

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 17:00 | 21,2°C | 26% |
| End | 18:24 | 20,4°C | 30% |

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|---------------------|----------|--------|--------|-------|------|
| 1 | 584 | Luís Saraiva | SCB | 30:30 | | 03:03 | |
| 2 | 589 | Francisco Rodrigues | SCB | 30:31 | +00:01 | 03:03 | |
| 3 | 298 | Filipe Vitorino | CNRM | 30:35 | +00:05 | 03:03 | |
| 4 | 603 | Licínio Pimentel | SCP | 30:37 | +00:07 | 03:04 | |
| 5 | 24 | Fábio Oliveira | ACDSJS | 30:38 | +00:08 | 03:04 | |
| 6 | 604 | Rui Pedro Silva | SCP | 30:46 | +00:16 | 03:05 | |
| 7 | 605 | Rui Teixeira | SCP | 30:50 | +00:20 | 03:05 | |
| 8 | 464 | Paulo Barbosa | MAC | 30:57 | +00:27 | 03:06 | |
| 9 | 132 | Hermano Ferreira | ARC-EAC | 31:00 | +00:30 | 03:06 | |
| 10 | 38 | Simão Bastos | ACPV | 31:06 | +00:36 | 03:07 | |
| 11 | 299 | Bruno Batista | CNRM | 31:07 | +00:37 | 03:07 | |
| 12 | 614 | Fernando Serrão | SCP | 31:15 | +00:45 | 03:08 | |
| 13 | 615 | Miguel Marques | SCP | 31:19 | +00:49 | 03:08 | |
| 14 | 412 | Vítor Oliveira | GDCG | 31:24 | +00:54 | 03:08 | |
| 15 | 611 | António Silva | SCP | 31:34 | +01:04 | 03:09 | |
| 16 | 588 | Davide Silva | SCB | 31:43 | +01:13 | 03:10 | |
| 17 | 244 | Carlos Costa | CDSSC | 32:00 | +01:30 | 03:12 | |
| 18 | 455 | Bernardo Rocha | LSC | 32:09 | +01:39 | 03:13 | |
| 19 | 249 | Andralino Furtado | CDSSC | 32:11 | +01:41 | 03:13 | |
| 20 | 578 | Pedro Saldanha | RunTejo | 32:16 | +01:46 | 03:14 | |
| 21 | 586 | Paulo Rosário | SCB | 32:21 | +01:51 | 03:14 | |
| 22 | 243 | Carlos Miguel Silva | CDSSC | 32:34 | +02:04 | 03:15 | |
| 23 | 240 | Daniel Pinheiro | CDSSC | 32:41 | +02:11 | 03:16 | |
| 24 | 486 | João Paulo Fontão | NATAIPAS | 32:45 | +02:15 | 03:17 | |
| 25 | 461 | João Pedro Casal | MAC | 33:05 | +02:35 | 03:18 | |
| 26 | 144 | João Cruz | BAC | 33:11 | +02:41 | 03:19 | |
| 27 | 131 | Nelson Oliveira | ARC-EAC | 33:14 | +02:44 | 03:19 | |
| 28 | 590 | Tiago Freitas | SCB | 33:15 | +02:45 | 03:19 | |
| 29 | 201 | João Baiôa | CBRM | 33:20 | +02:50 | 03:20 | |
| 30 | 466 | Amado Martins | MAC | 33:22 | +02:52 | 03:20 | |
| 31 | 159 | Miguel Meira | CAOV | 33:22 | +02:53 | 03:20 | |
| 32 | 174 | João Pais | CAS | 33:23 | +02:53 | 03:20 | |
| 33 | 88 | Davide Figueiredo | AFR&F | 33:24 | +02:54 | 03:20 | |
| 34 | 527 | Fábio Simões | RDA | 33:27 | +02:57 | 03:21 | |
| 35 | 592 | Miguel Moreira | SCB | 33:27 | +02:57 | 03:21 | |
| 36 | 460 | Luís Mendes | MAC | 33:30 | +03:01 | 03:21 | |
| 37 | 237 | José Moreira | CDSSC | 33:37 | +03:07 | 03:22 | |
| 38 | 169 | Ricardo Figueiredo | CAS | 33:48 | +03:18 | 03:23 | |
