



Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Curto
4KM - Sub-18 | JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
729	Jéssica Furtado	UDV	JUV	00:00:00:00
537	Beatriz Ferreira	NBA	JUV	00:00:00:00
94	Ema Oliveira	ARAC	JUV	00:00:00:00
514	Lara Cartucho	NAI	JUV	00:00:00:00
513	Raquel Alves	NAI	JUV	00:00:00:00
329	Maria Baltar	EAROS	JUV	00:00:00:00
157	Lara Silva	CBPAR	JUV	00:00:00:00
566	Francisca Sá	PCC	JUV	00:00:00:00
552	Mariana Martins	NKAR	JUV	00:00:00:00
548	Ariana Cardoso	NBA	JUV	00:00:00:00
547	Clara Sampaio	NBA	JUV	00:00:00:00
544	Daniela Cardoso	NBA	JUV	00:00:00:00
543	Madalena Meneses	NBA	JUV	00:00:00:00
542	Rita Lopes	NBA	JUV	00:00:00:00
535	Jéssica Silva	NBA	JUV	00:00:00:00
531	Tânia Miranda	NBA	JUV	00:00:00:00
364	Catarina Sampaio	GCAD	JUV	00:00:00:00
327	Joana Azevedo	EAROS	JUV	00:00:00:00
324	Margarida Rodrigues	EAROS	JUV	00:00:00:00
310	Inês Silva	EAROS	JUV	00:00:00:00
102	Anabela Sousa	CAAV	JUV	00:00:00:00
49	Helena Rodrigues	ADCCJC	JUV	00:00:00:00
272	Ana Albuquerque	CPM	JUV	00:00:00:00
320	Ana Faria	EAROS	JUV	00:00:00:00
323	Ana Neto	EAROS	JUV	00:00:00:00
415	Luísa Machado	GDD	JUV	00:00:00:00
494	Inês Sousa	LFC-F	JUV	00:00:00:00
495	Beatriz Faria	LFC-F	JUV	00:00:00:00
263	Inês Cardoso	CFOD	JUV	00:00:00:00
261	Maria João Pimentel	CFOD	JUV	00:00:00:00
737	Beatriz Fernandes	UDV	JUV	00:00:00:00
736	Daniela Fernandes	UDV	JUV	00:00:00:00
649	Mara Rodrigues	SCB	JUV	00:00:00:00
733	Lara Costa	UDV	JUV	00:00:00:00
730	Ana Costa	UDV	JUV	00:00:00:00
735	Lara Sampaio	UDV	JUV	00:00:00:00
732	Margarida Teixeira	UDV	JUV	00:00:00:00

Federados : 37





Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Curto
4KM - Sub-18 | JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
71	Santiago Agatão	ADNO	JUV	00:00:00:00
189	Daniel Cruz	CDFE	JUV	00:00:00:00
366	Martim Santos	GCAD	JUV	00:00:00:00
538	Rúben Ferreira	NBA	JUV	00:00:00:00
546	Francisco Gaudêncio	NBA	JUV	00:00:00:00
572	Ricardo Vieira	PLF	JUV	00:00:00:00
583	David Estima	RDA	JUV	00:00:00:00
773	Gaspar Oliveira	SCS	JUV	00:00:00:00
413	Pedro Lacerda	GDD	JUV	00:00:00:00
447	Rogério Cabrita	GS	JUV	00:00:00:00
449	Manuel Dos Santos	GS	JUV	00:00:00:00
445	André Ferreira	GS	JUV	00:00:00:00
448	Emanuel Silva	GS	JUV	00:00:00:00
161	Lourenço Frazão	CBTV	JUV	00:00:00:00
281	David Pinto	CPTSC	JUV	00:00:00:00
446	Gabriel Simões	GS	JUV	00:00:00:00
283	Afonso Oliveira	CPTSC	JUV	00:00:00:00
275	Rodrigo Baptista	CPTSC	JUV	00:00:00:00
325	João Moura	EAROS	JUV	00:00:00:00
274	Alexandre Lucas	CPTSC	JUV	00:00:00:00
277	Bernardo Salgado	CPTSC	JUV	00:00:00:00
328	Pedro Castro	EAROS	JUV	00:00:00:00
308	Leandro Gonçalves	EAROS	JUV	00:00:00:00
155	Jorge Silva	CBPAR	JUV	00:00:00:00
160	João Almeida	CBTV	JUV	00:00:00:00
164	Radu Samir	CDEM-S	JUV	00:00:00:00
13	Guilherme Fernandes	ACDRSQ	JUV	00:00:00:00
68	Miguel Sayanda	ADNO	JUV	00:00:00:00
64	Cristiano Neto	ADL-P	JUV	00:00:00:00
67	André Dinis Sousa	ADNO	JUV	00:00:00:00
69	Miguel Aguiar	ADNO	JUV	00:00:00:00
70	Duarte Pinto	ADNO	JUV	00:00:00:00
103	Tiago Nogueira	CAAV	JUV	00:00:00:00
774	Dinis Noronha	SCS	JUV	00:00:00:00
540	Luís Ferreira	NBA	JUV	00:00:00:00
541	Hélder Silva	NBA	JUV	00:00:00:00
532	Afonso Sampaio	NBA	JUV	00:00:00:00
534	Diogo R Ferreira	NBA	JUV	00:00:00:00
536	Diogo A Ferreira	NBA	JUV	00:00:00:00
675	Afonso Campos	SCE	JUV	00:00:00:00
672	Rafael Fragoso	SCE	JUV	00:00:00:00
669	Márcio Dias	SCE	JUV	00:00:00:00
677	Patrick Ribeiro	SCE	JUV	00:00:00:00
716	João Rodrigues	SLB	JUV	00:00:00:00
714	Ricardo Reis	SLB	JUV	00:00:00:00
437	Daniel Silva	GDSP0	JUV	00:00:00:00
116	Jaime Silva	CAF-SCF	JUV	00:00:00:00
117	Rodrigo Silva	CAF-SCF	JUV	00:00:00:00
326	João Azevedo	EAROS	JUV	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
674	Rodrigo Barbosa	SCE	JUV	00:00:00:00
259	Rafael Rodrigues	CFOD	JUV	00:00:00:00
498	André Barbosa	LSC	JUV	00:00:00:00
497	Duarte Monteiro	LSC	JUV	00:00:00:00
91	Cristiano Pinto	AMA-P	JUV	00:00:00:00
212	Tiago Costa	CDP	JUV	00:00:00:00

