



Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Longo
5KM - Sub-18 | JUV - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
1002	Rui Ferreira	SCE	JUV	00:00:00:00
90	André Pereira	ADCCJC	JUV	00:00:00:00
556	Francisco Silva	EAROS	JUV	00:00:00:00
557	Luís Ribeiro	EAROS	JUV	00:00:00:00
561	João Rodrigues	EAROS	JUV	00:00:00:00
552	Leandro Gonçalves	EAROS	JUV	00:00:00:00
564	João Azevedo	EAROS	JUV	00:00:00:00
218	Edgar Maciel	CAM-VC	JUV	00:00:00:00
252	João Pedro Santos	CAOB-A	JUV	00:00:00:00
251	Matheus Pinto	CAOB-A	JUV	00:00:00:00
598	Guilherme Ferreira	GAC-L	JUV	00:00:00:00
597	Tiago Silva	GAC-L	JUV	00:00:00:00
1082	Afonso Pimenta	SLA	JUV	00:00:00:00
1084	Rui Mineiro	SLA	JUV	00:00:00:00
537	Tomás Fernandes	CRAL	JUV	00:00:00:00
172	Gonçalo Pereira	ARLVG	JUV	00:00:00:00
850	Diogo Ferreira	NBA	JUV	00:00:00:00
1150	João Bessa	UDV	JUV	00:00:00:00
771	Eduardo Salazar	LFC-F	JUV	00:00:00:00
855	Francisco Gaudêncio	NBA	JUV	00:00:00:00
851	Rúben Ferreira	NBA	JUV	00:00:00:00
853	Luís Ferreira	NBA	JUV	00:00:00:00
150	Cristiano Pinto	AMA-P	JUV	00:00:00:00
777	António Pinto	LSC	JUV	00:00:00:00
1041	Francisco Figueiredo	SCP	JUV	00:00:00:00
1031	Diogo Clara	SCP	JUV	00:00:00:00
1029	Guilherme Rodrigues	SCP	JUV	00:00:00:00
898	Daniel Ferreira	RDA	JUV	00:00:00:00
896	Romeu Estima	RDA	JUV	00:00:00:00
895	Eduardo Estima	RDA	JUV	00:00:00:00
892	David Estima	RDA	JUV	00:00:00:00
675	André Alves	GDRCP	JUV	00:00:00:00
668	Pedro Monteiro	GDE	JUV	00:00:00:00
619	Simão Fernandes	GCAD	JUV	00:00:00:00
617	Miguel Pires	GCAD	JUV	00:00:00:00
616	Tomás Silva	GCAD	JUV	00:00:00:00
615	Tiago Sucena	GCAD	JUV	00:00:00:00
775	Pedro Cruz	LSC	JUV	00:00:00:00
778	André Barbosa	LSC	JUV	00:00:00:00
776	Duarte Monteiro	LSC	JUV	00:00:00:00
41	Guilherme Fernandes	ACDRSQ	JUV	00:00:00:00
1001	Afonso Campos	SCE	JUV	00:00:00:00
1000	Rodrigo Barbosa	SCE	JUV	00:00:00:00
997	Márcio Dias	SCE	JUV	00:00:00:00
1207	João Pedro Vaz	SCP	JUV	00:00:00:00
1206	Rodrigo Figueiredo	SCP	JUV	00:00:00:00
565	Pedro Castro	EAROS	JUV	00:00:00:00
529	Mauro Simões	CPTSC	JUV	00:00:00:00
528	Afonso Oliveira	CPTSC	JUV	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
525	Alexandre Lucas	CPTSC	JUV	00:00:00:00
497	Tomás Cerveira	CNRM	JUV	00:00:00:00
489	Alexandre Gomes	CFOD	JUV	00:00:00:00
323	Duarte Aperta	CBA-S	JUV	00:00:00:00
256	Duarte Oliveira	CAOV	JUV	00:00:00:00
196	Tiago Nogueira	CAAV	JUV	00:00:00:00
168	Miguel Rodrigues	ARC-EAC	JUV	00:00:00:00
106	Miguel Aguiar	ADNO	JUV	00:00:00:00
104	Miguel Sayanda	ADNO	JUV	00:00:00:00
103	André Dinis Sousa	ADNO	JUV	00:00:00:00
102	Joel Barros	ADNO	JUV	00:00:00:00
101	Manuel Correia	ADNO	JUV	00:00:00:00
30	Diogo Loureiro	ACA	JUV	00:00:00:00
21	Guilherme Martins	AAC	JUV	00:00:00:00
1182	Miguel Mendes	UFCT	JUV	00:00:00:00
1183	Tomás Costa	UFCT	JUV	00:00:00:00
1174	Ricardo Repas	UFCT	JUV	00:00:00:00
1184	Rodrigo Martins	UFCT	JUV	00:00:00:00
1181	Henrique Lopes	UFCT	JUV	00:00:00:00
132	Eduardo Beça	AFIS	JUV	00:00:00:00
43	Roberto Carvalho	ACPV	JUV	00:00:00:00
42	Guilherme Moreira	ACPV	JUV	00:00:00:00
394	Rui Almeida	CDFE	JUV	00:00:00:00
398	Pedro Ramos	CDFE	JUV	00:00:00:00
389	Rodrigo Silva	CDFE	JUV	00:00:00:00
718	João Anjos	GRECAS	JUV	00:00:00:00
720	Ivo Marcelino	GRECAS	JUV	00:00:00:00
719	Henrique Silva	GRECAS	JUV	00:00:00:00
1021	Miguel Massuça	SCP	JUV	00:00:00:00
1024	Gonçalo Alegria	SCP	JUV	00:00:00:00
659	André Rego	GDD	JUV	00:00:00:00
658	Pedro Lacerda	GDD	JUV	00:00:00:00
689	Francisco Júlio	GDTR	JUV	00:00:00:00
611	Dinis Pedrosa	GAUB	JUV	00:00:00:00
1075	Miguel Costa	SCS	JUV	00:00:00:00
1079	João Pedro Martins	SCS	JUV	00:00:00:00
1077	Dinis Noronha	SCS	JUV	00:00:00:00
1076	Gaspar Oliveira	SCS	JUV	00:00:00:00
279	João Santos	CATUNES	JUV	00:00:00:00
280	Diogo Nobre	CATUNES	JUV	00:00:00:00
1102	Ricardo Reis	SLB	JUV	00:00:00:00
1099	João Santos	SLB	JUV	00:00:00:00
1104	Pedro Carvalho	SLB	JUV	00:00:00:00
1092	Rafael Laria	SLB	JUV	00:00:00:00
1100	Rodrigo Freitas	SLB	JUV	00:00:00:00
1091	Miguel Vieira	SLB	JUV	00:00:00:00
1105	Diogo Gomes	SLB	JUV	00:00:00:00
852	Cláudio Ferreira	NBA	JUV	00:00:00:00
499	João Brito	COP	JUV	00:00:00:00
276	Simão Silva	CASINTRA	JUV	00:00:00:00
274	Francisco Domingos	CASINTRA	JUV	00:00:00:00
273	Tiago Simões	CASINTRA	JUV	00:00:00:00

Federados : 101



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100 ANOS
1921 - 2021



Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Longo
4KM - Sub-18 | JUV - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
1177	Bárbara Dias	UFCT	JUV	00:00:00:00
1110	Ana Moreira	SLB	JUV	00:00:00:00
33	Letícia Rodrigues	ACDAV	JUV	00:00:00:00
105	Maria Aguiar	ADNO	JUV	00:00:00:00
108	Carolina Costa	ADNO	JUV	00:00:00:00
614	Amanda Salvado	GCAD	JUV	00:00:00:00
618	Lara Geirinhas	GCAD	JUV	00:00:00:00
620	Matilde Marcelino	GCAD	JUV	00:00:00:00
1209	Eva Moore	SCP	JUV	00:00:00:00
1208	Margarida Barão	SCP	JUV	00:00:00:00
1205	Leonor Gomes	PCC	JUV	00:00:00:00
1044	Margarida Félix	SCP	JUV	00:00:00:00
1039	Matilde Marques	SCP	JUV	00:00:00:00
1037	Catarina Machado	SCP	JUV	00:00:00:00
1033	Inês Alves	SCP	JUV	00:00:00:00
902	Soraia Pinto	RDA	JUV	00:00:00:00
900	Catarina Ferreira	RDA	JUV	00:00:00:00
878	Maria Leonor Ribas	PCC	JUV	00:00:00:00
877	Francisca Aleixo	PCC	JUV	00:00:00:00
874	Leonor Carreira	PCC	JUV	00:00:00:00
857	Diana Martins	NJCPN	JUV	00:00:00:00
856	Beatriz Cardoso	NJCPN	JUV	00:00:00:00
763	Sara Lopes	JV	JUV	00:00:00:00
1145	Jéssica Furtado	UDV	JUV	00:00:00:00
1148	Lara Sampaio	UDV	JUV	00:00:00:00
1149	Beatriz Fernandes	UDV	JUV	00:00:00:00
1147	Diana Fernandes	UDV	JUV	00:00:00:00
1146	Joana Silva	UDV	JUV	00:00:00:00
170	Milene Jesus	ARLVG	JUV	00:00:00:00
173	Janine Vaz Aimé	ARLVG	JUV	00:00:00:00
171	Filipa Matos	ARLVG	JUV	00:00:00:00
169	Lourdes Fernandes	ARLVG	JUV	00:00:00:00
174	Beatriz Miranda	ARLVG	JUV	00:00:00:00
71	Joana Pinto	ACRVC	JUV	00:00:00:00
175	Beatriz Baía	ARLVG	JUV	00:00:00:00
253	Maira Silva	CAOB-A	JUV	00:00:00:00
254	Beatriz Azevedo	CAOB-A	JUV	00:00:00:00
219	Catarina Arieira	CAM-VC	JUV	00:00:00:00
155	Lara Costa	ARAC	JUV	00:00:00:00
560	Ana Faria	EAROS	JUV	00:00:00:00
485	Gabriela Almeida	CFOD	JUV	00:00:00:00
92	Helena Rodrigues	ADCCJC	JUV	00:00:00:00
95	Érica Duarte	ADCCJC	JUV	00:00:00:00
91	Carina Ferreira	ADCCJC	JUV	00:00:00:00
89	Ana Pereira	ADCCJC	JUV	00:00:00:00
753	Arina Stonozhenko	JOMA	JUV	00:00:00:00
1095	Rita Costa	SLB	JUV	00:00:00:00
1108	Rita Teixeira	SLB	JUV	00:00:00:00
791	Maria Avelino	MAC	JUV	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
798	Teresa Macedo	MAC	JUV	00:00:00:00
800	Beatriz Rocha	MAC	JUV	00:00:00:00
792	Beatriz Pereira	MAC	JUV	00:00:00:00
799	Beatriz Geada	MAC	JUV	00:00:00:00
661	Luísa Machado	GDD	JUV	00:00:00:00
1107	Luísa Miranda	SLB	JUV	00:00:00:00
250	Luciana Santos	CAOB-A	JUV	00:00:00:00
248	Hanifa El Khatib	CAOB-A	JUV	00:00:00:00
396	Tatiana Beleza	CDFE	JUV	00:00:00:00
390	Margarida Oliveira	CDFE	JUV	00:00:00:00
107	Beatriz Fernandes	ADNO	JUV	00:00:00:00
757	Maria Caleiras	JV	JUV	00:00:00:00
759	Eduarda Silva	JV	JUV	00:00:00:00
762	Mariana Vidinha	JV	JUV	00:00:00:00
233	Ana Correia	CAMC	JUV	00:00:00:00
1090	Rafaela Cananó	SLB	JUV	00:00:00:00

