federados : 20





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
300m barreiras | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
127	Miguel Marques	CAMG	JUV	00:00:39:57
95	Tomás Gonçalves	AFSA	JUV	00:00:40:33
322	Bernardo Raimundo	JIV	JUV	00:00:40:37
522	André Fraga	EBMDS	JUV	00:00:40:99
407	Daniel Pinto	NDJL-ST	JUV	00:00:41:10
226	André Reis	CPTSC	JUV	00:00:41:26
59	Tomás Figueiras	ACRM	JUV	00:00:41:40
436	Lucas Cristo	SCP	JUV	00:00:41:68
228	Miguel Antunes	CPTSC	JUV	00:00:41:80
499	José Pedro Roxo	SPF	JUV	00:00:41:89
435	Gonçalo Alegria	SCP	JUV	00:00:42:45
521	Rúben Silva	VTSC	JUV	00:00:42:48
98	Saliu Seidi	AGDAK	JUV	00:00:42:54
415	Renato Ribeiro	PLF	JUV	00:00:42:81
108	Pedro Chaves	AJS	JUV	00:00:42:89
271	Tomás Silva	GCAD	JUV	00:00:55:64
18	Edson Dias	ACB-L	JUV	00:00:60:87

Federados : 17





Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Estafeta Medley | INI a JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
502	Bruno Gaspar	SPF	INI	00:00:00:00
501	Tiago Santos	SPF	JUV	00:00:00:00
500	André Nathan Silva	SPF	JUV	00:00:00:00
499	José Pedro Roxo	SPF	JUV	00:00:00:00
498	Henrique Vale	SPF	INI	00:00:00:00
496	Eduardo Anacleto	SPF	JUV	00:00:00:00
495	Trystan Wees	SPF	JUV	00:00:00:00
494	João Rodrigues	SLB	JUV	00:00:00:00
493	Diogo Sequeira	SLB	JUV	00:00:00:00
492	João Pinto	SLB	JUV	00:00:00:00
487	Bubacar Júnior	SLB	JUV	00:00:00:00
483	Miguel Wever	SLB	JUV	00:00:00:00
482	João Santos	SLB	JUV	00:00:00:00
481	Rodrigo Pires	SLB	INI	00:00:00:00
480	Frederico Andrade	SLB	INI	00:00:00:00
477	Bernardo Mendes	SLB	JUV	00:00:00:00
476	Lício Tavares	SLB	JUV	00:00:00:00
473	Rafael Fidalgo	SLB	JUV	00:00:00:00
472	Rodrigo Alcobia	SLB	JUV	00:00:00:00
467	João Penacho	SLB	JUV	00:00:00:00
465	Antonio Albert0	SLB	INI	00:00:00:00
453	Salvador Santos	SCUT	INI	00:00:00:00
450	Pedro Horta	SCP	INI	00:00:00:00
441	Guilherme Santos	SCP	JUV	00:00:00:00
438	Mauro Silva	SCP	JUV	00:00:00:00
432	Pedro Tavares	SCP	JUV	00:00:00:00
421	Afonso Dias	PLF	JUV	00:00:00:00
418	Francisco Mendes	PLF	JUV	00:00:00:00
417	Diogo Enes	PLF	JUV	00:00:00:00
416	José Ribeiro	PLF	INI	00:00:00:00
415	Renato Ribeiro	PLF	JUV	00:00:00:00
414	Francisco Azevedo	PLF	INI	00:00:00:00
398	Francisco Gaudêncio	NBA	JUV	00:00:00:00
396	Luís Ferreira	NBA	JUV	00:00:00:00
394	Diogo A Ferreira	NBA	JUV	00:00:00:00
391	Afonso Sampaio	NBA	JUV	00:00:00:00