Federados : 55



FEDERAÇÃO
PORTUGUESA
ATLETISMO



ANOS
1921 - 2021



Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Curto
4KM - Sub-20 | JUN - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
591	Vânia Pinhal	RDA	JUN	00:00:00:00
581	Carolina Ribeiro	RDA	JUN	00:00:00:00
367	Matilde Marcelino	GCAD	JUN	00:00:00:00
192	Tatiana Beleza	CDFE	JUN	00:00:00:00
185	Margarida Oliveira	CDFE	JUN	00:00:00:00
183	Joana Santos	CDFE	JUN	00:00:00:00
182	Inês Correia	CDFE	JUN	00:00:00:00
93	Lara Costa	ARAC	JUN	00:00:00:00
62	Ana Guimarães	ADL-P	JUN	00:00:00:00
731	Joana Silva	UDV	JUN	00:00:00:00
51	Sara Sousa	ADCCJC	JUN	00:00:00:00
50	Fátima Barbosa	ADCCJC	JUN	00:00:00:00
48	Carina Ferreira	ADCCJC	JUN	00:00:00:00
46	Ana Pereira	ADCCJC	JUN	00:00:00:00
156	Inês Magalhães	CBPAR	JUN	00:00:00:00
315	Nadine Coelho	EAROS	JUN	00:00:00:00
196	Inês Silva	CDFE	JUN	00:00:00:00
278	Daniela Assunção	CPTSC	JUN	00:00:00:00
311	Ana Marinho	EAROS	JUN	00:00:00:00
492	Joana Ferreira	LFC-F	JUN	00:00:00:00
129	Ana Correia	CAMC	JUN	00:00:00:00
258	Gabriela Almeida	CFOD	JUN	00:00:00:00
708	Rita Costa	SLB	JUN	00:00:00:00
533	Inês Silva	NBA	JUN	00:00:00:00
734	Diana Fernandes	UDV	JUN	00:00:00:00

Federados : 25





Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Curto
4KM - Sub-20 | JUN - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
676	Rui Ferreira	SCE	JUN	00:00:00:00
728	Rúben Pires	UDV	JUN	00:00:00:00
539	Cláudio Ferreira	NBA	JUN	00:00:00:00
545	Tiago Nunes	NBA	JUN	00:00:00:00
670	Rui André Santos	SCE	JUN	00:00:00:00
590	Lourenço Ferreira	RDA	JUN	00:00:00:00
589	Daniel Ferreira	RDA	JUN	00:00:00:00
587	Romeu Estima	RDA	JUN	00:00:00:00
586	Eduardo Estima	RDA	JUN	00:00:00:00
553	Diogo Ferreira	NKAR	JUN	00:00:00:00
365	Simão Fernandes	GCAD	JUN	00:00:00:00
363	Miguel Pires	GCAD	JUN	00:00:00:00
362	Tiago Sucena	GCAD	JUN	00:00:00:00
361	Luís Martins	GCAD	JUN	00:00:00:00
357	José Pinto	FCV	JUN	00:00:00:00
356	Gabriel Leite	FCV	JUN	00:00:00:00
194	Pedro Ramos	CDFE	JUN	00:00:00:00
190	Rui Almeida	CDFE	JUN	00:00:00:00
184	Rodrigo Silva	CDFE	JUN	00:00:00:00
85	Nuno Guimarães	AFR&F	JUN	00:00:00:00
152	Vasco Tita	CBF	JUN	00:00:00:00
132	Duarte Oliveira	CAOV	JUN	00:00:00:00
131	Henrique Lopes	CAOV	JUN	00:00:00:00
321	João Rodrigues	EAROS	JUN	00:00:00:00
284	Diogo Lucas	CPTSC	JUN	00:00:00:00
279	André Oliveira	CPTSC	JUN	00:00:00:00
286	Mauro Simões	CPTSC	JUN	00:00:00:00
317	Francisco Silva	EAROS	JUN	00:00:00:00
285	João Neves	CPTSC	JUN	00:00:00:00
280	João Albano	CPTSC	JUN	00:00:00:00
257	Lucas Pantarotto	CFOD	JUN	00:00:00:00
47	André Pereira	ADCCJC	JUN	00:00:00:00
359	Tiago Silva	GAC-L	JUN	00:00:00:00
159	Tiago Maniés	CBTV	JUN	00:00:00:00
414	André Rego	GDD	JUN	00:00:00:00
128	Edgar Maciel	CAM-VC	JUN	00:00:00:00
407	Leandro Pereira	GDCG	JUN	00:00:00:00
493	Eduardo Salazar	LFC-F	JUN	00:00:00:00
14	Guilherme Moreira	ACPV	JUN	00:00:00:00
496	Nuno Tavares	LSC	JUN	00:00:00:00
499	Jorge Silva	LSC	JUN	00:00:00:00
92	João Magalhães	AMA-P	JUN	00:00:00:00
264	Nelson Barbosa	CFOD	JUN	00:00:00:00
569	Miguel Gomes	PCC	JUN	00:00:00:00
15	Roberto Carvalho	ACPV	JUN	00:00:00:00
11	Guilherme Martins	AAC	JUN	00:00:00:00
712	Rodrigo Freitas	SLB	JUN	00:00:00:00