Federados : 65



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Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Longo
6KM - Sub-20 | JUN - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
1042	David Garcia	SCP	JUN	00:00:00:00
1038	Duarte Santos	SCP	JUN	00:00:00:00
1034	Rodrigo Lima	SCP	JUN	00:00:00:00
1028	Duarte Grilo	SCP	JUN	00:00:00:00
901	André Fonte	RDA	JUN	00:00:00:00
899	Lourenço Ferreira	RDA	JUN	00:00:00:00
888	Pedro Amaro	RDA	JUN	00:00:00:00
887	João Amaro	RDA	JUN	00:00:00:00
859	Diogo Ferreira	NKAR	JUN	00:00:00:00
858	Miguel A D Martins	NJCPN	JUN	00:00:00:00
527	Rúben Fortunato	CPTSC	JUN	00:00:00:00
526	João Albano	CPTSC	JUN	00:00:00:00
522	Rodrigo Ganância	CPPEA	JUN	00:00:00:00
504	Filipe Pereira	CPC	JUN	00:00:00:00
320	Pedro Marques	CBA-S	JUN	00:00:00:00
275	José Carlos	CASINTRA	JUN	00:00:00:00
257	Ricardo Pedra	CAOV	JUN	00:00:00:00
199	Rodrigo Gomes	CABB	JUN	00:00:00:00
140	Eduardo Pestana	AJS	JUN	00:00:00:00
34	Gonçalo Amorim	ACDAV	JUN	00:00:00:00
1122	Nuno Fernandes	UAP	JUN	00:00:00:00
1180	João Diogo Correia	UFCT	JUN	00:00:00:00
1176	Diogo Silva	UFCT	JUN	00:00:00:00
1179	Pedro Lagarto	UFCT	JUN	00:00:00:00
1178	Júlio Couceiro	UFCT	JUN	00:00:00:00
15	Gustavo Ganhão	AABV	JUN	00:00:00:00
1204	Alfredo Fernandes	VTSC	JUN	00:00:00:00
40	Tiago Rodrigues	ACDCVC	JUN	00:00:00:00
760	André Antunes	JV	JUN	00:00:00:00
177	Francisco Graça	ASCV	JUN	00:00:00:00
395	Nuno Alves	CDFE	JUN	00:00:00:00
1020	André Massaça	SCP	JUN	00:00:00:00
1016	Jacinto Gaspar	SCP	JUN	00:00:00:00
1018	Lourenço Ferreira	SCP	JUN	00:00:00:00
1012	João Pereira	SCP	JUN	00:00:00:00
369	José Costa	CCSJM	JUN	00:00:00:00
767	Marco Melo	LAVRA	JUN	00:00:00:00
768	João Marques	LAVRA	JUN	00:00:00:00
501	Youssef Khedhira	CPC	JUN	00:00:00:00
610	Daniel Cabecinhas	GAUB	JUN	00:00:00:00
788	Tomás Azevedo	MAC	JUN	00:00:00:00
492	Bruno Ávila	CIAIA	JUN	00:00:00:00
356	Vasco Tita	CBF	JUN	00:00:00:00
267	João Pais	CAS	JUN	00:00:00:00
487	Cristiano Pereira	CFOD	JUN	00:00:00:00
488	Nelson Barbosa	CFOD	JUN	00:00:00:00
562	Rui Oliveira	EAROS	JUN	00:00:00:00
518	Leonardo Moreira	CPPEA	JUN	00:00:00:00
517	Rodolfo Moreira	CPPEA	JUN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
514	Vítor Valverde	CPPEA	JUN	00:00:00:00
515	Samuel Gonçalves	CPPEA	JUN	00:00:00:00
1083	Duarte Lima	SLA	JUN	00:00:00:00
1142	Rúben Pires	UDV	JUN	00:00:00:00
854	Tiago Nunes	NBA	JUN	00:00:00:00
151	João Magalhães	AMA-P	JUN	00:00:00:00
774	Nuno Tavares	LSC	JUN	00:00:00:00
779	Jorge Silva	LSC	JUN	00:00:00:00
998	Rui André Santos	SCE	JUN	00:00:00:00
1216	Nuno Cidade Do Carmo	CPPEA	JUN	00:00:00:00
1045	Leandro Monteiro	SCP	JUN	00:00:00:00

Federados : 60



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Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Longo
4KM - Sub-20 | JUN - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
22	Catarina Silva	AAC	JUN	00:00:00:00
207	Elisabete Ferrer	CAF-SCF	JUN	00:00:00:00
370	Raquel Pinto	CCSJM	JUN	00:00:00:00
187	Ana Costa	BFC	JUN	00:00:00:00
516	Débora Moreira	CPPEA	JUN	00:00:00:00
554	Ana Marinho	EAROS	JUN	00:00:00:00
559	Cátia Silva	EAROS	JUN	00:00:00:00
558	Diana Silva	EAROS	JUN	00:00:00:00
563	Beatriz Fonseca	EAROS	JUN	00:00:00:00
553	Lara Silva	EAROS	JUN	00:00:00:00
486	Anita Alves	CFOD	JUN	00:00:00:00
94	Sara Sousa	ADCCJC	JUN	00:00:00:00
93	Fátima Barbosa	ADCCJC	JUN	00:00:00:00
498	Lara Sofia Martins	COP	JUN	00:00:00:00
555	Nadine Coelho	EAROS	JUN	00:00:00:00
1109	Carla Rodrigues	SLB	JUN	00:00:00:00
1106	Camila Gomes	SLB	JUN	00:00:00:00
796	Ana Silva	MAC	JUN	00:00:00:00
786	Mafalda Assis	MAC	JUN	00:00:00:00
790	Mariana Ribeiro	MAC	JUN	00:00:00:00
793	Inês Ribeiro	MAC	JUN	00:00:00:00
502	Rita Nunes	CPC	JUN	00:00:00:00
152	Bruna Ferreira	AMA-P	JUN	00:00:00:00
769	Filipa Diamantino	LAVRA	JUN	00:00:00:00
1015	Inês Borba	SCP	JUN	00:00:00:00
1014	Sofia Silva	SCP	JUN	00:00:00:00
717	Beatriz Valente	GRECAS	JUN	00:00:00:00
388	Joana Santos	CDFE	JUN	00:00:00:00
387	Inês Correia	CDFE	JUN	00:00:00:00
539	Énia Pinho	CRE	JUN	00:00:00:00
35	Daniela Fornelos	ACDAV	JUN	00:00:00:00
100	Tatiana Moura	ADNO	JUN	00:00:00:00
185	Joana Duarte	BA	JUN	00:00:00:00
192	Mariana Pedreira	CAAV	JUN	00:00:00:00
193	Vanessa Pedreira	CAAV	JUN	00:00:00:00
194	Sara Cunha	CAAV	JUN	00:00:00:00
195	Gisela Gomes	CAAV	JUN	00:00:00:00
621	Bruna Fontoura	GCB	JUN	00:00:00:00
754	Alexandra Canedo	JOMA	JUN	00:00:00:00
886	Jenifer Jesus	RDA	JUN	00:00:00:00
890	Carolina Ribeiro	RDA	JUN	00:00:00:00
903	Alexandra Saramago	RDA	JUN	00:00:00:00
904	Vânia Pinhal	RDA	JUN	00:00:00:00
969	Beatriz Fernandes	SCB	JUN	00:00:00:00
1030	Beatriz Rios	SCP	JUN	00:00:00:00
1032	Rita Figueiredo	SCP	JUN	00:00:00:00
1035	Marta Castro	SCP	JUN	00:00:00:00
1036	Beatriz Galvão	SCP	JUN	00:00:00:00
1040	Carolina Marçal	SCP	JUN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
849	Inês Silva	NBA	JUN	00:00:00:00
1140	Raquel Sampaio	UDV	JUN	00:00:00:00

Federados : 51



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**Listagem de Atletas inscritos****Campeonatos Nacionais de Corta-mato Longo****ESTAFETA MISTA - elementos femininos | SUB-23 a VET - F****Federados**

Dorsal	Nome	Clube	Escalão	Marca
989	Isabel Aguiar	SCE	VET	00:00:00:00
217	Sandra Ferreira	CAM-VC	SEN	00:00:00:00
216	Fátima Veiga	CAM-VC	SEN	00:00:00:00
85	Andreia Teixeira	ADCCJC	SEN	00:00:00:00
86	Ana Paula Pinto	ADCCJC	SEN	00:00:00:00
406	Conceição Santos	CDP	VET	00:00:00:00
403	Ana Neves	CDP	VET	00:00:00:00
911	Sónia Félix	RUNRIVER	VET	00:00:00:00
910	Daniela Soares	RUNRIVER	VET	00:00:00:00
1026	Salomé Afonso	SCP	SEN	00:00:00:00
1141	Helena Alves	UDV	SEN	00:00:00:00
1139	Catarina Lima	UDV	SEN	00:00:00:00
141	Margarida Silva	AJS	SUB-23	00:00:00:00
210	Cristina Faria	CAM-VC	VET	00:00:00:00
215	Joana Barros	CAM-VC	SEN	00:00:00:00
473	Daniela Silva	CFB	SEN	00:00:00:00
475	Beatriz Ferreira	CFB	SEN	00:00:00:00
939	Ana Rebelo	RUNTEJO	SEN	00:00:00:00
949	Kcénia Bougrova	RUNTEJO	SEN	00:00:00:00
956	Diana Almeida	SCB	SEN	00:00:00:00
966	Carla Reis	SCB	SEN	00:00:00:00
986	Paula Duarte	SCE	VET	00:00:00:00