| 39 | 405 | António Fernandes | GDCG | 33:59 | +03:29 | 03:24 | |
| 40 | 28 | Marco Melo | ACDSJS | 34:04 | +03:34 | 03:24 | |
| 41 | 409 | Artur Rodrigues | GDCG | 34:08 | +03:38 | 03:25 | |
| 42 | 560 | Carlos Tiago | RunTejo | 34:17 | +03:47 | 03:26 | |

PROVA PRINCIPAL - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|--------------------|----------|--------|--------|-------|------|
| 135 | 253 | Rudimar Moura | CFB | 37:45 | +07:15 | 03:47 | |
| 136 | 290 | Bruno Santiago | CFOD | 37:46 | +07:16 | 03:47 | |
| 137 | 33 | Daniel Monteiro | ACFR | 37:48 | +07:18 | 03:47 | |
| 138 | 480 | José Madeira | MVCV | 37:48 | +07:18 | 03:47 | |
| 139 | 127 | Adérito Fontes | ARC-EAC | 37:50 | +07:20 | 03:47 | |
| 140 | 573 | Miguel Pinto | RunTejo | 37:51 | +07:21 | 03:47 | |
| 141 | 607 | Jéssica Augusto | SCP | 37:51 | +07:21 | 03:47 | |
| 142 | 521 | Carla Martinho | RDA | 37:53 | +07:23 | 03:47 | |
| 143 | 515 | Ricardo Sousa | PCC | 37:53 | +07:23 | 03:47 | |
| 144 | 381 | Nuno Casalinho | GAC-L | 37:53 | +07:23 | 03:47 | |
| 145 | 184 | Jorge Correia | CBA-S | 37:54 | +07:24 | 03:47 | |
| 146 | 535 | Bruno Alen | Runriver | 37:54 | +07:24 | 03:47 | |
| 147 | 669 | Joaquim Pacheco | VTSC | 37:55 | +07:25 | 03:48 | |
| 148 | 197 | Diogo Silva | CBA-S | 38:00 | +07:30 | 03:48 | |
| 149 | 647 | Miguel Pinto | UDV | 38:03 | +07:33 | 03:48 | |
| 150 | 481 | Manuel Curral | MDLCORRE | 38:06 | +07:36 | 03:49 | |
| 151 | 417 | Bruno Pires | GDRJR | 38:11 | +07:41 | 03:49 | |
| 152 | 245 | Cristiano Ribeiro | CDSSC | 38:12 | +07:42 | 03:49 | |
| 153 | 494 | Jorge Neto | NBA | 38:12 | +07:42 | 03:49 | |
| 154 | 411 | António Cristóvão | GDCG | 38:12 | +07:42 | 03:49 | |
| 155 | 522 | Andreia Santos | RDA | 38:12 | +07:42 | 03:49 | |
| 156 | 369 | Joaquim Pinheiro | FCPF | 38:13 | +07:43 | 03:49 | |
| 157 | 506 | Jorge Luz | NPCAD | 38:16 | +07:46 | 03:50 | |
| 158 | 118 | Filipe Correia | ANE | 38:17 | +07:47 | 03:50 | |
| 159 | 357 | Eduardo Oliveira | ELCT | 38:19 | +07:49 | 03:50 | |
| 160 | 151 | Jose Correia | CAAV | 38:22 | +07:52 | 03:50 | |
| 161 | 416 | Diamantino Martins | GDRJR | 38:23 | +07:53 | 03:50 | |
| 162 | 355 | Luís Dantas | EDL | 38:24 | +07:54 | 03:50 | |
| 163 | 81 | Miguel Coelho | ADL-P | 38:25 | +07:55 | 03:50 | |
| 164 | 305 | Rodolfo Moreira | CPPEA | 38:25 | +07:55 | 03:51 | |
| 165 | 259 | João Carlos Gomes | CFB | 38:27 | +07:57 | 03:51 | |
| 166 | 193 | Nelson Marques | CBA-S | 38:27 | +07:57 | 03:51 | |
| 167 | 645 | Jorge Cunha | UDV | 38:29 | +07:59 | 03:51 | |
| 168 | 41 | Mário Silva | ACRSD | 38:33 | +08:03 | 03:51 | |