362	Ernesto Rodrigues	JV	JUV	00:00:00:00
341	Rafael Morgado	JV	INI	00:00:00:00
330	Hugo Goulart	JIV	JUV	00:00:00:00
327	Tiago Branco	JIV	JUV	00:00:00:00
321	Diogo Tejo	JIV	JUV	00:00:00:00
309	António Oliveira	GRECAS	JUV	00:00:00:00
301	Lucas Iatco	GDPAV	JUV	00:00:00:00
300	Telmo Piado	GDPAV	JUV	00:00:00:00
299	Guilherme Miguens	GDPAV	JUV	00:00:00:00
298	José Vitor	GDPAV	JUV	00:00:00:00
277	Guilherme Tavares	GCAD	JUV	00:00:00:00
274	Eduardo Gonçalves	GCAD	JUV	00:00:00:00
272	Afonso Fernandes	GCAD	JUV	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
167	Guilherme Barros	CAP	JUV	00:00:00:00
165	Celso Glória	CAP	INI	00:00:00:00
161	Gonçalo Valente	CAP	INI	00:00:00:00
154	Miguel Valente	CAP	JUV	00:00:00:00
153	Paulo Albieri	CAP	INI	00:00:00:00
151	Vítor Soares	CAOV	JUV	00:00:00:00
35	António Oliveira	ACDCVC	JUV	00:00:00:00
20	Simão Cerejo	ACB-L	JUV	00:00:00:00
28	Bernardo Vilic	ACB-L	JUV	00:00:00:00
160	Samuel Rocha	CAP	INI	00:00:00:00
351	Tomás Monteiro	JV	INI	00:00:00:00
348	Rafael Vieira	JV	JUV	00:00:00:00
337	Luca Cruz	JV	JUV	00:00:00:00
325	Afonso Neves	JIV	JUV	00:00:00:00
320	João Correia	JIV	JUV	00:00:00:00
266	Sérgio Quintela	GCAD	JUV	00:00:00:00
36	Tiago Oliveira	ACDCVC	INI	00:00:00:00
34	Tomás Almeida	ACDCVC	JUV	00:00:00:00
166	Simão Flor	CAP	INI	00:00:00:00
275	Diogo Monteiro	GCAD	JUV	00:00:00:00
323	Miguel S Costa	JIV	JUV	00:00:00:00
33	João Rodrigues	ACDCVC	INI	00:00:00:00
32	David Valente	ACDCVC	JUV	00:00:00:00
29	Ivo Gomes	ACB-L	JUV	00:00:00:00
27	Bernardo Martins	ACB-L	JUV	00:00:00:00
22	Guilherme Ferreira	ACB-L	JUV	00:00:00:00
18	Edson Dias	ACB-L	JUV	00:00:00:00
21	Tiago Gomes	ACB-L	JUV	00:00:00:00
484	Ricardo Reis	SLB	JUV	00:00:00:00
485	Ângelo Antunes	SLB	JUV	00:00:00:00
446	Miguel Batista	SCP	JUV	00:00:00:00
158	Martim Faria	CAP	INI	00:00:00:00
420	Ricardo Vieira	PLF	JUV	00:00:00:00
311	Manuel Silva	GRECAS	JUV	00:00:00:00
297	Thiago Vieira	GDPAV	INI	00:00:00:00
306	Simão Paulos	GRECAS	JUV	00:00:00:00
310	Marcelo Silva	GRECAS	JUV	00:00:00:00
307	Pedro Correia	GRECAS	JUV	00:00:00:00
393	Diogo R Ferreira	NBA	JUV	00:00:00:00
395	Rúben Ferreira	NBA	JUV	00:00:00:00
149	Tomás Neiva	CAOV	INI	00:00:00:00
146	Gabriel Menezes	CAOV	JUV	00:00:00:00
147	Gonçalo Pereira	CAOV	JUV	00:00:00:00
456	Jaime Morais	SCUT	INI	00:00:00:00
455	David Ferreira	SCUT	INI	00:00:00:00
454	Rodrigo Cavaleira	SCUT	INI	00:00:00:00