Federados : 22

**Listagem de Atletas inscritos****Campeonatos Nacionais de Corta-mato Longo****ESTAFETA MISTA - elementos masculinos | SUB-23 a VET - M****Federados**

Dorsal	Nome	Clube	Escalão	Marca
212	Duarte Rodrigues	CAM-VC	SEN	00:00:00:00
214	Luís Coutinho	CAM-VC	SEN	00:00:00:00
211	Nuno Felgueiras	CAM-VC	VET	00:00:00:00
88	Samuel Silva	ADCCJC	SUB-23	00:00:00:00
82	Fernando Sousa	ADCCJC	VET	00:00:00:00
404	José Carlos Sousa	CDP	VET	00:00:00:00
913	Raul Silva	RUNRIVER	VET	00:00:00:00
909	Vítor Ramos	RUNRIVER	VET	00:00:00:00
400	Carlos Monteiro	CDP	SEN	00:00:00:00
409	Martim Freitas	CDP	SEN	00:00:00:00
1144	Joaquim Antunes	UDV	SEN	00:00:00:00
1143	Hugo Teles	UDV	SUB-23	00:00:00:00
213	Mário Crujeira	CAM-VC	SEN	00:00:00:00
455	Rodolfo Vilela	CFB	SEN	00:00:00:00
471	Bruno Paixão	CFB	VET	00:00:00:00
945	Martim Monteiro	RUNTEJO	SUB-23	00:00:00:00
946	Miguel Rebelo	RUNTEJO	SUB-23	00:00:00:00
955	João Alves Lopes	SCB	SEN	00:00:00:00
961	Tiago Freitas	SCB	SEN	00:00:00:00
984	Carlos Ferreira	SCE	VET	00:00:00:00
988	Vítor Campos	SCE	VET	00:00:00:00
1043	Luís Monteiro	SCP	SEN	00:00:00:00