Federados : 47





Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Curto
4KM - Seniores/Veteranos | SUB-23 a VET - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
175	Solange Jesus	CDFE	VET	00:00:00:00
174	Margarida Dionísio	CDFE	VET	00:00:00:00
98	Cláudia Batuca	BARBARIS	VET	00:00:00:00
80	Celina Silva	AFR&F	VET	00:00:00:00
61	Ana Nunes	ADL-P	SEN	00:00:00:00
60	Carla Nunes	ADL-P	SEN	00:00:00:00
44	Maria Nunes	ADCCJC	VET	00:00:00:00
42	Manuela Rodrigues	ADCCJC	VET	00:00:00:00
41	Elisabete Barbosa	ADCCJC	VET	00:00:00:00
39	Adélia Tavares	ADCCJC	VET	00:00:00:00
23	Tânia Cruz	ACRSD	VET	00:00:00:00
95	Célia Alves	ARC-EAC	VET	00:00:00:00
43	Marta Sousa	ADCCJC	VET	00:00:00:00
22	Rita Paiva	ACRSD	VET	00:00:00:00
20	Sabina Neca	ACRSD	VET	00:00:00:00
19	Vanda Ribeiro	ACRSD	VET	00:00:00:00
172	Andreia Cunha	CDFE	VET	00:00:00:00
170	Graça Beleza	CDFE	VET	00:00:00:00
169	Sónia Beleza	CDFE	VET	00:00:00:00
168	Dora Sá	CDFE	VET	00:00:00:00
153	Rita Coelho	CBF	SUB-23	00:00:00:00
145	Conceição Pereira	CAVF	VET	00:00:00:00
144	Liliana Gonçalves	CAST	VET	00:00:00:00
130	Joana Gomes	CAOV	SEN	00:00:00:00
127	Mariana Patrão	CAM-VC	SEN	00:00:00:00
125	Joana Barros	CAM-VC	SEN	00:00:00:00
410	Guilhermina Rebola	GDD	VET	00:00:00:00
490	Filipa Diamantino	LAVRA	SUB-23	00:00:00:00
266	Carla Almeida	CFP	SEN	00:00:00:00
304	Anabela Martins	EAROS	VET	00:00:00:00
213	Marília Cavaco	CDQ	VET	00:00:00:00
250	Mónica F Silva	CDSSC	SUB-23	00:00:00:00
319	Cátia Silva	EAROS	SUB-23	00:00:00:00
318	Diana Silva	EAROS	SUB-23	00:00:00:00
301	Anabela Silva	EAROS	VET	00:00:00:00
316	Bruna Ortiga	EAROS	SUB-23	00:00:00:00
255	Daniela Silva	CFB	SEN	00:00:00:00
300	Rosa Oliveira	EAROS	VET	00:00:00:00
353	Luísa Soares	FCPF	SUB-23	00:00:00:00
273	Manuela Gonçalves	CPTSC	VET	00:00:00:00
269	Maria Monteiro	CPM	VET	00:00:00:00
254	Sandra M Cruz	CFB	VET	00:00:00:00
270	Isabel Tomé	CPM	VET	00:00:00:00
346	Cláudia Moreira	FCPF	VET	00:00:00:00
471	Esmeralda Soares	JOBRA	VET	00:00:00:00
465	Ariete Santos	JOBRA	VET	00:00:00:00
469	Ana Pereira	JOBRA	VET	00:00:00:00
652	Carla Reis	SCB	SEN	00:00:00:00
574	Carla Martinho	RDA	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
582	Joana Ferreira	RDA	SEN	00:00:00:00
655	Beatriz Fernandes	SCB	SUB-23	00:00:00:00
287	Maria Valente	CSJSC	VET	00:00:00:00
294	Ana Oliveira	CSJSC	SUB-23	00:00:00:00
654	Mariana Machado	SCB	SUB-23	00:00:00:00
158	Joseline Santos	CBTV	VET	00:00:00:00
238	Mónica Silva	CDSSC	VET	00:00:00:00
247	Sara Carvalho	CDSSC	SEN	00:00:00:00
241	Laura Silva	CDSSC	VET	00:00:00:00
253	Diana Pereira	CDSSC	SEN	00:00:00:00
248	Diana Sousa	CDSSC	SEN	00:00:00:00
252	Sónia Ferreira	CDSSC	SEN	00:00:00:00
118	Florinda Fernandes	CAM-VC	VET	00:00:00:00
126	Fátima Veiga	CAM-VC	SEN	00:00:00:00
443	Eva Fernandes	GRE-AA	SUB-23	00:00:00:00
491	Tânia Silva	LFC-F	SEN	00:00:00:00
202	Marisa Pereira	CDP	VET	00:00:00:00
201	Ana Neves	CDP	VET	00:00:00:00
208	Ana Leal	CDP	SEN	00:00:00:00
205	Conceição Santos	CDP	VET	00:00:00:00
199	Carla Mendes	CDP	VET	00:00:00:00
198	Fátima Silva	CDP	VET	00:00:00:00
456	Marinha Baptista	JAM	VET	00:00:00:00
457	Matilde Baptista	JAM	VET	00:00:00:00
450	Vera Simões	GS	SUB-23	00:00:00:00