| 169 | 513 | João Monteiro | PCC | 38:34 | +08:04 | 03:51 | |
| 170 | 637 | Diana Sousa | SCS | 38:35 | +08:05 | 03:51 | |
| 171 | 128 | Vítor Gonçalves | ARC-EAC | 38:35 | +08:05 | 03:52 | |
| 172 | 564 | Nuno Rebelo | RunTejo | 38:35 | +08:05 | 03:52 | |
| 173 | 546 | Carlos Freitas | RunTejo | 38:35 | +08:05 | 03:52 | |
| 174 | 229 | Mário Contreiras | CDSSC | 38:39 | +08:09 | 03:52 | |
| 175 | 642 | Pedro Terra | SSTSJM | 38:41 | +08:11 | 03:52 | |
| 176 | 270 | Luís Brito | CFB | 38:44 | +08:14 | 03:52 | |
| 177 | 99 | Alexandre Martins | AGM | 38:47 | +08:17 | 03:53 | |
| 178 | 523 | Joana Nunes | RDA | 38:53 | +08:23 | 03:53 | |
| 179 | 65 | Patrício Castro | ACVSM | 38:54 | +08:24 | 03:53 | |
| 180 | 117 | Pedro Amigo | ANE | 38:55 | +08:25 | 03:54 | |

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10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|----------------------|----------|--------|--------|-------|------|
| 181 | 108 | João Veiga | ANE | 38:56 | +08:26 | 03:54 | |
| 182 | 25 | Mafalda Oliveira | ACDSJS | 38:56 | +08:26 | 03:54 | |
| 183 | 388 | Orlando Alves | GCB | 38:57 | +08:27 | 03:54 | |
| 184 | 140 | João Paulo Almeida | ATLB | 39:00 | +08:30 | 03:54 | |
| 185 | 59 | Pedro Ferreira | ACV | 39:02 | +08:32 | 03:54 | |
| 186 | 332 | Rafael Canaria | CUI | 39:04 | +08:34 | 03:54 | |
| 187 | 518 | Augusto Antunes | PRC | 39:04 | +08:34 | 03:54 | |
| 188 | 46 | João Paulo Ferreira | ACRSD | 39:06 | +08:36 | 03:55 | |
| 189 | 17 | Vítor Fonseca | ACA | 39:07 | +08:37 | 03:55 | |
| 190 | 204 | Fernando Oliveira | CCSJM | 39:10 | +08:40 | 03:55 | |
| 191 | 34 | António Coimbra | ACFR | 39:12 | +08:42 | 03:55 | |
| 192 | 20 | Orlando Neves | ACDSJS | 39:13 | +08:43 | 03:55 | |
| 193 | 180 | José Durão | CBA-S | 39:13 | +08:43 | 03:55 | |
| 194 | 45 | Augusto Cardoso | ACRSD | 39:15 | +08:45 | 03:55 | |
| 195 | 62 | Miguel Gonçalves | ACV | 39:18 | +08:48 | 03:56 | |
| 196 | 114 | Helder Carminé | ANE | 39:18 | +08:48 | 03:56 | |
| 197 | 90 | Agostinho Figueiredo | AFR&F | 39:20 | +08:50 | 03:56 | |
| 198 | 437 | José Santiago | ind | 39:22 | +08:52 | 03:56 | |
| 199 | 76 | Samuel Silva | ADCCJC | 39:24 | +08:54 | 03:56 | |
| 200 | 266 | Gustavo Santos | CFB | 39:26 | +08:56 | 03:57 | |
| 201 | 307 | Catarina Carmo | CPPEA | 39:26 | +08:56 | 03:57 | |
| 202 | 129 | Márcio Pereira | ARC-EAC | 39:28 | +08:58 | 03:57 | |
| 203 | 648 | Filipe Leite | UDV | 39:32 | +09:02 | 03:57 | |
| 204 | 78 | Manuel Costa | ADL-P | 39:33 | +09:03 | 03:57 | |
| 205 | 11 | Pedro Carneiro | AACR | 39:35 | +09:05 | 03:58 | |
| 206 | 306 | Leonardo Moreira | CPPEA | 39:36 | +09:06 | 03:58 | |