Federados : 22



Listagem de Atletas inscritos

Campeonatos Nacionais de Corta-mato Longo

10KM - Sub-23; Seniores; Vet 35, 40 e 45 | SUB-23 a VET - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
908	Artur Ferreira	RUNRIVER	VET	00:00:00:00
916	Daniel Silva	RUNRIVER	SEN	00:00:00:00
868	Eurico Correia	OCL	VET	00:00:00:00
278	João Correia	CATUNES	SEN	00:00:00:00
503	Tiago Silva	CPC	SUB-23	00:00:00:00
73	Bruno Teixeira	ADAM	VET	00:00:00:00
609	Pedro Mota	GAUB	SEN	00:00:00:00
607	Licínio Silva	GAUB	SEN	00:00:00:00
795	Tiago Silva	MAC	SUB-23	00:00:00:00
277	Fábio Reis	CATUNES	SEN	00:00:00:00
1086	João J Pereira	SLB	SEN	00:00:00:00
1087	Samuel Barata	SLB	SEN	00:00:00:00
1103	João Baiôa	SLB	SUB-23	00:00:00:00
1096	José Carlos Pinto	SLB	SEN	00:00:00:00
1097	Isaac Nader	SLB	SUB-23	00:00:00:00
1088	Filipe Fialho	SLB	SEN	00:00:00:00
1101	Etson Barros	SLB	SUB-23	00:00:00:00
1093	Duarte Gomes	SLB	SUB-23	00:00:00:00
1089	Duarte Cunha	SLB	SUB-23	00:00:00:00
1094	André Pereira	SLB	SEN	00:00:00:00
1098	Alexandre Figueiredo	SLB	SUB-23	00:00:00:00
810	Manuel Curral	MDLCORRE	SEN	00:00:00:00
993	Diogo Miguéis	SCE	SEN	00:00:00:00
262	Tiago Correia	CAS	VET	00:00:00:00
264	Paulo Mendes	CAS	SEN	00:00:00:00
263	Ricardo Figueiredo	CAS	SEN	00:00:00:00
266	Afonso Simão	CAS	SEN	00:00:00:00
265	Nuno Fernandes	CAS	SEN	00:00:00:00
464	Gonçalo Ferreira	CFB	VET	00:00:00:00
405	Vítor Rodrigues	CDP	VET	00:00:00:00
407	António Pires	CDP	SEN	00:00:00:00
411	Daniel Pereira	CDP	SEN	00:00:00:00
410	Luciano Araújo	CDP	SEN	00:00:00:00
408	Américo Moreira	CDP	SEN	00:00:00:00
604	Joel Couto	GAUB	VET	00:00:00:00
153	Marco Alves	AP-CM	VET	00:00:00:00
17	Oskar Sawicki	AAC	SEN	00:00:00:00
19	Rui Lopes	AAC	VET	00:00:00:00
20	Paulo Pereira	AAC	SEN	00:00:00:00
197	Tomás Lima	CAB	SUB-23	00:00:00:00
511	Nuno Cidade Do Carmo	CPPEA	VET	00:00:00:00
512	Marco Gomes	CPPEA	VET	00:00:00:00
513	Nelson Cruz	CPPEA	VET	00:00:00:00
81	Carlos Sousa	ADCCJC	VET	00:00:00:00
84	Nuno Sousa	ADCCJC	VET	00:00:00:00
75	José Ferreira	ADCCJC	VET	00:00:00:00
79	Rui Martins	ADCCJC	VET	00:00:00:00
684	Avelino Freitas	GDSPO	VET	00:00:00:00
682	Manuel Belinha	GDSPO	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
683	Alcindo Dias	GDSPO	VET	00:00:00:00
685	Bruno Couto	GDSPO	VET	00:00:00:00
681	Armando Bastos	GDSPO	VET	00:00:00:00
687	Rui Alves	GDSPO	SEN	00:00:00:00
686	Américo Lopes	GDSPO	SEN	00:00:00:00
688	Filipe Luz	GDSPO	SUB-23	00:00:00:00
483	Ricardo Almeida	CFOD	VET	00:00:00:00
490	Sandro Baessa	CFOD	SUB-23	00:00:00:00
864	Jóice Jesus	NPCAD	VET	00:00:00:00
624	António Silva	GDCC	VET	00:00:00:00
692	Pedro Carneiro	GRE-AA	VET	00:00:00:00
695	Ricardo Germano	GRE-AA	VET	00:00:00:00
693	Francisco Machado	GRE-AA	VET	00:00:00:00
200	Nuno Fernandes	CAF-FR	VET	00:00:00:00
249	Nuno Silva	CAOB-A	VET	00:00:00:00
491	Tiago Graça	CFP	SEN	00:00:00:00
694	João Pereira	GRE-AA	VET	00:00:00:00
696	João Coentrão	GRE-AA	SEN	00:00:00:00
701	Fábio Abrantes	GRE-AA	SEN	00:00:00:00
697	Ricardo Sousa	GRE-AA	SEN	00:00:00:00
699	João Pontes	GRE-AA	SEN	00:00:00:00
698	Sérgio Lopes	GRE-AA	SEN	00:00:00:00
1117	Nuno Soares	SSTSJM	VET	00:00:00:00
204	Luís Afonso	CAF-SCF	SEN	00:00:00:00
535	Carlos Gago	CRAL	VET	00:00:00:00
536	Daniel Filipe Anjos	CRAL	SEN	00:00:00:00
573	Ivan Silva	EDV	VET	00:00:00:00
1061	Nelson Carvalhosa	SCS	VET	00:00:00:00
1066	Carlos Gomes	SCS	VET	00:00:00:00
66	Bruno Freitas	ACRVC	VET	00:00:00:00
67	Tiago Pinho	ACRVC	SEN	00:00:00:00
65	Bruno Jesus	ACRVC	VET	00:00:00:00
70	Bruno Queirós	ACRVC	SEN	00:00:00:00
68	Filipe Ferreira	ACRVC	SEN	00:00:00:00
69	Marco Pinho	ACRVC	SEN	00:00:00:00
472	Filipe Lopes	CFB	SUB-23	00:00:00:00
870	José Ferreira	OCL	VET	00:00:00:00
674	Pedro Nunes	GDMATA	SEN	00:00:00:00
671	João Vasco Caldeira	GDMATA	VET	00:00:00:00
672	Hugo Alves	GDMATA	VET	00:00:00:00
570	Tiago Faria	EAT	SEN	00:00:00:00
1189	Marco Cardoso	VFC	VET	00:00:00:00
1188	Ricardo Paixão	VFC	VET	00:00:00:00
1190	Roberto Ladeiras	VFC	SEN	00:00:00:00
1191	Andralino Furtado	VFC	SEN	00:00:00:00
1187	Samuel Freire	VFC	SEN	00:00:00:00
202	Marco Cunha	CAF-SCF	VET	00:00:00:00
205	Tiago Pinto	CAF-SCF	SEN	00:00:00:00
201	André Pinto	CAF-SCF	VET	00:00:00:00
996	Ricardo Pereira	SCE	SUB-23	00:00:00:00
999	Tiago Rosas	SCE	SUB-23	00:00:00:00
1135	Marco Ferreira	UDV	VET	00:00:00:00
1131	José Teixeira	UDV	VET	00:00:00:00
1138	Davide Afonso	UDV	SEN	00:00:00:00
1136	David Dias	UDV	VET	00:00:00:00
1129	Basílio Sousa	UDV	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
1134	Ludgero Moreira	UDV	VET	00:00:00:00
1137	Miguel Pinto	UDV	SEN	00:00:00:00
1126	Filipe Leite	UDV	VET	00:00:00:00
1128	Carlos Costa	UDV	VET	00:00:00:00
1130	Jorge Cunha	UDV	VET	00:00:00:00
1133	Nelson Magalhaes	UDV	VET	00:00:00:00
840	Marco Vaz	NBA	VET	00:00:00:00
839	Ramiro Ribeiro	NBA	VET	00:00:00:00
841	Jorge Neto	NBA	VET	00:00:00:00
837	José Pedrosa	NBA	VET	00:00:00:00
843	Jorge Miranda	NBA	SEN	00:00:00:00
846	Rui Ferreira	NBA	SEN	00:00:00:00
847	Rui Filipe Silva	NBA	SEN	00:00:00:00
144	Paulo Ribeiro	AMA-P	VET	00:00:00:00
147	Pedro Santos	AMA-P	VET	00:00:00:00
146	António Mesquita	AMA-P	VET	00:00:00:00
148	Pedro Ventura	AMA-P	VET	00:00:00:00
145	Paulo Vides	AMA-P	VET	00:00:00:00
229	Nuno Pereira	CAMC	VET	00:00:00:00
1217	Gonçalo Casimiro	CBF	SEN	00:00:00:00
1215	Ricardo Ferreira	JOMA	SEN	00:00:00:00
1214	Hélio Vila Franca	CAMC	VET	00:00:00:00
1212	Samuel Rios	ADRAP	SUB-23	00:00:00:00
1211	Pedro Martins	ADRAP	SEN	00:00:00:00
1210	Miguel Mascarenhas	GDE	SEN	00:00:00:00
1072	Hugo Daniel Santos	SCS	SEN	00:00:00:00
1071	José Pires	SCS	SEN	00:00:00:00
1070	Hugo Pinto	SCS	SEN	00:00:00:00
1068	Nuno Maio	SCS	VET	00:00:00:00
1065	Paulo Oliveira	SCS	VET	00:00:00:00
1059	Rui Moura	SCS	VET	00:00:00:00
1058	Nuno Silva	SCS	VET	00:00:00:00
1056	Rolando Ribeiro	SCS	VET	00:00:00:00
1055	João Resende	SCS	VET	00:00:00:00
1027	Rúben Amaral	SCP	SUB-23	00:00:00:00
1017	Miguel Marques	SCP	SEN	00:00:00:00
1003	Rui Monteiro	SCE	VET	00:00:00:00
995	Miguel Faria	SCE	SEN	00:00:00:00
992	Daniel Santos	SCE	SEN	00:00:00:00
990	Ricardo Barros	SCE	SEN	00:00:00:00
985	Simão Santos	SCE	VET	00:00:00:00
982	Rui Santos	SCE	VET	00:00:00:00
967	Miguel Moreira	SCB	SUB-23	00:00:00:00
964	João Paulo Fontão	SCB	SEN	00:00:00:00
963	Rui Borges	SCB	SEN	00:00:00:00
962	João Ferreira	SCB	SEN	00:00:00:00
960	Francisco Rodrigues	SCB	SEN	00:00:00:00
959	Davide Silva	SCB	SEN	00:00:00:00
958	Paulo Barbosa	SCB	SEN	00:00:00:00
957	Paulo Rosário	SCB	SEN	00:00:00:00
954	Luís Saraiva	SCB	SEN	00:00:00:00
952	Hugo Almeida	SCB	SEN	00:00:00:00
951	Tiago Costa	SCB	SEN	00:00:00:00
948	Pedro Saldanha	RUNTEJO	SUB-23	00:00:00:00
947	Luís Jorge Teixeira	RUNTEJO	SUB-23	00:00:00:00
875	Ricardo Sousa	PCC	SEN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
873	David Silva	PCC	SUB-23	00:00:00:00
872	João Monteiro	PCC	VET	00:00:00:00
865	Ricardo Gomes	NPCAD	VET	00:00:00:00
833	Pedro Rodrigues	NAZA	VET	00:00:00:00
832	Paulo Silva	NAZA	VET	00:00:00:00
831	António Trigueiro	NAZA	VET	00:00:00:00
820	Bruno Vidinha	NAC	SEN	00:00:00:00
818	José Teixeira	NAC	VET	00:00:00:00
817	João Alves	NAC	VET	00:00:00:00
815	Carlos Ferreira	NAC	VET	00:00:00:00
809	José Madeira	MCVC	SEN	00:00:00:00
808	António Rodrigues	MCVC	VET	00:00:00:00
807	Sérgio Viana	MCVC	VET	00:00:00:00
806	José Silva	MCVC	VET	00:00:00:00
805	José Gonçalves	MCVC	VET	00:00:00:00
797	Alfredo Alves	MAC	SUB-23	00:00:00:00
794	Ricardo Barbosa	MAC	SEN	00:00:00:00
789	Miguel Ribeiro	MAC	SUB-23	00:00:00:00
787	Emanuel Rolim	MAC	SEN	00:00:00:00
785	João Cruz	MAC	SEN	00:00:00:00
784	Luís Mendes	MAC	SEN	00:00:00:00
783	Diogo Nogueira	MAC	VET	00:00:00:00
780	Braima Dabó	MAC	SEN	00:00:00:00
772	Bernardo Cayolla	LPSC	VET	00:00:00:00
751	José Ferreira	JOBRA	VET	00:00:00:00
747	Rogério Bessa	JOBRA	VET	00:00:00:00
745	Ricardo Oliveira	JOBRA	VET	00:00:00:00
744	Rui Cassiano	JOBRA	VET	00:00:00:00
742	Filipe Marques	JOBRA	VET	00:00:00:00
740	Angelo Araújo	JOBRA	VET	00:00:00:00
721	David Pedrosa	GS	SUB-23	00:00:00:00
676	Pedro Urbano	GDRR	SEN	00:00:00:00
673	Gonçalo Pinto	GDMATA	VET	00:00:00:00
670	Jorge Gomes	GDMATA	VET	00:00:00:00
669	Marco Leal	GDMATA	VET	00:00:00:00
651	Amado Martins	GDCG	SUB-23	00:00:00:00
650	João Pedro Casal	GDCG	SUB-23	00:00:00:00
649	Jorge Cubal	GDCG	SEN	00:00:00:00
648	Helder Santos	GDCG	VET	00:00:00:00
647	Vítor Oliveira	GDCG	VET	00:00:00:00
646	António Cristóvão	GDCG	VET	00:00:00:00
645	Messias Dias	GDCG	VET	00:00:00:00
644	Artur Rodrigues	GDCG	VET	00:00:00:00
643	Luís Silva	GDCG	VET	00:00:00:00
642	Paulo Pereira	GDCG	VET	00:00:00:00
640	Paulo Gomes	GDCG	VET	00:00:00:00
634	José Vieira	GDCCP	SEN	00:00:00:00
633	Vítor Barbosa	GDCCP	VET	00:00:00:00
632	Nuno Silva	GDCCP	VET	00:00:00:00
631	Luís Santos	GDCCP	VET	00:00:00:00
630	Rui Rodrigues	GDCCP	VET	00:00:00:00
629	Manuel Sousa	GDCCP	VET	00:00:00:00
628	Sérgio Azevedo	GDCCP	VET	00:00:00:00
625	Carlos Teixeira	GDCC	VET	00:00:00:00
623	Ricardo Tavares	GDCC	VET	00:00:00:00
613	Joel Sardinha	GCAD	SUB-23	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
612	António Curto	GCAD	SEN	00:00:00:00
599	Nuno Ferreira	GAC-L	SUB-23	00:00:00:00
551	Tomás Pereira	EAROS	SUB-23	00:00:00:00
546	Tiago Magalhães	CSJSC	SEN	00:00:00:00
545	Tiago Oliveira	CSJSC	SEN	00:00:00:00