699	Sara Teixeira	SCS	SEN	00:00:00:00
686	Mónica Ferreira	SCS	VET	00:00:00:00
684	Lúcia Nunes	SCS	VET	00:00:00:00
683	Elisabete Nunes	SCS	VET	00:00:00:00
681	Rejane Pontes	SCS	VET	00:00:00:00
694	Rafaela Fonseca	SCS	VET	00:00:00:00
687	Raquel Vasconcelos	SCS	VET	00:00:00:00
690	Marisa Barros	SCS	VET	00:00:00:00
260	Anita Alves	CFOD	SUB-23	00:00:00:00
381	Olga Prada	GCB	VET	00:00:00:00
383	Fernanda Almeida	GDCC	VET	00:00:00:00
112	Inês Mendes	CAF-SCF	VET	00:00:00:00
58	Francisca Araújo	ADL-P	SUB-23	00:00:00:00
702	Dulce Félix	SLB	VET	00:00:00:00
349	Inês Moreira	FCPF	VET	00:00:00:00
350	Patrícia Ferreira	FCPF	VET	00:00:00:00
339	Júlia Conceição	FCPF	VET	00:00:00:00
354	Anabela Aguiar	FCPF	SEN	00:00:00:00
26	Carolina Escada	ACRS	SUB-23	00:00:00:00
525	Maria Pinto	NBA	VET	00:00:00:00
519	Mónica Rodrigues	NBA	VET	00:00:00:00
530	Sara Machado	NBA	SEN	00:00:00:00
331	Deolinda Oliveira	EAT	VET	00:00:00:00
332	Daniela Gregório	EAT	SEN	00:00:00:00
333	Ana Silva	EAT	SEN	00:00:00:00
336	Alice Oliveira	EAT	SUB-23	00:00:00:00
422	Marlene Martins	GDRG	VET	00:00:00:00
597	Sónia Félix	RUNRIVER	VET	00:00:00:00
593	Susana Vasconcelos	RUNRIVER	VET	00:00:00:00
596	Rosa Ribeiro	RUNRIVER	VET	00:00:00:00
602	Liliana Campos	RUNRIVER	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
479	Katherine Both	JOMA	SEN	00:00:00:00
724	Elisabete Sousa	UDV	VET	00:00:00:00
721	Estela Melo	UDV	VET	00:00:00:00
727	Raquel Sampaio	UDV	SUB-23	00:00:00:00
651	Sara Duarte	SCB	SEN	00:00:00:00
644	Diana Almeida	SCB	SEN	00:00:00:00
641	Susana Francisco	SCB	SEN	00:00:00:00
639	Vanessa Carvalho	SCB	SEN	00:00:00:00
638	Kcénia Bougrova	RUNTEJO	SEN	00:00:00:00
635	Bárbara Neiva	RUNTEJO	SUB-23	00:00:00:00
634	Maria Luís Santos	RUNTEJO	SUB-23	00:00:00:00
632	Sara Lobo	RUNTEJO	SEN	00:00:00:00
630	Andreia Pereira	RUNTEJO	SEN	00:00:00:00
629	Bárbara Rita Abreu	RUNTEJO	SEN	00:00:00:00
626	Telma Sofia Silva	RUNTEJO	SEN	00:00:00:00
625	Sara Mendes	RUNTEJO	SEN	00:00:00:00
623	Cristiana Monteiro	RUNTEJO	SEN	00:00:00:00
618	Rita Rosa	RUNTEJO	VET	00:00:00:00
610	Susana Jacinto	RUNTEJO	VET	00:00:00:00
607	Alexandra Portela	RUNTEJO	VET	00:00:00:00
606	Rosa Freitas	RUNTEJO	VET	00:00:00:00
577	Susana Cunha	RDA	SEN	00:00:00:00
576	Joana Nunes	RDA	VET	00:00:00:00
575	Andreia Santos	RDA	VET	00:00:00:00
563	Sandra Pereira	NPCAD	VET	00:00:00:00
556	Rosa Pinto	NPCAD	VET	00:00:00:00
551	Susana Monteiro	NKAR	VET	00:00:00:00
527	Sónia Sousa	NBA	SEN	00:00:00:00
521	Maria José Lopes	NBA	VET	00:00:00:00
507	Daniela Mendes	MCVC	SEN	00:00:00:00
484	Susana Vilela	LAVRA	VET	00:00:00:00
474	Juliana Almeida	JOBRA	SEN	00:00:00:00
472	Liliana Pereira	JOBRA	VET	00:00:00:00
467	Ana Aleixo	JOBRA	VET	00:00:00:00
458	Sandra Pinto	JAM	VET	00:00:00:00
411	Anjos Moreira	GDD	VET	00:00:00:00
390	Amélia Vieira	GDCCP	SEN	00:00:00:00
380	Bruna Fontoura	GCB	SUB-23	00:00:00:00
374	Laura Do Nascimento	GCB	VET	00:00:00:00
373	Rosária Sebastião	GCB	VET	00:00:00:00
372	Adélia Sendas	GCB	VET	00:00:00:00
370	Anabela Possacos	GCB	VET	00:00:00:00
351	Marina Teles	FCPF	SEN	00:00:00:00
335	Ana Cruz	EAT	SEN	00:00:00:00
187	Neide Dias	CDFE	VET	00:00:00:00
181	Mafalda Oliveira	CDFE	SEN	00:00:00:00
180	Susana Godinho	CDFE	SEN	00:00:00:00