| 207 | 303 | Vítor Valverde | CPPEA | 39:37 | +09:07 | 03:58 | |
| 208 | 376 | Anabela Aguiar | FCPF | 39:43 | +09:13 | 03:58 | |
| 209 | 443 | António Reis | ind | 39:43 | +09:13 | 03:58 | |
| 210 | 100 | Erick Araújo | AGM | 39:44 | +09:14 | 03:58 | |
| 211 | 279 | Bruno Paixão | CFB | 39:45 | +09:15 | 03:59 | |
| 212 | 160 | Aurélio Rebelo | CAOV | 39:49 | +09:19 | 03:59 | |
| 213 | 353 | Filipe Lima | EDL | 39:50 | +09:20 | 03:59 | |
| 214 | 587 | Jéssica Pontes | SCB | 39:51 | +09:21 | 03:59 | |
| 215 | 469 | Pedro Santos | MACIEIRA | 39:53 | +09:23 | 03:59 | |
| 216 | 670 | João Jesus Silva | VTSC | 39:54 | +09:24 | 03:59 | |
| 217 | 141 | Vítor Oliveira | ATLB | 39:55 | +09:25 | 04:00 | |
| 218 | 22 | Susana Vilela | ACDSJS | 39:59 | +09:29 | 04:00 | |
| 219 | 633 | Paulo Oliveira | SCS | 40:04 | +09:34 | 04:00 | |
| 220 | 421 | Manuel Valente | GDSPO | 40:04 | +09:34 | 04:00 | |
| 221 | 579 | Kcénia Bougrova | RunTejo | 40:06 | +09:36 | 04:01 | |
| 222 | 569 | José Carvalho | RunTejo | 40:06 | +09:36 | 04:01 | |
| 223 | 158 | Miguel Brito | CAOV | 40:07 | +09:37 | 04:01 | |
| 224 | 337 | Ana Marinho | EAROS | 40:09 | +09:39 | 04:01 | |
| 225 | 198 | Guilherme Silva | CBA-S | 40:11 | +09:41 | 04:01 | |
| 226 | 403 | José Tavares | GDCG | 40:11 | +09:41 | 04:01 | |

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|-------------|------------|---------------------|-------------|---------------|-------------|-------------|-------------|
| 227 | 418 | Renato Correia | GDRJR | 40:14 | +09:44 | 04:01 | |
| 228 | 387 | Manuel Palmeiro | GCB | 40:16 | +09:46 | 04:02 | |
| 229 | 434 | Aléxis Rocha | IDV | 40:17 | +09:47 | 04:02 | |
| 230 | 36 | Luis Pimentel | ACM-A | 40:20 | +09:50 | 04:02 | |
| 231 | 241 | Laura Silva | CDSSC | 40:21 | +09:51 | 04:02 | |
| 232 | 319 | José Monteiro | CPTBC | 40:23 | +09:53 | 04:02 | |
| 233 | 234 | Sílvio Guimarães | CDSSC | 40:24 | +09:54 | 04:02 | |
| 234 | 214 | Cátia Galhardo | CDFE | 40:24 | +09:54 | 04:02 | |
| 235 | 289 | Jorge Lopes | CFOD | 40:27 | +09:57 | 04:03 | |
| 236 | 356 | Edivaldo Maciel | ELCT | 40:28 | +09:58 | 04:03 | |
| 237 | 86 | Fernando Figueiredo | AFR&F | 40:28 | +09:58 | 04:03 | |
| 238 | 396 | Nuno Freitas | GCB | 40:29 | +09:59 | 04:03 | |
| 239 | 167 | Cesário Simões | CAS | 40:30 | +10:00 | 04:03 | |
| 240 | 44 | Rui Alves | ACRSD | 40:31 | +10:01 | 04:03 | |
| 241 | 445 | Marisa Vieira | ind | 40:32 | +10:02 | 04:03 | |
| 242 | 508 | Pedro Teixeira | NPCAD | 40:32 | +10:02 | 04:03 | |
| 243 | 87 | Manuel Figueiredo | AFR&F | 40:40 | +10:10 | 04:04 | |
| 244 | 393 | Alírio Sebastião | GCB | 40:43 | +10:13 | 04:04 | |