520	José Oliveira	CPPEA	SUB-23	00:00:00:00
509	Cristiano Pereira	CPM	SEN	00:00:00:00
508	Carlos Nunes	CPM	VET	00:00:00:00
507	Ricardo Veiga	CPM	VET	00:00:00:00
506	Óscar Sobral	CPM	VET	00:00:00:00
505	Fernando Santos	CPM	VET	00:00:00:00
484	Manuel Silva	CFOD	VET	00:00:00:00
474	Miguel Ribeiro	CFB	SUB-23	00:00:00:00
468	Paulo Garcia	CFB	VET	00:00:00:00
467	Nuno Queija	CFB	VET	00:00:00:00
466	Nuno Romão	CFB	VET	00:00:00:00
452	Nuno Costa	CDSSC	SEN	00:00:00:00
450	Vítor Lopes	CDSSC	SEN	00:00:00:00
447	Cristiano Ribeiro	CDSSC	SEN	00:00:00:00
446	Hugo Ganchas	CDSSC	SEN	00:00:00:00
445	Gilberto Neto	CDSSC	SEN	00:00:00:00
444	Carlos Costa	CDSSC	VET	00:00:00:00
443	Carlos Miguel Silva	CDSSC	VET	00:00:00:00
441	Daniel Pinheiro	CDSSC	VET	00:00:00:00
440	Nuno Miguel Costa	CDSSC	VET	00:00:00:00
438	Nuno Queiroz	CDSSC	VET	00:00:00:00
437	Rui Pedro Silva	CDSSC	VET	00:00:00:00
436	José C Moreira	CDSSC	VET	00:00:00:00
435	Viriato Mendes	CDSSC	VET	00:00:00:00
434	Hélder Ferreira	CDSSC	VET	00:00:00:00
433	Pedro Maravilhas	CDSSC	VET	00:00:00:00
432	Carlos Ferreira	CDSSC	VET	00:00:00:00
431	Jorge Campos	CDSSC	VET	00:00:00:00
430	João Pereira	CDSSC	VET	00:00:00:00
429	José Graça	CDSSC	VET	00:00:00:00
428	Sílvio Guimarães	CDSSC	VET	00:00:00:00
413	Paulo Paula	CDSSC	VET	00:00:00:00
412	Leandro Rosas	CDP-C	SEN	00:00:00:00
399	Adalberto Furtado	CDFE	SEN	00:00:00:00
397	Ricardo Queirós	CDFE	SUB-23	00:00:00:00
393	Rafael Lopes	CDFE	SUB-23	00:00:00:00
391	Diogo Sousa	CDFE	SUB-23	00:00:00:00
384	Tiago Madureira	CDFE	SEN	00:00:00:00
383	Fábio Oliveira	CDFE	SEN	00:00:00:00
382	Nuno Costa	CDFE	VET	00:00:00:00
373	Ricardo Ferreira	CDEM-S	SUB-23	00:00:00:00
372	Luís Rufino	CDEM-S	VET	00:00:00:00
371	Luís Cancela	CDEM-S	VET	00:00:00:00
367	Aléxis Martins	CBTV	SEN	00:00:00:00
366	Bernardo Frazão	CBTV	SUB-23	00:00:00:00
365	Fábio Ferreira	CBTV	SEN	00:00:00:00
355	Alexandre Venâncio	CBF	SEN	00:00:00:00
353	Amaro Teixeira	CBF	SEN	00:00:00:00
351	Phillip Teixeira	CBAM	VET	00:00:00:00
350	Romário Almeida	CBAM	VET	00:00:00:00
347	Pedro Carrasqueira	CBAM	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
346	Hugo Palmeiro	CBAM	VET	00:00:00:00
322	Samuel Lourenço	CBA-S	SUB-23	00:00:00:00
318	Dino Bento	CBA-S	VET	00:00:00:00
317	Rui Milagaia	CBA-S	VET	00:00:00:00
316	André Alves	CBA-S	VET	00:00:00:00
313	Nelson Marques	CBA-S	VET	00:00:00:00
311	José Fontinha	CBA-S	VET	00:00:00:00
310	Belarmino Catroga	CBA-S	VET	00:00:00:00
309	Joel Martins	CBA-S	VET	00:00:00:00
301	Marco Henriques	CBA-S	VET	00:00:00:00
300	Filipe Pires	CBA-S	VET	00:00:00:00
299	Telmo Santos	CBA-S	VET	00:00:00:00
298	Pedro Silva	CBA-S	VET	00:00:00:00
272	Leonardo Coelho	CASINTRA	SEN	00:00:00:00
271	Daniel Costa	CASINTRA	SUB-23	00:00:00:00
269	Isidro Simões	CASINTRA	VET	00:00:00:00
255	Miguel Meira	CAOV	VET	00:00:00:00
247	Janik Lima	CAO	VET	00:00:00:00
246	André Adriano	CAO	VET	00:00:00:00
245	Marco Silva	CAO	VET	00:00:00:00
244	Carlos Sequeira	CAO	VET	00:00:00:00
243	José Pinto	CAO	VET	00:00:00:00
241	Rui Costa	CAO	VET	00:00:00:00
239	Dinis Batista	CAO	VET	00:00:00:00
232	Diogo Costa	CAMC	SEN	00:00:00:00
231	Artur Costa	CAMC	SEN	00:00:00:00
230	Luís Teixeira	CAMC	VET	00:00:00:00
228	Rui Muga	CAMC	VET	00:00:00:00
222	Paulo Fernandes	CAMC	VET	00:00:00:00
198	Fábio Ramos	CABB	SUB-23	00:00:00:00
191	Mário Ribeiro	CAAV	VET	00:00:00:00
190	Carlos Barbosa	CAAV	VET	00:00:00:00
186	Ricardo Fernandes	BFC	VET	00:00:00:00
184	Helder Lopes	ATLB	SEN	00:00:00:00
183	João Oliveira	ATLB	VET	00:00:00:00
167	Cristiano Oliveira	ARC-EAC	SEN	00:00:00:00
166	Tomás Carriço	ARC-EAC	SUB-23	00:00:00:00
165	José Miguel Neves	ARC-EAC	SEN	00:00:00:00
139	Pedro Pita	AJS	SEN	00:00:00:00
136	Décio Abreu	AJS	VET	00:00:00:00
135	Juvenal Faria	AJS	VET	00:00:00:00
134	Davide Fernandes	AJS	VET	00:00:00:00
130	Arnaldo Tomás	ADR4E	VET	00:00:00:00
129	Nuno Sousa	ADR4E	VET	00:00:00:00
127	Rodrigo Pereira	ADPALM	SUB-23	00:00:00:00
126	Hugo Borges	ADPALM	VET	00:00:00:00
123	Marco Gouveia	ADPALM	VET	00:00:00:00
122	Joaquim Saldanha	ADPALM	VET	00:00:00:00
121	Artur Oliveira	ADPALM	VET	00:00:00:00
98	Sérgio Paiva	ADNO	VET	00:00:00:00
63	Ricardo Opinião	ACRS	SUB-23	00:00:00:00
32	Rúben Veloso	ACDAV	SEN	00:00:00:00
29	Vítor Fonseca	ACA	VET	00:00:00:00
28	Fernando Ferreira	ACA	VET	00:00:00:00
1194	Carlos Monteiro	VIZELA	VET	00:00:00:00
1197	Pedro Cunha	VIZELA	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
1201	Vitor Pontes	VIZELA	SEN	00:00:00:00
1196	Marco Faria	VIZELA	VET	00:00:00:00
1195	Álvaro Monteiro	VIZELA	VET	00:00:00:00
1198	Paulo Martins	VIZELA	VET	00:00:00:00
1200	Nuno Carvalho	VIZELA	VET	00:00:00:00
1199	Rui Pereira	VIZELA	VET	00:00:00:00
1202	Jorge Campos	VIZELA	SUB-23	00:00:00:00
1203	André Natário	VIZELA	SUB-23	00:00:00:00
321	Luís Dias	CBA-S	SUB-23	00:00:00:00
374	Rui Oliveira	CDFE	VET	00:00:00:00
381	Nuno Lopes	CDFE	SEN	00:00:00:00
1162	Tiago Nuno	UFCT	VET	00:00:00:00
1160	Miguel Ferreira	UFCT	VET	00:00:00:00
1163	Marco Francisco	UFCT	VET	00:00:00:00
1159	João Carlos Correia	UFCT	VET	00:00:00:00
1164	Joaquim Cristiano	UFCT	VET	00:00:00:00
1175	Pedro Saldanha	UFCT	SUB-23	00:00:00:00
1166	Pedro Lopes	UFCT	SEN	00:00:00:00
1173	Ricardo Fonseca	UFCT	SEN	00:00:00:00
1172	Vasco Rosa	UFCT	SEN	00:00:00:00
1171	Ricardo Saldanha	UFCT	SEN	00:00:00:00
1169	Milton Santos	UFCT	SEN	00:00:00:00
1168	Tiago Godinho	UFCT	SEN	00:00:00:00
14	Manuel Rodrigues	AABV	VET	00:00:00:00
227	Carlos Lopes	CAMC	VET	00:00:00:00
221	Hélder Deveza	CAMC	VET	00:00:00:00
224	Ilídio Moreiras	CAMC	VET	00:00:00:00
225	Carolino Preto	CAMC	VET	00:00:00:00
223	José Carvalho	CAMC	VET	00:00:00:00
226	Paulo Santos	CAMC	VET	00:00:00:00
729	Daniel Sousa	IND	SEN	00:00:00:00
36	Abel Almeida	ACDCVC	VET	00:00:00:00
38	Manuel Valente	ACDCVC	VET	00:00:00:00
538	Domingos Vieira	CRE	SEN	00:00:00:00
465	Luís Palma	CFB	VET	00:00:00:00
626	Nuno Martins	GDCC	VET	00:00:00:00
133	Erick Araújo	AGM	SEN	00:00:00:00
158	Vítor Gonçalves	ARC-EAC	VET	00:00:00:00
157	Jorge Santos	ARC-EAC	VET	00:00:00:00
160	Hermano Ferreira	ARC-EAC	VET	00:00:00:00
162	Ricardo Gaspar	ARC-EAC	SEN	00:00:00:00
161	Ricardo Gomes	ARC-EAC	VET	00:00:00:00
159	Nelson Oliveira	ARC-EAC	VET	00:00:00:00
164	Fábio Silva	ARC-EAC	SEN	00:00:00:00
943	Joaquim Cerqueira	RUNTEJO	SUB-23	00:00:00:00
942	Filipe Rebelo	RUNTEJO	SEN	00:00:00:00
940	António Boné	RUNTEJO	SEN	00:00:00:00
937	Miguel Pinto	RUNTEJO	SEN	00:00:00:00
934	José Carvalho	RUNTEJO	SEN	00:00:00:00
933	Nuno Carraça	RUNTEJO	SEN	00:00:00:00
931	Joaquim Gomes	RUNTEJO	SEN	00:00:00:00
928	Joel Pena	RUNTEJO	VET	00:00:00:00
927	Carlos Tiago	RUNTEJO	VET	00:00:00:00
925	Tiago Gouveia	RUNTEJO	VET	00:00:00:00
923	Jorge Nunes	RUNTEJO	VET	00:00:00:00
921	Luís Santos	RUNTEJO	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
905	Vasco Ferreira	RUNFORCE	SEN	00:00:00:00
897	Ricardo Santos	RDA	SUB-23	00:00:00:00
894	Luís Oliveira	RDA	SUB-23	00:00:00:00
893	Simão Bastos	RDA	SUB-23	00:00:00:00
889	João Almeida	RDA	SEN	00:00:00:00
881	Alberto Fonte	RDA	VET	00:00:00:00
876	Pedro Bessa	PCC	SEN	00:00:00:00
163	Carlos Costa	ARC-EAC	SEN	00:00:00:00
176	Jorge Valente	ARVOR	SEN	00:00:00:00
547	Rúben Almeida	CSJSC	SEN	00:00:00:00
548	Pedro Magalhães	CSJSC	SEN	00:00:00:00
714	João Arraes	GRECAS	VET	00:00:00:00
716	Juan Oliveira	GRECAS	VET	00:00:00:00
708	Pedro Marcelino	GRECAS	VET	00:00:00:00
206	Nuno Alves	CAF-SCF	SUB-23	00:00:00:00
1010	Rui Pinto	SCP	SEN	00:00:00:00
1005	Rui Teixeira	SCP	VET	00:00:00:00
1019	Nuno Pereira	SCP	SUB-23	00:00:00:00
1013	Miguel Borges	SCP	SEN	00:00:00:00
1004	Licínio Pimentel	SCP	VET	00:00:00:00
1025	João P Pereira	SCP	SEN	00:00:00:00
1011	Fernando Serrão	SCP	SEN	00:00:00:00
96	Telmo Cardoso	ADL-P	VET	00:00:00:00
137	Ricardo Pereira	AJS	SEN	00:00:00:00
765	Sérgio Sousa	LAVRA	VET	00:00:00:00
915	André Moreira	RUNRIVER	SEN	00:00:00:00
1067	Mário Teixeira	SCS	VET	00:00:00:00
1062	Rui Taborda	SCS	VET	00:00:00:00
1078	Bernardo Rocha	SCS	SUB-23	00:00:00:00
1074	João Carvalho	SCS	SEN	00:00:00:00
606	Marco Reis	GAUB	SEN	00:00:00:00
587	Jorge Santos	FCPF	VET	00:00:00:00
580	Mark Macedo	FCPF	VET	00:00:00:00
578	Joaquim Silveiras	FCPF	VET	00:00:00:00
583	Joaquim Pinheiro	FCPF	VET	00:00:00:00
582	Carlos Ferreira	FCPF	VET	00:00:00:00
584	Vítor Cruz	FCPF	VET	00:00:00:00
581	Leonel Ferreira	FCPF	VET	00:00:00:00
579	Manuel Bessa	FCPF	VET	00:00:00:00
585	António Teixeira	FCPF	VET	00:00:00:00
586	Tiago Pereira	FCPF	VET	00:00:00:00
595	Ricardo Moreira	FCPF	SEN	00:00:00:00
594	Carlos Silva	FCPF	SEN	00:00:00:00
591	Fábio Barbosa	FCPF	SEN	00:00:00:00
352	Abdeslam Bouasria	CBF	SEN	00:00:00:00
354	João Fernandes	CBF	SEN	00:00:00:00
358	João Pedro Pinto	CBF	SUB-23	00:00:00:00
656	Daniel Machado	GDD	VET	00:00:00:00
653	Ernesto Zambujo	GDD	VET	00:00:00:00
657	Mário Grilo	GDD	SEN	00:00:00:00
660	Francisco Laranjeira	GDD	SEN	00:00:00:00
55	João Paulo Ferreira	ACRS	VET	00:00:00:00
57	Tiago Marques	ACRS	VET	00:00:00:00
58	Marco Marques	ACRS	VET	00:00:00:00
60	António Silva	ACRS	SEN	00:00:00:00
62	Diogo Fernandes	ACRS	SEN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
1081	Grabiél Murillo	SCS	VET	00:00:00:00
1073	António Moura	SCS	SEN	00:00:00:00
912	Eduardo Brandão	RUNRIVER	VET	00:00:00:00