Federados : 152



FEDERAÇÃO
PORTUGUESA
ATLETISMO

100 ANOS
1921 - 2021



Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Curto
4KM - Seniores/Veteranos | SUB-23 a VET - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
600	Raul Silva	RUNRIVER	VET	00:00:00:00
598	Eduardo Brandão	RUNRIVER	VET	00:00:00:00
594	António Rocha	RUNRIVER	VET	00:00:00:00
601	José Rocha	RUNRIVER	VET	00:00:00:00
603	Daniel Silva	RUNRIVER	SEN	00:00:00:00
108	Nuno Fernandes	CAF-FR	VET	00:00:00:00
478	Tomás Morais	JOMA	SEN	00:00:00:00
475	Gelson Gonçalves	JOMA	SEN	00:00:00:00
454	Daniel Sousa	IND	SEN	00:00:00:00
726	Ludgero Moreira	UDV	VET	00:00:00:00
722	Carlos Costa	UDV	VET	00:00:00:00
725	Nelson Magalhaes	UDV	VET	00:00:00:00
571	Fernando Cavaco	PCC	SUB-23	00:00:00:00
770	Bruno Abreu	VTSC	SEN	00:00:00:00
761	Vitor Pontes	VIZELA	VET	00:00:00:00
760	Hélder Silva	VIZELA	VET	00:00:00:00
759	Nuno Carvalho	VIZELA	VET	00:00:00:00
758	Rui Pereira	VIZELA	VET	00:00:00:00
756	Luciano Pereira	VIZELA	VET	00:00:00:00
755	Pedro Cunha	VIZELA	VET	00:00:00:00
753	Álvaro Monteiro	VIZELA	VET	00:00:00:00
752	Carlos Monteiro	VIZELA	VET	00:00:00:00
747	Ricardo Paixão	VFC	VET	00:00:00:00
743	Pedro Saldanha	UFCT	SEN	00:00:00:00
741	Ricardo Saldanha	UFCT	SEN	00:00:00:00
740	João Valente	UFCT	SEN	00:00:00:00
739	Tiago Godinho	UFCT	SEN	00:00:00:00
738	Pedro Lopes	UFCT	SEN	00:00:00:00
723	Jorge Cunha	UDV	VET	00:00:00:00
671	Hernani Furtado	SCE	VET	00:00:00:00
667	Diogo Miguéis	SCE	SEN	00:00:00:00
666	Ricardo Barros	SCE	VET	00:00:00:00
665	Vítor Campos	SCE	VET	00:00:00:00
664	Simão Santos	SCE	VET	00:00:00:00
662	Rui Santos	SCE	VET	00:00:00:00
650	Tiago Freitas	SCB	SEN	00:00:00:00
647	Davide Silva	SCB	SEN	00:00:00:00
646	Paulo Barbosa	SCB	SEN	00:00:00:00
645	Paulo Rosário	SCB	SEN	00:00:00:00
643	João Alves Lopes	SCB	SEN	00:00:00:00
642	Luís Saraiva	SCB	SEN	00:00:00:00
637	Miguel Rebelo	RUNTEJO	SUB-23	00:00:00:00
636	Martim Monteiro	RUNTEJO	SUB-23	00:00:00:00
633	Filipe Rebelo	RUNTEJO	SEN	00:00:00:00
628	Salvador Boura	RUNTEJO	SEN	00:00:00:00
627	Miguel Pinto	RUNTEJO	SEN	00:00:00:00
624	José Carvalho	RUNTEJO	SEN	00:00:00:00
622	Joaquim Gomes	RUNTEJO	SEN	00:00:00:00
621	Plácido Jesus	RUNTEJO	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
620	Tiago Ribeiro	RUNTEJO	VET	00:00:00:00
619	Paulo Velez	RUNTEJO	VET	00:00:00:00
617	Evelino Magalhães	RUNTEJO	VET	00:00:00:00
615	Carlos Tiago	RUNTEJO	VET	00:00:00:00
614	Sérgio Sousa	RUNTEJO	VET	00:00:00:00
613	Nuno Fernandes	RUNTEJO	VET	00:00:00:00
612	Joaquim Amaral	RUNTEJO	VET	00:00:00:00
611	Jorge Nunes	RUNTEJO	VET	00:00:00:00
585	Luís Oliveira	RDA	SEN	00:00:00:00
584	Simão Bastos	RDA	SEN	00:00:00:00
580	João Almeida	RDA	SEN	00:00:00:00
579	Pedro Amaro	RDA	SUB-23	00:00:00:00
578	João Amaro	RDA	SUB-23	00:00:00:00
570	Diogo Salvado	PCC	SUB-23	00:00:00:00
564	Bruno Monteiro	NPCAD	VET	00:00:00:00
529	Rui Filipe Silva	NBA	SEN	00:00:00:00
528	Rui Ferreira	NBA	SEN	00:00:00:00
523	Marco Vaz	NBA	VET	00:00:00:00
522	Ramiro Ribeiro	NBA	VET	00:00:00:00
520	José Pedrosa	NBA	VET	00:00:00:00
516	Paulo Pereira	NAVR	SEN	00:00:00:00
515	Pedro Nunes	NAVR	VET	00:00:00:00
512	João Dias	MJM	SEN	00:00:00:00
510	André Correia	MCVC	SEN	00:00:00:00
509	Afonso Mendonça	MCVC	SEN	00:00:00:00
506	António Rodrigues	MCVC	VET	00:00:00:00
505	José Silva	MCVC	VET	00:00:00:00
504	José Gonçalves	MCVC	VET	00:00:00:00
489	João Marques	LAVRA	SUB-23	00:00:00:00
488	Marco Melo	LAVRA	SUB-23	00:00:00:00
487	Diogo Peixoto	LAVRA	SEN	00:00:00:00
486	José Lobo	LAVRA	SUB-23	00:00:00:00
485	Nuno Coelho	LAVRA	SEN	00:00:00:00
483	Pedro Ferreira	LAVRA	VET	00:00:00:00
482	Sérgio Sousa	LAVRA	VET	00:00:00:00
480	André Antunes	JV	SUB-23	00:00:00:00
473	José Ferreira	JOBRA	VET	00:00:00:00
470	Rogério Bessa	JOBRA	VET	00:00:00:00
468	Ricardo Oliveira	JOBRA	VET	00:00:00:00
464	Angelo Araújo	JOBRA	VET	00:00:00:00
436	Filipe Luz	GDSP0	SUB-23	00:00:00:00
409	Ernesto Zambujo	GDD	VET	00:00:00:00
389	Vítor Barbosa	GDCCP	VET	00:00:00:00
388	Nuno Silva	GDCCP	VET	00:00:00:00
387	Luís Santos	GDCCP	VET	00:00:00:00
386	Rui Rodrigues	GDCCP	VET	00:00:00:00
377	Tiago Gomes	GCB	SEN	00:00:00:00
375	Alfrio Sebastião	GCB	VET	00:00:00:00
195	Adalberto Furtado	CDFE	SEN	00:00:00:00
193	Ricardo Queirós	CDFE	SUB-23	00:00:00:00
191	Nuno Alves	CDFE	SUB-23	00:00:00:00
188	Rafael Lopes	CDFE	SUB-23	00:00:00:00
186	Diogo Sousa	CDFE	SUB-23	00:00:00:00
179	Tiago Madureira	CDFE	SEN	00:00:00:00
178	Fábio Oliveira	CDFE	SEN	00:00:00:00
177	Nuno Costa	CDFE	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