Federados : 95



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021



Listagem de Atletas inscritos
Campeonatos Nacionais de Sub-18
Estafeta Medley | INI a JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
511	Beatriz Fernandes	UDV	JUV	00:00:00:00
510	Lara Sampaio	UDV	JUV	00:00:00:00
507	Bianca Dias	UDV	INI	00:00:00:00
506	Ana Costa	UDV	JUV	00:00:00:00
489	Gabriela Gorencio	SLB	JUV	00:00:00:00
488	Clara Morais	SLB	JUV	00:00:00:00
486	Miriam Pinho	SLB	INI	00:00:00:00
478	Diana Sousa	SLB	JUV	00:00:00:00
475	Lara Gomes	SLB	INI	00:00:00:00
474	Mariana Araújo	SLB	JUV	00:00:00:00
470	Margarida Álvares	SLB	JUV	00:00:00:00
468	Ana Oliveira	SLB	JUV	00:00:00:00
463	Khrystyna Kuzmenko	SLB	JUV	00:00:00:00
451	Margarida Félix	SCP	JUV	00:00:00:00
447	Inês Ferreira	SCP	INI	00:00:00:00
444	Anastácia Gula	SCP	JUV	00:00:00:00
439	Maria Poppe	SCP	JUV	00:00:00:00
433	Marta Semblano	SCP	JUV	00:00:00:00
380	Matilde Caldas	MAC	JUV	00:00:00:00
378	Clara Cruz	MAC	INI	00:00:00:00
377	Catarina Brito	MAC	INI	00:00:00:00
376	Inês Fonseca	MAC	JUV	00:00:00:00
374	Maria Avelino	MAC	JUV	00:00:00:00
373	Rita Fernandes	MAC	JUV	00:00:00:00
365	Katerina Quinn	JV	INI	00:00:00:00
359	Sofia Santos	JV	INI	00:00:00:00
357	Filipa Dinis	JV	JUV	00:00:00:00
344	Carolina Castro	JV	JUV	00:00:00:00
328	Natacha Candé	JIV	INI	00:00:00:00
324	Rita Cardoso	JIV	JUV	00:00:00:00
268	Bárbara Valente	GCAD	INI	00:00:00:00
267	Maria João Sousa	GCAD	JUV	00:00:00:00
255	Inês Almeida	EAROS	INI	00:00:00:00
191	Oriana Sousa	CDQ	JUV	00:00:00:00
170	Rita Moreira	CAP	INI	00:00:00:00
169	Joana Almeida	CAP	JUV	00:00:00:00
168	Leonor Mendes	CAP	JUV	00:00:00:00
164	Melissa Sereno	CAP	JUV	00:00:00:00
150	Matilde Gomes	CAOV	INI	00:00:00:00
143	Bianca Vieira	CAOV	INI	00:00:00:00
128	Carolina D Santos	CAMG	INI	00:00:00:00
44	Marta Carriço	ACDRA	INI	00:00:00:00
41	Maria Vicente	ACDRA	INI	00:00:00:00
39	Beatriz Gonçalves	ACDRA	JUV	00:00:00:00
40	Caetana Neves	ACDRA	INI	00:00:00:00
343	Marta Feliciano	JV	INI	00:00:00:00
340	Inês Figueiredo	JV	INI	00:00:00:00
278	Helena Safta	GCAD	JUV	00:00:00:00
270	Amanda Salvado	GCAD	JUV	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
265	Cecília Costa	GCAD	JUV	00:00:00:00
257	Ana Neto	EAROS	JUV	00:00:00:00
206	Fátima Camara	CFOD	INI	00:00:00:00
200	Bárbara Ferraz	CFOD	INI	00:00:00:00
194	Genilza Trindade	CDQ	JUV	00:00:00:00
193	Joana Morais	CDQ	JUV	00:00:00:00
190	Ana Andrade	CDQ	JUV	00:00:00:00
203	Leonor Pinto	CFOD	INI	00:00:00:00
329	Beatriz Pimentel	JIV	JUV	00:00:00:00
125	Matilde Batista	CAMG	INI	00:00:00:00
205	Matilde Lameiras	CFOD	JUV	00:00:00:00
129	Matilde Soares	CAMG	INI	00:00:00:00
355	Carlota Ferreira	JV	JUV	00:00:00:00
159	Matilde Nascimento	CAP	INI	00:00:00:00
202	Carolina Frada	CFOD	INI	00:00:00:00
26	Mariana Carvalho	ACB-L	INI	00:00:00:00
25	Beatriz Alves	ACB-L	INI	00:00:00:00
24	Joana Seixas	ACB-L	INI	00:00:00:00
23	Maria Jesus	ACB-L	INI	00:00:00:00
19	Neidiceila Tavares	ACB-L	INI	00:00:00:00
163	Mafalda Andrade	CAP	INI	00:00:00:00
471	Sara Pereira	SLB	JUV	00:00:00:00
491	Rita Teixeira	SLB	JUV	00:00:00:00
490	Constança Faustino	SLB	JUV	00:00:00:00
479	Tatiana Almeida	SLB	INI	00:00:00:00
130	Diana Vatula	CAMG	INI	00:00:00:00
126	Matilde Angélico	CAMG	INI	00:00:00:00
269	Sofia Machado	GCAD	INI	00:00:00:00
319	Joana Medeiros	JIV	JUV	00:00:00:00
204	Maria Leonor Pedrosa	CFOD	INI	00:00:00:00
254	Leonor Pereira	EAROS	INI	00:00:00:00
259	Maria Baltar	EAROS	JUV	00:00:00:00
253	Maria Machado	EAROS	INI	00:00:00:00
192	Soraia Lourenço	CDQ	INI	00:00:00:00
43	Sofia Quintino	ACDRA	JUV	00:00:00:00
45	Beatriz Castelhana	ACDRA	JUV	00:00:00:00
188	Matilde Borges	CDQ	JUV	00:00:00:00
137	Maria Vieira	CAOB-A	JUV	00:00:00:00
136	Luciana Santos	CAOB-A	JUV	00:00:00:00
139	Lara Pinto	CAOB-A	JUV	00:00:00:00
142	Mariana Oliveira	CAOB-A	JUV	00:00:00:00
94	Tatiana Pereira	AFS	JUV	00:00:00:00
90	Madalena Sampaio	AFS	INI	00:00:00:00
91	Matilde Vieira	AFS	INI	00:00:00:00
93	Marta Ribeiro Alves	AFS	JUV	00:00:00:00
87	Inês Almeida	AFS	JUV	00:00:00:00
148	Rita Brochado	CAOV	JUV	00:00:00:00
144	Inês Rocha	CAOV	INI	00:00:00:00
152	Mariana Miranda	CAOV	INI	00:00:00:00

Federados : 98



FEDERAÇÃO
PORTUGUESA
ATLETISMO



ANOS
1921 - 2021