Federados : 444



FEDERAÇÃO
PORTUGUESA
ATLETISMO



ANOS
1921 - 2021



Listagem de Atletas inscritos

Campeonatos Nacionais de Corta-mato Longo

8KM - Sub-23; Seniores; Vet 35, 40 e 45 | SUB-23 a VET - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
838	Maria José Lopes	NBA	VET	00:00:00:00
836	Mónica Rodrigues	NBA	VET	00:00:00:00
842	Maria Pinto	NBA	VET	00:00:00:00
844	Carina Alves	NBA	SEN	00:00:00:00
848	Sara Machado	NBA	SEN	00:00:00:00
845	Sónia Sousa	NBA	SEN	00:00:00:00
149	Helena Miranda	AMA-P	VET	00:00:00:00
773	Tânia Fernandes	LSC	VET	00:00:00:00
524	Ana Eustáquio	CPTSC	VET	00:00:00:00
454	Diana Pereira	CDSSC	SEN	00:00:00:00
453	Sónia Ferreira	CDSSC	SEN	00:00:00:00
451	Mónica F Silva	CDSSC	SUB-23	00:00:00:00
449	Diana Sousa	CDSSC	SEN	00:00:00:00
448	Sara Carvalho	CDSSC	SEN	00:00:00:00
442	Laura Silva	CDSSC	VET	00:00:00:00
439	Mónica Silva	CDSSC	VET	00:00:00:00
392	Neide Dias	CDFE	SEN	00:00:00:00
386	Mafalda Oliveira	CDFE	SEN	00:00:00:00
385	Susana Godinho	CDFE	SEN	00:00:00:00
377	Graça Beleza	CDFE	VET	00:00:00:00
376	Sónia Beleza	CDFE	VET	00:00:00:00
375	Dora Sá	CDFE	VET	00:00:00:00
364	Joseline Santos	CBTV	VET	00:00:00:00
362	Elisabete Gomes	CBTV	VET	00:00:00:00
349	Adriana Silva	CBAM	SEN	00:00:00:00
348	Sónia Ferreira	CBAM	VET	00:00:00:00
345	Ana Pauleta	CBAM	VET	00:00:00:00
344	Vera Tolêdo	CBAM	VET	00:00:00:00
324	Mihaela Iordan	CBA-S	SEN	00:00:00:00
319	Ana Reis	CBA-S	SEN	00:00:00:00
315	Joana Garcia	CBA-S	VET	00:00:00:00
312	Patrícia Lopes	CBA-S	VET	00:00:00:00
308	Vera Martins	CBA-S	VET	00:00:00:00
307	Patrícia Catroga	CBA-S	VET	00:00:00:00
305	Paula Varelas	CBA-S	VET	00:00:00:00
304	Fátima Pires	CBA-S	VET	00:00:00:00
303	Cristina Pedro	CBA-S	VET	00:00:00:00
302	Filipa Lopes	CBA-S	VET	00:00:00:00
297	Maria Alice Silva	CBA-S	VET	00:00:00:00
295	Flora Carrilho	CBA-S	VET	00:00:00:00
242	Marisa João	CAO	VET	00:00:00:00
240	Fátima Aleixo	CAO	VET	00:00:00:00
138	Joana Soares	AJS	SEN	00:00:00:00
125	Marla Carvalho	ADPALM	VET	00:00:00:00
124	Catarina Palma	ADPALM	VET	00:00:00:00
27	Adelaide Almeida	ACA	VET	00:00:00:00
18	Altea Oricchio	AAC	SUB-23	00:00:00:00
1121	Ana Macedo	UAP	VET	00:00:00:00
99	Sara Monteiro	ADNO	SUB-23	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
314	Ana Casimiro	CBA-S	VET	00:00:00:00
379	Margarida Dionísio	CDFE	SEN	00:00:00:00
378	Andreia Cunha	CDFE	VET	00:00:00:00
380	Solange Jesus	CDFE	SEN	00:00:00:00
120	Patrícia Xavier	ADPALM	VET	00:00:00:00
1161	Maria José Pinto	UFCT	VET	00:00:00:00
1167	Ana Ribeiro	UFCT	SEN	00:00:00:00
1170	Ana Catarina Carrelo	UFCT	SEN	00:00:00:00
1165	Joana Esperanço	UFCT	SEN	00:00:00:00
31	Paula Costa	ACDAV	VET	00:00:00:00
758	Lília Martins	JV	SEN	00:00:00:00
761	Cátia Pereira	JV	SUB-23	00:00:00:00
755	Daria Melnyk	JV	SUB-23	00:00:00:00
756	Sofia Duarte	JV	SUB-23	00:00:00:00
712	Suzete Marco	GRECAS	VET	00:00:00:00
715	Ana Estrela	GRECAS	VET	00:00:00:00
1008	Ana Mafalda Ferreira	SCP	SEN	00:00:00:00
1022	Lia Lemos	SCP	SUB-23	00:00:00:00
1023	Laura Taborda	SCP	SUB-23	00:00:00:00
1006	Jéssica Augusto	SCP	VET	00:00:00:00
1009	Catarina Ribeiro	SCP	SEN	00:00:00:00
914	Cláudia Cruz	RUNRIVER	SEN	00:00:00:00
766	Susana Vilela	LAVRA	VET	00:00:00:00
1064	Elisabete Pereira	SCS	VET	00:00:00:00
588	Inês Moreira	FCPF	VET	00:00:00:00
589	Patrícia Ferreira	FCPF	VET	00:00:00:00
593	Rita Crespo	FCPF	SEN	00:00:00:00
577	Helena Gomes	FCPF	VET	00:00:00:00
592	Marina Teles	FCPF	SEN	00:00:00:00
596	Anabela Aguiar	FCPF	SEN	00:00:00:00
590	Bebiana Gomes	FCPF	SEN	00:00:00:00
654	Guilhermina Rebola	GDD	VET	00:00:00:00
655	Anjos Moreira	GDD	VET	00:00:00:00
54	Vanda Ribeiro	ACRSD	VET	00:00:00:00
59	Tânia Cruz	ACRSD	VET	00:00:00:00
56	Sabina Neca	ACRSD	VET	00:00:00:00
61	Carolina Escada	ACRSD	SUB-23	00:00:00:00
1080	Sarah Espinoza	SCS	VET	00:00:00:00
1085	Dulce Félix	SLB	VET	00:00:00:00
357	Rita Coelho	CBF	SUB-23	00:00:00:00
608	Daniela Cordeiro	GAUB	SEN	00:00:00:00
605	Patrícia Carreira	GAUB	SEN	00:00:00:00
734	Joana Durão	JIV	SEN	00:00:00:00
270	Mafalda Moniz	CASINTRA	VET	00:00:00:00
77	Elisabete Barbosa	ADCCJC	VET	00:00:00:00
83	Maria Nunes	ADCCJC	VET	00:00:00:00
80	Marta Sousa	ADCCJC	VET	00:00:00:00
78	Manuela Rodrigues	ADCCJC	VET	00:00:00:00
87	Filipa Martins	ADCCJC	SUB-23	00:00:00:00
39	Celeste Oliveira	ACDCVC	SEN	00:00:00:00
519	Catarina Carmo	CPPEA	SUB-23	00:00:00:00
521	Mariana Santos	CPPEA	SUB-23	00:00:00:00
728	Marisa Vieira	IND	VET	00:00:00:00
549	Ana Oliveira	CSJSC	SUB-23	00:00:00:00
700	Ana Almeida	GRE-AA	SEN	00:00:00:00
703	Susana Meireles	GRE-AA	SEN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
702	Francisca Cantante	GRE-AA	SUB-23	00:00:00:00
705	Eva Fernandes	GRE-AA	SUB-23	00:00:00:00
704	Margarida Raimundo	GRE-AA	SUB-23	00:00:00:00
1116	Anabela Santos	SSTSJM	VET	00:00:00:00
534	Diane Valentim	CRAL	VET	00:00:00:00
869	Marisa Costa	OCL	VET	00:00:00:00
569	Ana Silva	EAT	SEN	00:00:00:00
571	Ana Cruz	EAT	SUB-23	00:00:00:00
568	Daniela Gregório	EAT	SEN	00:00:00:00
572	Alice Oliveira	EAT	SUB-23	00:00:00:00
203	Inês Mendes	CAF-SCF	VET	00:00:00:00
1132	Elisabete Sousa	UDV	VET	00:00:00:00
1127	Estela Melo	UDV	VET	00:00:00:00
770	Tânia Silva	LFC-F	SEN	00:00:00:00
1213	Soraia Tavares	CBF	SUB-23	00:00:00:00
1069	Rafaela Fonseca	SCS	VET	00:00:00:00
1063	Marisa Barros	SCS	VET	00:00:00:00
1060	Raquel Vasconcelos	SCS	VET	00:00:00:00
1054	Rejane Pontes	SCS	VET	00:00:00:00
1007	Sara Moreira	SCP	VET	00:00:00:00
994	Rute Silva	SCE	SEN	00:00:00:00
991	Cristiana Santos	SCE	SEN	00:00:00:00
987	Carla Sousa	SCE	VET	00:00:00:00
970	Ana Marta Pinto	SCBM	SEN	00:00:00:00
968	Mariana Machado	SCB	SUB-23	00:00:00:00
965	Sara Duarte	SCB	SUB-23	00:00:00:00
953	Susana Francisco	SCB	SEN	00:00:00:00
950	Vanessa Carvalho	SCB	SEN	00:00:00:00
944	Bárbara Neiva	RUNTEJO	SUB-23	00:00:00:00
941	Sara Lobo	RUNTEJO	SEN	00:00:00:00
938	Bárbara Rita Abreu	RUNTEJO	SEN	00:00:00:00
936	Telma Sofia Silva	RUNTEJO	SEN	00:00:00:00
935	Sara Mendes	RUNTEJO	SEN	00:00:00:00
932	Cristiana Monteiro	RUNTEJO	SEN	00:00:00:00
930	Elisabete Macedo	RUNTEJO	VET	00:00:00:00
929	Rita Rosa	RUNTEJO	VET	00:00:00:00
926	Anabela Delgado	RUNTEJO	VET	00:00:00:00
922	Rosa Marques	RUNTEJO	VET	00:00:00:00
891	Joana Ferreira	RDA	SEN	00:00:00:00
885	Susana Cunha	RDA	SEN	00:00:00:00
884	Joana Nunes	RDA	VET	00:00:00:00
883	Andreia Santos	RDA	VET	00:00:00:00
882	Carla Martinho	RDA	VET	00:00:00:00
819	Sandra Silva	NAC	VET	00:00:00:00
816	Dulce Bastos	NAC	VET	00:00:00:00
814	Regina Gilvaz	NAC	VET	00:00:00:00
752	Juliana Almeida	JOBRA	SEN	00:00:00:00
750	Sara Correia	JOBRA	SEN	00:00:00:00
749	Liliana Pereira	JOBRA	SEN	00:00:00:00
748	Esmeralda Soares	JOBRA	VET	00:00:00:00
746	Ana Pereira	JOBRA	VET	00:00:00:00
743	Ana Aleixo	JOBRA	VET	00:00:00:00
741	Arlete Santos	JOBRA	VET	00:00:00:00
733	Sandra Pinto	JAM	VET	00:00:00:00
667	Daniela Sousa	GDE	SEN	00:00:00:00
666	Sara Rodrigues	GDE	SEN	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
665	Camila João	GDE	SEN	00:00:00:00
664	Luísa Freitas	GDE	VET	00:00:00:00