176	Nuno Lopes	CDFE	VET	00:00:00:00
104	Manuel Oliveira	CAB	SUB-23	00:00:00:00
97	Bruno Paixão	BAC	VET	00:00:00:00
89	Erick Araújo	AGM	SEN	00:00:00:00
88	Marco Pinto	AGM	VET	00:00:00:00
87	António Araújo	AGM	VET	00:00:00:00
83	João Figueiredo	AFR&F	SEN	00:00:00:00
79	João Carvalho	AFR&F	VET	00:00:00:00
78	Miguel Figueiredo	AFR&F	VET	00:00:00:00
75	Samuel Rios	ADRAP	SUB-23	00:00:00:00
45	Nuno Sousa	ADCCJC	VET	00:00:00:00
38	Nuno Ribeiro	ACVSM	SUB-23	00:00:00:00
37	Rui Carneiro	ACVSM	SEN	00:00:00:00
36	Roberto Machado	ACVSM	VET	00:00:00:00
35	Patrício Castro	ACVSM	VET	00:00:00:00
33	Bruno Queirós	ACRVC	SEN	00:00:00:00
31	Filipe Ferreira	ACRVC	SEN	00:00:00:00
30	Bruno Freitas	ACRVC	VET	00:00:00:00
105	Tomás Lima	CAB	SUB-23	00:00:00:00
66	Sérgio Paiva	ADNO	VET	00:00:00:00
82	Paulo Leça	AFR&F	VET	00:00:00:00
616	Joel Pena	RUNTEJO	VET	00:00:00:00
12	Luís Contente	ACDRSQ	SEN	00:00:00:00
173	Ricardo Gomes	CDFE	VET	00:00:00:00
167	Rui Oliveira	CDFE	VET	00:00:00:00
166	Armando Almeida	CDFE	VET	00:00:00:00
162	Luís Rufino	CDEM-S	VET	00:00:00:00
154	João Pedro Pinto	CBF	SUB-23	00:00:00:00
151	Alexandre Venâncio	CBF	SEN	00:00:00:00
150	João Fernandes	CBF	SEN	00:00:00:00
149	Bruno Marques	CBF	SEN	00:00:00:00
148	Gonçalo Casimiro	CBF	SEN	00:00:00:00
147	Amaro Teixeira	CBF	SEN	00:00:00:00
146	Abdeslam Bouasria	CBF	SEN	00:00:00:00
123	Mário Crujeira	CAM-VC	VET	00:00:00:00
262	Cristiano Pereira	CFOD	SUB-23	00:00:00:00
430	Manuel Belinha	GDSPPO	VET	00:00:00:00
245	Hugo Ganchas	CDSSC	SEN	00:00:00:00
358	Vítor Dinis	GAC-L	VET	00:00:00:00
292	Tiago Magalhães	CSJSC	SEN	00:00:00:00
421	Paulo Loureiro	GDRG	VET	00:00:00:00
379	Diogo Afonso	GCB	SEN	00:00:00:00
240	Daniel Pinheiro	CDSSC	VET	00:00:00:00
271	Ricardo Veiga	CPM	VET	00:00:00:00
251	Nuno Costa	CDSSC	SEN	00:00:00:00
306	Bruno Pereira	EAROS	VET	00:00:00:00
256	Ricardo Almeida	CFOD	VET	00:00:00:00
307	Tomás Pereira	EAROS	SUB-23	00:00:00:00
234	Viriato Mendes	CDSSC	VET	00:00:00:00
249	Vítor Lopes	CDSSC	SEN	00:00:00:00
235	José C Moreira	CDSSC	VET	00:00:00:00
230	Jorge Campos	CDSSC	VET	00:00:00:00
231	Carlos Ferreira	CDSSC	VET	00:00:00:00
303	Rui Martins	EAROS	VET	00:00:00:00
276	André Ferreira	CPTSC	SUB-23	00:00:00:00
342	Manuel Bessa	FCPF	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
347	António Teixeira	FCPF	VET	00:00:00:00
360	Joel Sardinha	GCAD	SUB-23	00:00:00:00
312	Rui Fernandes	EAROS	SEN	00:00:00:00
322	Rui Oliveira	EAROS	SUB-23	00:00:00:00
334	Jorge Beliago	EAT	SEN	00:00:00:00
244	Gilberto Neto	CDSSC	VET	00:00:00:00
229	João Pereira	CDSSC	VET	00:00:00:00
233	Hélder Ferreira	CDSSC	VET	00:00:00:00
340	José Lopes	FCPF	VET	00:00:00:00
291	Tiago Oliveira	CSJSC	SEN	00:00:00:00
293	Pedro Magalhães	CSJSC	SEN	00:00:00:00
352	Ricardo Moreira	FCPF	SEN	00:00:00:00
302	Rui Ramos	EAROS	VET	00:00:00:00
236	Rui Pedro Silva	CDSSC	VET	00:00:00:00
282	Rúben Fortunato	CPTSC	SUB-23	00:00:00:00
309	Nelson Oliveira	EAROS	SEN	00:00:00:00
305	Hélder Silva	EAROS	VET	00:00:00:00
296	Pedro Maciel	DRGN	VET	00:00:00:00
348	Tiago Pereira	FCPF	VET	00:00:00:00
344	Leonel Ferreira	FCPF	VET	00:00:00:00
267	Bruno Ávila	CIAIA	SUB-23	00:00:00:00
215	Nelson Rafael	CDQ	VET	00:00:00:00
508	José Madeira	MVCV	SEN	00:00:00:00
53	Dionísio Massena	ADCV	VET	00:00:00:00
81	Agostinho Figueiredo	AFR&F	VET	00:00:00:00
84	Rafael Fernandes	AFR&F	SEN	00:00:00:00
391	José Vieira	GDCCP	SEN	00:00:00:00
163	Ricardo Ferreira	CDEM-S	SUB-23	00:00:00:00
345	Joaquim Pinheiro	FCPF	VET	00:00:00:00
757	Paulo Martins	VIZELA	VET	00:00:00:00
466	Filipe Marques	JOBRA	VET	00:00:00:00
588	Ricardo Santos	RDA	SEN	00:00:00:00
107	Carlos Freitas	CAB	SEN	00:00:00:00
106	João Magalhães	CAB	SEN	00:00:00:00
648	Francisco Rodrigues	SCB	SEN	00:00:00:00
640	Tiago Costa	SCB	SEN	00:00:00:00
653	Miguel Moreira	SCB	SUB-23	00:00:00:00
216	José Pina	CDQ	VET	00:00:00:00
742	Ricardo Fonseca	UFCT	SEN	00:00:00:00
171	Hélder Teixeira	CDFE	VET	00:00:00:00
29	Bruno Jesus	ACRVC	VET	00:00:00:00
32	Marco Pinho	ACRVC	SEN	00:00:00:00
34	Carlos Rodrigues	ACRVC	SEN	00:00:00:00
561	Marco Almeida	NPCAD	VET	00:00:00:00
444	David Pedrosa	GS	SEN	00:00:00:00
243	Carlos Costa	CDSSC	VET	00:00:00:00
237	Nuno Queiroz	CDSSC	VET	00:00:00:00
228	José Graça	CDSSC	VET	00:00:00:00
232	Pedro Maravilhas	CDSSC	VET	00:00:00:00
239	Nuno Miguel Costa	CDSSC	VET	00:00:00:00
227	Silvio Guimarães	CDSSC	VET	00:00:00:00
242	Carlos Miguel Silva	CDSSC	VET	00:00:00:00
246	Cristiano Ribeiro	CDSSC	SEN	00:00:00:00
120	José Araújo	CAM-VC	VET	00:00:00:00
121	Nuno Felgueiras	CAM-VC	VET	00:00:00:00