| 245 | 668 | André Natário | VIZELA | 40:44 | +10:14 | 04:04 | |
| 246 | 555 | Tiago Gouveia | RunTejo | 40:46 | +10:16 | 04:05 | |
| 247 | 157 | Nuno Silva | CAOB-A | 40:55 | +10:25 | 04:05 | |
| 248 | 595 | Paulo Oliveira | SCE | 40:56 | +10:26 | 04:06 | |
| 249 | 63 | Licínio Carreira | ACV | 40:56 | +10:26 | 04:06 | |
| 250 | 424 | Manuel Belinha | GDSPPO | 41:03 | +10:33 | 04:06 | |
| 251 | 662 | Alexandre Ferreira | VIZELA | 41:04 | +10:34 | 04:06 | |
| 252 | 404 | Lino Ferreira | GDCCG | 41:07 | +10:37 | 04:07 | |
| 253 | 597 | Francelino Resende | SCE | 41:07 | +10:37 | 04:07 | |
| 254 | 643 | Estela Melo | UDV | 41:08 | +10:38 | 04:07 | |
| 255 | 220 | Paulo Silva | CDP | 41:09 | +10:39 | 04:07 | |
| 256 | 585 | Diana Almeida | SCB | 41:13 | +10:43 | 04:07 | |
| 257 | 432 | Licínio Pereira | IDV | 41:13 | +10:43 | 04:07 | |
| 258 | 359 | Vítor Azevedo | ELCT | 41:13 | +10:43 | 04:07 | |
| 259 | 93 | Paulo Matos | AGM | 41:18 | +10:48 | 04:08 | |
| 260 | 47 | Sabina Neca | ACRSD | 41:22 | +10:52 | 04:08 | |
| 261 | 568 | António Carinhas | RunTejo | 41:23 | +10:53 | 04:08 | |
| 262 | 410 | Messias Dias | GDCCG | 41:25 | +10:55 | 04:09 | |
| 263 | 96 | José Marques | AGM | 41:27 | +10:57 | 04:09 | |
| 264 | 454 | Tânia Fernandes | LSC | 41:28 | +10:58 | 04:09 | |
| 265 | 533 | Sérgio Silva | Runriver | 41:32 | +11:02 | 04:09 | |
| 266 | 655 | Maria José Pinto | UFCT | 41:35 | +11:05 | 04:09 | |
| 267 | 450 | Cátia Pereira | JV | 41:38 | +11:08 | 04:10 | |
| 268 | 31 | Pedro Madrid | ACFR | 41:38 | +11:08 | 04:10 | |
| 269 | 310 | Rodrigo Ganância | CPPEA | 41:38 | +11:08 | 04:10 | |
| 270 | 449 | Jorge Gonçalves | ind | 41:39 | +11:09 | 04:10 | |
| 271 | 273 | Luís Marçal | CFB | 41:42 | +11:12 | 04:10 | |
| 272 | 553 | Elias Fortes | RunTejo | 41:48 | +11:18 | 04:11 | |

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|-------------|------------|---------------------|-------------|---------------|-------------|-------------|-------------|
| 273 | 667 | Nuno Carvalho | VIZELA | 41:48 | +11:18 | 04:11 | |
| 274 | 510 | Ricardo Gomes | NPCAD | 41:50 | +11:20 | 04:11 | |
| 275 | 489 | José Pedrosa | NBA | 41:50 | +11:20 | 04:11 | |
| 276 | 649 | Raquel Sampaio | UDV | 41:53 | +11:23 | 04:11 | |
| 277 | 67 | Rui Carneiro | ACVSM | 41:54 | +11:24 | 04:11 | |
| 278 | 321 | Benjamim Soares | CPTBC | 41:57 | +11:27 | 04:12 | |
| 279 | 121 | Carlos Carneiro | ARALF | 42:06 | +11:36 | 04:13 | |
| 280 | 453 | Mário Teixeira | LSC | 42:10 | +11:40 | 04:13 | |
| 281 | 42 | Pedro Martins | ACRSD | 42:13 | +11:43 | 04:13 | |
| 282 | 94 | António Araújo | AGM | 42:19 | +11:49 | 04:14 | |