Federados : 163



FEDERAÇÃO
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ATLETISMO

100 ANOS
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Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Longo
5KM - Vet 50+ | VET - M

Federados

Dorsal	Nome	Clube	Escalão	Marca
827	Virgílio Gomes	NAZA	VET	00:00:00:00
821	Joaquim Neiva	NAZA	VET	00:00:00:00
822	Paulino Pacheco	NAZA	VET	00:00:00:00
828	José Jarmela	NAZA	VET	00:00:00:00
823	Herculano Domingues	NAZA	VET	00:00:00:00
824	Paulo Rola	NAZA	VET	00:00:00:00
825	João Santos	NAZA	VET	00:00:00:00
906	Serafim Ferreira	RUNRIVER	VET	00:00:00:00
725	José Fernandes	IND	VET	00:00:00:00
652	Armando De Lacerda	GDD	VET	00:00:00:00
48	Mário Silva	ACRSD	VET	00:00:00:00
49	Pedro Martins	ACRSD	VET	00:00:00:00
52	Augusto Cardoso	ACRSD	VET	00:00:00:00
51	Rui Alves	ACRSD	VET	00:00:00:00
53	Vítor Salvador	ACRSD	VET	00:00:00:00
1185	Luís Calha	VFC	VET	00:00:00:00
723	António Ferreira	IDV	VET	00:00:00:00
722	Licínio Pereira	IDV	VET	00:00:00:00
282	José Lindo	CAVF	VET	00:00:00:00
281	Vítor Amado	CAVF	VET	00:00:00:00
284	Aires Pratas	CAVF	VET	00:00:00:00
283	António Camacho	CAVF	VET	00:00:00:00
368	Rui Grazina	CCDS	VET	00:00:00:00
337	José Piçarra	CBAM	VET	00:00:00:00
863	Jorge Luz	NPCAD	VET	00:00:00:00
258	João Marques	CAS	VET	00:00:00:00
261	Cesário Simões	CAS	VET	00:00:00:00
260	Luís Bidarra	CAS	VET	00:00:00:00
259	Luís Filipe Rosa	CAS	VET	00:00:00:00
402	Paulo Silva	CDP	VET	00:00:00:00
268	Francisco Laneta	CASINTRA	VET	00:00:00:00
76	Armindo Rodrigues	ADCCJC	VET	00:00:00:00
677	Luís Nogueira	GDSPO	VET	00:00:00:00
678	Valdemar Alves	GDSPO	VET	00:00:00:00
679	Manuel Valente	GDSPO	VET	00:00:00:00
680	Jorge Silva	GDSPO	VET	00:00:00:00
482	Américo Pereira	CFOD	VET	00:00:00:00
478	António Nascimento	CFOD	VET	00:00:00:00
477	Domingos Pinto	CFOD	VET	00:00:00:00
476	Anselmo Moreira	CFOD	VET	00:00:00:00
479	Francisco Carvalho	CFOD	VET	00:00:00:00
154	Manuel V Ferreira	ARAC	VET	00:00:00:00
209	Domingos Barros	CAM-VC	VET	00:00:00:00
45	José Silva	ACRDE	VET	00:00:00:00
44	Germano Santos	ACRDE	VET	00:00:00:00
46	Paulo San Tos	ACRDE	VET	00:00:00:00
1119	Filipe Conceição	TOTAD	VET	00:00:00:00
178	Narciso Oliveira	ATC	VET	00:00:00:00
812	Manuel Paiva	NAC	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
1118	Pedro Terra	SSTSJM	VET	00:00:00:00
531	Orlando Sebastião	CRAL	VET	00:00:00:00
532	Antonio Afonso	CRAL	VET	00:00:00:00
530	Agostinho Silva	CRAL	VET	00:00:00:00
867	António Silva	OCL	VET	00:00:00:00
866	Jorge Santos	OCL	VET	00:00:00:00
1186	Silvestre Gomes	VFC	VET	00:00:00:00
1192	Artur Santiago	VFC	VET	00:00:00:00
1123	Fernando Oliveira	UDV	VET	00:00:00:00
1124	Joaquim Rocha	UDV	VET	00:00:00:00
1125	António Costa	UDV	VET	00:00:00:00
835	Flávio Fernandes	NBA	VET	00:00:00:00
834	Joaquim Teixeira	NBA	VET	00:00:00:00
142	Osório Pinto	AMA-P	VET	00:00:00:00
493	Jorge Loureiro	CLUVE	VET	00:00:00:00
496	António Dos Santos	CLX	VET	00:00:00:00
495	Carlos Moreira	CLX	VET	00:00:00:00
1111	Josué Fernandes	SSTSJM	VET	00:00:00:00
1057	Jose Moreira	SCS	VET	00:00:00:00
1053	Paulo Freitas Jorge	SCS	VET	00:00:00:00
1052	Joaquim Alves	SCS	VET	00:00:00:00
1051	Paulo Amorim	SCS	VET	00:00:00:00
1049	Agostinho Proença	SCS	VET	00:00:00:00
1048	Amândio Silva	SCS	VET	00:00:00:00
1047	Adérito Alves	SCS	VET	00:00:00:00
1046	Arnaldo Pinto	SCS	VET	00:00:00:00
983	Paulo Reis	SCE	VET	00:00:00:00
981	Francelino Resende	SCE	VET	00:00:00:00
979	Augusto Aluai	SCE	VET	00:00:00:00
978	Paulo Moreira	SCE	VET	00:00:00:00
977	Paulo Oliveira	SCE	VET	00:00:00:00
975	José Joaquim Pereira	SCE	VET	00:00:00:00
974	Augusto Castro	SCE	VET	00:00:00:00
973	Augusto Rachão	SCE	VET	00:00:00:00
972	Norberto Oliveira	SCE	VET	00:00:00:00
971	Manuel Rodrigues	SCE	VET	00:00:00:00
924	Elias Fortes	RUNTEJO	VET	00:00:00:00
920	Carlos Freitas	RUNTEJO	VET	00:00:00:00
918	Paulo Arrenega	RUNTEJO	VET	00:00:00:00
917	Carlos Cristão	RUNTEJO	VET	00:00:00:00
880	Paulo Ferreira	RDA	VET	00:00:00:00
879	José Matos	RDA	VET	00:00:00:00
871	António Santos	PCC	VET	00:00:00:00
862	Fernando Rocha	NPCAD	VET	00:00:00:00
860	Adão Dias	NPCAD	VET	00:00:00:00
830	José Nunes	NAZA	VET	00:00:00:00
813	Ricardo Carvalho	NAC	VET	00:00:00:00
811	Agostinho Costa	NAC	VET	00:00:00:00
804	Virgílio Figueiredo	MCVC	VET	00:00:00:00
803	Jacinto Correia	MCVC	VET	00:00:00:00
802	José Caetano	MCVC	VET	00:00:00:00
801	Isaías Peralta	MCVC	VET	00:00:00:00
782	Carlos Dias	MAC	VET	00:00:00:00
781	João Manuel Casal	MAC	VET	00:00:00:00
739	João Neves	JOBRA	VET	00:00:00:00
738	Eusébio Lopes	JOBRA	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
737	Luís Magalhães	JOBRA	VET	00:00:00:00
736	Manuel Azevedo	JOBRA	VET	00:00:00:00
735	Francisco Soares	JOBRA	VET	00:00:00:00
730	Vicente Pinto	JAM	VET	00:00:00:00
726	Fernando Almeida	IND	VET	00:00:00:00
691	Ricardo Saraiva	GRE-AA	VET	00:00:00:00
662	Alexandre Monteiro	GDE	VET	00:00:00:00
641	Manuel Urbano	GDCG	VET	00:00:00:00
639	António Fernandes	GDCG	VET	00:00:00:00
638	José Tavares	GDCG	VET	00:00:00:00
637	António Santos	GDCG	VET	00:00:00:00
636	Manuel F Ferreira	GDCG	VET	00:00:00:00
635	David Fernandes	GDCG	VET	00:00:00:00
627	Nicolau Santos	GDCCP	VET	00:00:00:00
622	Albano Braga	GDCC	VET	00:00:00:00
601	José Gonçalves	GAUB	VET	00:00:00:00
600	Virgílio Alberto	GAUB	VET	00:00:00:00
541	Renato Silva	CSJSC	VET	00:00:00:00
523	Benjamim Soares	CPTBC	VET	00:00:00:00
510	Pedro Pessoa	CPPEA	VET	00:00:00:00
500	António Horta	CPARM	VET	00:00:00:00
494	Afonso Macedo	CLUVE	VET	00:00:00:00
460	Avelino Soares	CFB	VET	00:00:00:00
459	Jorge Paulo Morgado	CFB	VET	00:00:00:00
458	Carlos Crespo	CFB	VET	00:00:00:00
456	Bernardino Pereira	CFB	VET	00:00:00:00
427	Zeferino Neto	CDSSC	VET	00:00:00:00
426	Gil Ferreira	CDSSC	VET	00:00:00:00
425	Manuel Gomes	CDSSC	VET	00:00:00:00
424	Joaquim Figueiredo	CDSSC	VET	00:00:00:00
423	José Moreira	CDSSC	VET	00:00:00:00
422	Mário Contreiras	CDSSC	VET	00:00:00:00
421	Ulisses Lopes	CDSSC	VET	00:00:00:00
420	Abílio Costa	CDSSC	VET	00:00:00:00
418	Joaquim Lopes	CDSSC	VET	00:00:00:00
417	Belmiro Rodrigues	CDSSC	VET	00:00:00:00
416	Manuel Alves	CDSSC	VET	00:00:00:00
415	Augusto Pereira	CDSSC	VET	00:00:00:00
414	Joaquim Pereira	CDSSC	VET	00:00:00:00
363	Francisco Pedro	CBTV	VET	00:00:00:00
361	Luis Rebelo	CBTV	VET	00:00:00:00
360	Rui Merujo	CBTV	VET	00:00:00:00
359	Albertino Pinto	CBTV	VET	00:00:00:00
341	Carlos Costa	CBAM	VET	00:00:00:00
340	Vítor Silva	CBAM	VET	00:00:00:00
339	Adalberto Grilo	CBAM	VET	00:00:00:00
338	José Inocêncio	CBAM	VET	00:00:00:00
336	Joaquim Cruz	CBAM	VET	00:00:00:00
335	Agostinho Cristino	CBAM	VET	00:00:00:00
334	Jorge Jesus	CBAM	VET	00:00:00:00
333	Marcos Leonardo	CBAM	VET	00:00:00:00
332	Américo Rodrigues	CBAM	VET	00:00:00:00
331	João Soares	CBAM	VET	00:00:00:00
330	Albino Neiva	CBAM	VET	00:00:00:00
329	Jorge Santos	CBAM	VET	00:00:00:00
328	José Fernandes	CBAM	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
327	José Alves	CBAM	VET	00:00:00:00
326	Carlos Duarte	CBAM	VET	00:00:00:00
296	Paulo Baptista	CBA-S	VET	00:00:00:00
293	Jorge Correia	CBA-S	VET	00:00:00:00
292	Nuno Gomes	CBA-S	VET	00:00:00:00
290	Renato Marques	CBA-S	VET	00:00:00:00
289	Nuno Marques	CBA-S	VET	00:00:00:00
288	Adelino Oliveira	CBA-S	VET	00:00:00:00
238	Pedro Leal	CAO	VET	00:00:00:00
236	António Castro	CAO	VET	00:00:00:00
235	Arlindo Silva	CAO	VET	00:00:00:00
234	Jorge Araújo	CAO	VET	00:00:00:00
220	Carlos Carneiro	CAMC	VET	00:00:00:00
189	Jose Correia	CAAV	VET	00:00:00:00
188	Joaquim Sá	CAAV	VET	00:00:00:00
182	Vítor Oliveira	ATLB	VET	00:00:00:00
181	Joaquim Martins	ATLB	VET	00:00:00:00
180	Joaquim Godinho	ATLB	VET	00:00:00:00
128	António Patrício	ADR4E	VET	00:00:00:00
119	Nuno Silva	ADPALM	VET	00:00:00:00
117	Francisco Goncalves	ADPALM	VET	00:00:00:00
116	Álvaro Oliveira	ADPALM	VET	00:00:00:00
115	Jorge Alves	ADPALM	VET	00:00:00:00
114	Luis Neiva	ADPALM	VET	00:00:00:00
112	Américo Pereira	ADPALM	VET	00:00:00:00
111	José Duarte	ADPALM	VET	00:00:00:00
110	Jaime Silva	ADPALM	VET	00:00:00:00
109	Joaquim Costa	ADPALM	VET	00:00:00:00
97	Paulo Dias	ADNO	VET	00:00:00:00
72	Filipe Tomas	ACSM-L	VET	00:00:00:00
64	Ali Ait Ouanakhar	ACRSD	VET	00:00:00:00
25	Aurélio Costa	ACA	VET	00:00:00:00
23	Francisco Mateus	ACA	VET	00:00:00:00
1193	Alexandre Ferreira	VIZELA	VET	00:00:00:00
179	Manuel Lino	ATLB	VET	00:00:00:00
325	José Silvério	CBAM	VET	00:00:00:00
131	Fernando Santos	AFIS	VET	00:00:00:00
1120	Carlos Machado	TOTAD	VET	00:00:00:00
1158	Juvenal Silva	UFCT	VET	00:00:00:00
1156	Jorge Lercas	UFCT	VET	00:00:00:00
1154	Manuel Martins	UFCT	VET	00:00:00:00
1152	José Aleixo	UFCT	VET	00:00:00:00
1151	António Serafim	UFCT	VET	00:00:00:00
1155	Alberto Graça	UFCT	VET	00:00:00:00
1157	Luís Manuel Rodrigo	UFCT	VET	00:00:00:00
287	José Durão	CBA-S	VET	00:00:00:00
286	Vítor Marques	CBA-S	VET	00:00:00:00
285	Carlos Alfaiate	CBA-S	VET	00:00:00:00
13	Rui Guerreiro	AABV	VET	00:00:00:00
11	Alain Guesdon	AABV	VET	00:00:00:00
37	Vítor Sá	ACDCVC	VET	00:00:00:00
156	Adérito Fontes	ARC-EAC	VET	00:00:00:00
764	Orlando Neves	LAVRA	VET	00:00:00:00
574	José Vieira	FCPF	VET	00:00:00:00
1050	Albino Correia	SCS	VET	00:00:00:00
575	Orlando Valente	FCPF	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
907	Fernando Ribeiro	RUNRIVER	VET	00:00:00:00
462	Jorge De Matos	CFB	VET	00:00:00:00
544	Manuel Silva	CSJSC	VET	00:00:00:00
542	António Conceição	CSJSC	VET	00:00:00:00
543	Artur Valente	CSJSC	VET	00:00:00:00
706	Amândio Brites	GRECAS	VET	00:00:00:00
711	José Rocha	GRECAS	VET	00:00:00:00
713	Paulo Briga	GRECAS	VET	00:00:00:00
710	Paulo António	GRECAS	VET	00:00:00:00
50	Joaquim Corte	ACRSD	VET	00:00:00:00
826	João Ginja	NAZA	VET	00:00:00:00
829	Francisco Silveira	NAZA	VET	00:00:00:00