124	Luís Coutinho	CAM-VC	SEN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
122	Duarte Rodrigues	CAM-VC	VET	00:00:00:00
25	Ângelo Marques	ACRSD	SEN	00:00:00:00
138	Tiago Correia	CAS	VET	00:00:00:00
140	Paulo Mendes	CAS	SEN	00:00:00:00
139	Ricardo Figueiredo	CAS	SEN	00:00:00:00
141	Nuno Fernandes	CAS	SEN	00:00:00:00
142	Afonso Simão	CAS	SEN	00:00:00:00
143	João Pais	CAS	SUB-23	00:00:00:00
439	Pedro Carneiro	GRE-AA	VET	00:00:00:00
441	João Pontes	GRE-AA	SEN	00:00:00:00
440	João Coentrão	GRE-AA	SEN	00:00:00:00
442	Fábio Abrantes	GRE-AA	SEN	00:00:00:00
656	Rui Machado	SCBM	VET	00:00:00:00
400	Artur Rodrigues	GDCG	VET	00:00:00:00
404	Jorge Cubal	GDCG	VET	00:00:00:00
399	Paulo Pereira	GDCG	VET	00:00:00:00
403	Helder Santos	GDCG	VET	00:00:00:00
401	António Cristóvão	GDCG	VET	00:00:00:00
402	Vítor Oliveira	GDCG	VET	00:00:00:00
397	Paulo Gomes	GDCG	VET	00:00:00:00
405	João Pedro Casal	GDCG	SEN	00:00:00:00
406	Amado Martins	GDCG	SEN	00:00:00:00
204	Vítor Rodrigues	CDP	VET	00:00:00:00
206	António Pires	CDP	SEN	00:00:00:00
203	José Carlos Sousa	CDP	VET	00:00:00:00
207	Américo Moreira	CDP	SEN	00:00:00:00
210	Luciano Araújo	CDP	SEN	00:00:00:00
211	Daniel Pereira	CDP	SEN	00:00:00:00
197	Carlos Monteiro	CDP	SEN	00:00:00:00
209	Martim Freitas	CDP	SEN	00:00:00:00
99	Joaquim Lopes	CAAT	VET	00:00:00:00
689	Rui Taborda	SCS	VET	00:00:00:00
688	Nelson Carvalhosa	SCS	VET	00:00:00:00
685	Rui Moura	SCS	VET	00:00:00:00
693	Nuno Maio	SCS	VET	00:00:00:00
701	Grabiél Murillo	SCS	VET	00:00:00:00
691	Paulo Oliveira	SCS	VET	00:00:00:00
697	António Moura	SCS	SEN	00:00:00:00
90	Paulo Ribeiro	AMA-P	VET	00:00:00:00
772	Alfredo Fernandes	VTSC	SUB-23	00:00:00:00
769	João Paulo Alves	VTSC	SEN	00:00:00:00
767	Pedro Barreira	VTSC	VET	00:00:00:00
768	Rui Rodrigues	VTSC	VET	00:00:00:00
771	João Costa	VTSC	SEN	00:00:00:00
766	Filipe Cunha	VTSC	VET	00:00:00:00
765	Miguel Peixoto	VTSC	VET	00:00:00:00
748	Luís Margarido	VFC	VET	00:00:00:00
412	Mário Grilo	GDD	SEN	00:00:00:00
695	Hugo Pinto	SCS	VET	00:00:00:00
692	Mário Teixeira	SCS	VET	00:00:00:00
698	João Carvalho	SCS	SEN	00:00:00:00
696	Hugo Daniel Santos	SCS	SEN	00:00:00:00
700	Bernardo Rocha	SCS	SUB-23	00:00:00:00
745	Samuel Freire	VFC	SEN	00:00:00:00
749	Marco Miguel	VFC	SEN	00:00:00:00
750	Andralino Furtado	VFC	SEN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
565	João Monteiro	PCC	VET	00:00:00:00
568	Pedro Bessa	PCC	SEN	00:00:00:00
567	Ricardo Sousa	PCC	SEN	00:00:00:00
631	António Boné	RUNTEJO	SEN	00:00:00:00
376	Nuno Quitério	GCB	VET	00:00:00:00
378	João Melgo	GCB	SEN	00:00:00:00
313	Rafael Castro	EAROS	SUB-23	00:00:00:00
314	Joel Silva	EAROS	SUB-23	00:00:00:00
74	Nuno Sousa	ADR4E	VET	00:00:00:00
113	Luís Afonso	CAF-SCF	SEN	00:00:00:00
115	Nuno Alves	CAF-SCF	SUB-23	00:00:00:00
111	Marco Cunha	CAF-SCF	VET	00:00:00:00
114	Tiago Pinto	CAF-SCF	SEN	00:00:00:00
110	André Pinto	CAF-SCF	VET	00:00:00:00
384	António Silva	GDCC	VET	00:00:00:00
63	Iuri Soares	ADL-P	SUB-23	00:00:00:00
57	Telmo Cardoso	ADL-P	VET	00:00:00:00
59	Miguel Coelho	ADL-P	SEN	00:00:00:00
265	Tiago Graça	CFP	VET	00:00:00:00
433	Bruno Couto	GDSPPO	VET	00:00:00:00
431	Alcindo Dias	GDSPPO	VET	00:00:00:00
432	Avelino Freitas	GDSPPO	VET	00:00:00:00
435	Rui Alves	GDSPPO	SEN	00:00:00:00
434	Américo Lopes	GDSPPO	SEN	00:00:00:00
502	Luís Mendes	MAC	SEN	00:00:00:00
500	Braima Dabó	MAC	SEN	00:00:00:00
707	André Pereira	SLB	SEN	00:00:00:00
711	Alexandre Figueiredo	SLB	SEN	00:00:00:00
762	Jorge Campos	VIZELA	SEN	00:00:00:00
763	André Natário	VIZELA	SUB-23	00:00:00:00
754	Marco Faria	VIZELA	VET	00:00:00:00
673	Tiago Rosas	SCE	SUB-23	00:00:00:00
668	Ricardo Pereira	SCE	SUB-23	00:00:00:00
343	Mark Macedo	FCPF	VET	00:00:00:00
355	Filipe Couto	FCPF	SUB-23	00:00:00:00
295	Válter Pereira	CYCL	VET	00:00:00:00
746	Jorge Robalo	VFC	VET	00:00:00:00
713	Etson Barros	SLB	SUB-23	00:00:00:00
715	João Baiôa	SLB	SUB-23	00:00:00:00
703	Samuel Barata	SLB	SEN	00:00:00:00
709	José Carlos Pinto	SLB	SEN	00:00:00:00
710	Isaac Nader	SLB	SEN	00:00:00:00
704	Filipe Fialho	SLB	SEN	00:00:00:00
706	Duarte Gomes	SLB	SUB-23	00:00:00:00
705	Duarte Cunha	SLB	SUB-23	00:00:00:00
599	Ricardo Carvalho	RUNRIVER	VET	00:00:00:00
21	Tiago Marques	ACRSD	VET	00:00:00:00
27	Diogo Fernandes	ACRSD	SEN	00:00:00:00
28	Ricardo Opinião	ACRSD	SEN	00:00:00:00
24	António Silva	ACRSD	VET	00:00:00:00
526	Jorge Miranda	NBA	SEN	00:00:00:00
524	Jorge Neto	NBA	VET	00:00:00:00
424	Marcelo Gonçalves	GDRG	SEN	00:00:00:00
423	Diogo Pereirinha	GDRG	SEN	00:00:00:00
595	Emanuel Santos	RUNRIVER	VET	00:00:00:00