| 283 | 60 | José Santos | ACV | 42:19 | +11:49 | 04:14 | |
| 284 | 563 | João Taborda | RunTejo | 42:20 | +11:50 | 04:14 | |
| 285 | 654 | Luís Manuel Rodrigo | UFCT | 42:24 | +11:54 | 04:14 | |
| 286 | 16 | Carlos Campos | ACA | 42:27 | +11:57 | 04:15 | |
| 287 | 664 | Pedro Cunha | VIZELA | 42:30 | +12:00 | 04:15 | |
| 288 | 165 | Luís Filipe Rosa | CAS | 42:31 | +12:01 | 04:15 | |
| 289 | 425 | Alcindo Dias | GDSPO | 42:35 | +12:05 | 04:15 | |
| 290 | 19 | Justyna Wojcik | ACDSJS | 42:36 | +12:06 | 04:16 | |
| 291 | 297 | Carlos Moreira | CLX | 42:40 | +12:10 | 04:16 | |
| 292 | 354 | Ezequiel Fernandes | EDL | 42:44 | +12:14 | 04:16 | |
| 293 | 591 | Carla Reis | SCB | 42:45 | +12:15 | 04:16 | |
| 294 | 465 | Daniel Pereira | MAC | 42:47 | +12:17 | 04:17 | |
| 295 | 89 | Miguel Figueiredo | AFR&F | 42:48 | +12:18 | 04:17 | |
| 296 | 475 | Jacinto Correia | MCVC | 42:53 | +12:23 | 04:17 | |
| 297 | 532 | Emanuel Santos | Runriver | 42:54 | +12:24 | 04:17 | |
| 298 | 492 | Ramiro Ribeiro | NBA | 42:59 | +12:29 | 04:18 | |
| 299 | 361 | Adão Silva | FCPF | 43:07 | +12:37 | 04:19 | |
| 300 | 74 | Carlos Sousa | ADCCJC | 43:11 | +12:41 | 04:19 | |
| 301 | 349 | Basílio Sousa | EAT | 43:21 | +12:51 | 04:20 | |
| 302 | 211 | Andreia Cunha | CDFE | 43:25 | +12:55 | 04:20 | |
| 303 | 441 | Fernando Almeida | ind | 43:25 | +12:55 | 04:21 | |
| 304 | 190 | Belarmino Catroga | CBA-S | 43:26 | +12:56 | 04:21 | |
| 305 | 166 | Luís Bidarra | CAS | 43:27 | +12:57 | 04:21 | |
| 306 | 476 | Virgílio Figueiredo | MCVC | 43:32 | +13:02 | 04:21 | |
| 307 | 75 | Nuno Sousa | ADCCJC | 43:33 | +13:03 | 04:21 | |
| 308 | 295 | João Pato | Cluve | 43:34 | +13:04 | 04:21 | |
| 309 | 102 | Bruno Rolim | AJPINA | 43:35 | +13:05 | 04:21 | |
| 310 | 101 | Abulai Dabo | AJPINA | 43:35 | +13:05 | 04:21 | |
| 311 | 534 | Raul Silva | Runriver | 43:40 | +13:10 | 04:22 | |
| 312 | 511 | Jorge Santos | OCL | 43:42 | +13:12 | 04:22 | |
| 313 | 320 | Manuel Dourado | CPTBC | 43:44 | +13:14 | 04:22 | |
| 314 | 433 | Carlos Simões | IDV | 43:45 | +13:15 | 04:23 | |
| 315 | 119 | Emanuel Rodrigues | ANE | 43:49 | +13:19 | 04:23 | |
| 316 | 488 | Flávio Fernandes | NBA | 43:52 | +13:22 | 04:23 | |
| 317 | 378 | Luís Guarda | GAC-L | 43:55 | +13:25 | 04:23 | |
| 318 | 130 | Célia Alves | ARC-EAC | 43:55 | +13:25 | 04:24 | |

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|----------------------|---------|--------|--------|-------|------|
| 319 | 438 | Avelino Soares | ind | 43:56 | +13:26 | 04:24 | |
| 320 | 95 | Joaquim Ferreira | AGM | 43:58 | +13:28 | 04:24 | |
| 321 | 291 | Samuel Marques | CFOD | 43:58 | +13:28 | 04:24 | |