Federados : 229



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Listagem de Atletas inscritos
Campeonatos Nacionais de Corta-mato Longo
5KM - Vet 50+ | VET - F

Federados

Dorsal	Nome	Clube	Escalão	Marca
533	Maria Carrega	CRAL	VET	00:00:00:00
566	Deolinda Oliveira	EAT	VET	00:00:00:00
567	Júlia Sousa	EAT	VET	00:00:00:00
143	Maria Antónia Bessa	AMA-P	VET	00:00:00:00
731	Marinha Baptista	JAM	VET	00:00:00:00
732	Matilde Baptista	JAM	VET	00:00:00:00
1114	Natália Santos	SSTSJM	VET	00:00:00:00
1115	Susana Duarte	SSTSJM	VET	00:00:00:00
1113	Carolina Ribeiro	SSTSJM	VET	00:00:00:00
1112	Maria Fernandes	SSTSJM	VET	00:00:00:00
208	Florinda Fernandes	CAM-VC	VET	00:00:00:00
550	Rosa Oliveira	EAROS	VET	00:00:00:00
481	Ana Pereira	CFOD	VET	00:00:00:00
480	Alice Couto	CFOD	VET	00:00:00:00
74	Adélia Tavares	ADCCJC	VET	00:00:00:00
461	Beatriz Fernandes	CFB	VET	00:00:00:00
401	Fátima Silva	CDP	VET	00:00:00:00
47	Helena Mourão	ACRS	VET	00:00:00:00
457	Elsa Bruxelas	CFB	VET	00:00:00:00
707	Isabel Parracho	GRECAS	VET	00:00:00:00
709	Rosa Mendes	GRECAS	VET	00:00:00:00
540	Goretti Silva	CSJSC	VET	00:00:00:00
576	Júlia Conceição	FCPF	VET	00:00:00:00
12	Sandra Bailote	AABV	VET	00:00:00:00
1153	Carolina Feliz	UFCT	VET	00:00:00:00
16	Deolinda Lopes	AABV	VET	00:00:00:00
24	Helena Santos	ACA	VET	00:00:00:00
26	Maria Polónia	ACA	VET	00:00:00:00
113	Elsa Oliveira	ADPALM	VET	00:00:00:00
118	Carla Conceição	ADPALM	VET	00:00:00:00
237	Matilde Leal	CAO	VET	00:00:00:00
291	Paula Gomes	CBA-S	VET	00:00:00:00
294	Teresa Mendes	CBA-S	VET	00:00:00:00
306	Fernanda Varelas	CBA-S	VET	00:00:00:00
342	Rosa Dias	CBAM	VET	00:00:00:00
343	Cristina Carvalho	CBAM	VET	00:00:00:00
419	Hermínia Pereira	CDSSC	VET	00:00:00:00
463	Anabela Ferreira	CFB	VET	00:00:00:00
469	Sílvia Sobreira	CFB	VET	00:00:00:00
470	Paula Guedes	CFB	VET	00:00:00:00
602	Anabela Fernandes	GAUB	VET	00:00:00:00
603	Isabel Pereira	GAUB	VET	00:00:00:00
663	Luisa Monteiro	GDE	VET	00:00:00:00
690	Lídia Pereira	GRE-AA	VET	00:00:00:00
724	Rita Dwyer	IND	VET	00:00:00:00
727	Manuela Faria	IND	VET	00:00:00:00
861	Rosa Pinto	NPCAD	VET	00:00:00:00
919	Alexandra Portela	RUNTEJO	VET	00:00:00:00
976	Margarida Machado	SCE	VET	00:00:00:00



Dorsal	Nome	Clube	Escalão	Marca
980	Sónia Marques	SCE	VET	00:00:00:00

Federados : 50



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