Federados : 328



FEDERAÇÃO
PORTUGUESA
ATLETISMO



ANOS
1921 - 2021



Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Curto
4KM - Veteranos 50+ | VET - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
451	António Rodrigues	IND	VET	00:15:30:00
775	Osório Pinto	AMA-P	VET	00:00:00:00
720	António Costa	UDV	VET	00:00:00:00
719	Joaquim Rocha	UDV	VET	00:00:00:00
718	Fernando Oliveira	UDV	VET	00:00:00:00
452	Jorge Freitas	IND	VET	00:00:00:00
476	Alfredo Sousa	JOMA	VET	00:00:00:00
477	Luís Paisana	JOMA	VET	00:00:00:00
592	Fernando Ribeiro	RUNRIVER	VET	00:00:00:00
416	Acácio Fonseca	GDRG	VET	00:00:00:00
420	António Lourenço	GDRG	VET	00:00:00:00
517	Joaquim Teixeira	NBA	VET	00:00:00:00
425	Mauro Nascimento	GDRG	VET	00:00:00:00
560	Jorge Luz	NPCAD	VET	00:00:00:00
554	António Pereira	NPCAD	VET	00:00:00:00
557	Domingos Presas	NPCAD	VET	00:00:00:00
338	Orlando Valente	FCPF	VET	00:00:00:00
427	Valdemar Alves	GDSPO	VET	00:00:00:00
428	Manuel Valente	GDSPO	VET	00:00:00:00
96	Narciso Oliveira	ATC	VET	00:00:00:00
55	Manuel Costa	ADL-P	VET	00:00:00:00
109	Paulo Carvalho	CAF-SCF	VET	00:00:00:00
562	António Silva	NPCAD	VET	00:00:00:00
73	António Patrício	ADR4E	VET	00:00:00:00
297	José Araújo	EAROS	VET	00:00:00:00
744	Silvestre Gomes	VFC	VET	00:00:00:00
408	Armando De Lacerda	GDD	VET	00:00:00:00
764	Joaquim Pacheco	VTSC	VET	00:00:00:00
682	João Resende	SCS	VET	00:00:00:00
679	Joaquim Alves	SCS	VET	00:00:00:00
680	Paulo Freitas Jorge	SCS	VET	00:00:00:00
678	José Pacheco	SCS	VET	00:00:00:00
72	Álvaro Sousa	ADOSA	VET	00:00:00:00
200	Paulo Silva	CDP	VET	00:00:00:00
396	António Fernandes	GDCG	VET	00:00:00:00
394	António Santos	GDCG	VET	00:00:00:00
395	José Tavares	GDCG	VET	00:00:00:00
398	Manuel Urbano	GDCG	VET	00:00:00:00
392	David Fernandes	GDCG	VET	00:00:00:00
393	Manuel F Ferreira	GDCG	VET	00:00:00:00
453	Fernando Almeida	IND	VET	00:00:00:00
573	Augusto Antunes	PRC	VET	00:00:00:00
137	Cesário Simões	CAS	VET	00:00:00:00
135	Luís Filipe Rosa	CAS	VET	00:00:00:00
136	Luís Bidarra	CAS	VET	00:00:00:00
134	João Marques	CAS	VET	00:00:00:00
222	Ulisses Lopes	CDSSC	VET	00:00:00:00
220	Belmiro Rodrigues	CDSSC	VET	00:00:00:00
224	José Moreira	CDSSC	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
218	Augusto Pereira	CDSSC	VET	00:00:00:00
225	Joaquim Figueiredo	CDSSC	VET	00:00:00:00
219	Manuel Alves	CDSSC	VET	00:00:00:00
717	Pedro Terra	SSTSJM	VET	00:00:00:00
501	João Manuel Casal	MAC	VET	00:00:00:00
54	Antonio Pereira	ADL-P	VET	00:00:00:00
268	Carlos Moreira	CLX	VET	00:00:00:00
290	Artur Valente	CSJSC	VET	00:00:00:00
289	Armando Santos	CSJSC	VET	00:00:00:00
558	Fernando Rocha	NPCAD	VET	00:00:00:00
463	João Neves	JOBRA	VET	00:00:00:00
461	Luís Magalhães	JOBRA	VET	00:00:00:00
549	Ernesto Brandão	NKAR	VET	00:00:00:00
481	Orlando Neves	LAVRA	VET	00:00:00:00
214	José Vieira	CDQ	VET	00:00:00:00
298	Américo Oliveira	EAROS	VET	00:00:00:00
330	Miguel Marinho	EAROS	VET	00:00:00:00
226	Zeferino Neto	CDSSC	VET	00:00:00:00
221	Abílio Costa	CDSSC	VET	00:00:00:00
299	Joaquim Coelho	EAROS	VET	00:00:00:00
223	Mário Contreiras	CDSSC	VET	00:00:00:00
288	Renato Silva	CSJSC	VET	00:00:00:00
217	Joaquim Pereira	CDSSC	VET	00:00:00:00
426	Luís Nogueira	GDSPO	VET	00:00:00:00
337	José Vieira	FCPF	VET	00:00:00:00
455	Vicente Pinto	JAM	VET	00:00:00:00
119	Domingos Barros	CAM-VC	VET	00:00:00:00
133	Domingos Moreira	CAP	VET	00:00:00:00
165	Sérgio Vieira	CDFE	VET	00:00:00:00
16	Rui Alves	ACRSD	VET	00:00:00:00
17	Augusto Cardoso	ACRSD	VET	00:00:00:00
18	Vítor Salvador	ACRSD	VET	00:00:00:00
76	Vítor Figueiredo	AFR&F	VET	00:00:00:00
77	Manuel Figueiredo	AFR&F	VET	00:00:00:00
86	José Manuel Andrade	AGM	VET	00:00:00:00
40	Armindo Rodrigues	ADCCJC	VET	00:00:00:00
52	Luciano Gordo	ADCV	VET	00:00:00:00
56	José Ferreira	ADL-P	VET	00:00:00:00
65	Armando Bravo	ADNO	VET	00:00:00:00
100	Joaquim Sá	CAAV	VET	00:00:00:00
101	Jose Correia	CAAV	VET	00:00:00:00
341	Aires Sousa	FCPF	VET	00:00:00:00
368	Manuel Palmeiro	GCB	VET	00:00:00:00
369	Orlando Alves	GCB	VET	00:00:00:00
371	Jorge Pires	GCB	VET	00:00:00:00
382	Albano Braga	GDCC	VET	00:00:00:00
385	Nicolau Santos	GDCCP	VET	00:00:00:00
417	Severino Santos	GDRG	VET	00:00:00:00
418	Octávio Capela	GDRG	VET	00:00:00:00
419	Luís Faria	GDRG	VET	00:00:00:00
429	Jorge Silva	GDSPO	VET	00:00:00:00
438	João Torres	GRCDL	VET	00:00:00:00
459	Francisco Soares	JOBRA	VET	00:00:00:00
460	Manuel Azevedo	JOBRA	VET	00:00:00:00
462	Eusébio Lopes	JOBRA	VET	00:00:00:00
503	Virgílio Figueiredo	MCVC	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
511	Carmino Soares	MJM	VET	00:00:00:00
518	Flávio Fernandes	NBA	VET	00:00:00:00
550	João Cunha	NKAR	VET	00:00:00:00
555	Emanuel Madureira	NPCAD	VET	00:00:00:00
559	José Morais	NPCAD	VET	00:00:00:00
604	Manuel Martins	RUNTEJO	VET	00:00:00:00
605	Carlos Cristão	RUNTEJO	VET	00:00:00:00
608	Joaquim Santos	RUNTEJO	VET	00:00:00:00
609	Carlos Freitas	RUNTEJO	VET	00:00:00:00
657	Manuel Rodrigues	SCE	VET	00:00:00:00
658	Norberto Oliveira	SCE	VET	00:00:00:00
659	José Joaquim Pereira	SCE	VET	00:00:00:00
660	Paulo Oliveira	SCE	VET	00:00:00:00
661	Francelino Resende	SCE	VET	00:00:00:00
663	Paulo Reis	SCE	VET	00:00:00:00
751	Alexandre Ferreira	VIZELA	VET	00:00:00:00

Federados : 121



FEDERAÇÃO
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ATLETISMO



ANOS
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