| 322 | 300 | Nuno Cidade Do Carmo | CPPEA | 44:00 | +13:30 | 04:24 | |
| 323 | 549 | Jorge Nunes | RunTejo | 44:02 | +13:32 | 04:24 | |
| 324 | 246 | Sara Carvalho | CDSSC | 44:02 | +13:32 | 04:24 | |
| 325 | 436 | Heitor Araújo | ind | 44:06 | +13:36 | 04:25 | |
| 326 | 32 | Daniel Pereira | ACFR | 44:12 | +13:42 | 04:25 | |
| 327 | 264 | Nuno Queija | CFB | 44:14 | +13:44 | 04:25 | |
| 328 | 219 | Fátima Silva | CDP | 44:15 | +13:45 | 04:25 | |
| 329 | 304 | Débora Moreira | CPPEA | 44:15 | +13:45 | 04:26 | |
| 330 | 283 | Daniela Silva | CFB | 44:19 | +13:49 | 04:26 | |
| 331 | 312 | Pedro Rodrigues | CPRAB | 44:20 | +13:50 | 04:26 | |
| 332 | 543 | António Martins | RunTejo | 44:21 | +13:51 | 04:26 | |
| 333 | 350 | Daniela Gregório | EAT | 44:23 | +13:53 | 04:26 | |
| 334 | 113 | António Mouro | ANE | 44:25 | +13:55 | 04:27 | |
| 335 | 514 | Miguel Belo | PCC | 44:28 | +13:58 | 04:27 | |
| 336 | 274 | Raul Caetano | CFB | 44:28 | +13:58 | 04:27 | |
| 337 | 15 | Fernando Ferreira | ACA | 44:30 | +14:00 | 04:27 | |
| 338 | 620 | Albino Correia | SCS | 44:34 | +14:04 | 04:27 | |
| 339 | 516 | Rita Mestre | PCC | 44:34 | +14:04 | 04:27 | |
| 340 | 292 | Cristiano Pereira | CFOD | 44:37 | +14:07 | 04:28 | |
| 341 | 483 | Regina Gilvaz | NAC | 44:38 | +14:08 | 04:28 | |
| 342 | 544 | Alexandra Portela | RunTejo | 44:39 | +14:09 | 04:28 | |
| 343 | 126 | Bruno Videira | ARALF | 44:45 | +14:15 | 04:29 | |
| 344 | 570 | Sara Mendes | RunTejo | 44:45 | +14:15 | 04:29 | |
| 345 | 502 | Tiago Nunes | NBA | 44:48 | +14:18 | 04:29 | |
| 346 | 202 | Luis Rebelo | CBTV | 44:50 | +14:20 | 04:29 | |
| 347 | 415 | André Cruz | GDRJR | 44:56 | +14:26 | 04:30 | |
| 348 | 125 | Nelson Videira | ARALF | 44:56 | +14:26 | 04:30 | |
| 349 | 49 | Tânia Cruz | ACRSD | 44:58 | +14:28 | 04:30 | |
| 350 | 277 | Sandra M Cruz | CFB | 45:02 | +14:32 | 04:30 | |
| 351 | 318 | Jacinto Oliveira | CPTBC | 45:03 | +14:33 | 04:30 | |
| 352 | 572 | Telma Sofia Silva | RunTejo | 45:09 | +14:39 | 04:31 | |
| 353 | 330 | Ana Eustáquio | CPTSC | 45:10 | +14:40 | 04:31 | |
| 354 | 413 | Jorge Marinho | GDRJR | 45:11 | +14:41 | 04:31 | |
| 355 | 105 | Graça Costa | AMONT | 45:12 | +14:42 | 04:31 | |
| 356 | 392 | Rosária Sebastião | GCB | 45:12 | +14:42 | 04:31 | |
| 357 | 150 | Joaquim Sá | CAAV | 45:14 | +14:44 | 04:31 | |
| 358 | 317 | Joaquim Ribeiro | CPTBC | 45:16 | +14:46 | 04:32 | |
| 359 | 286 | António Nascimento | CFOD | 45:17 | +14:47 | 04:32 | |
| 360 | 479 | António Rodrigues | MCVC | 45:20 | +14:50 | 04:32 | |
| 361 | 402 | David Fernandes | GDCG | 45:27 | +14:57 | 04:33 | |
| 362 | 360 | Sandra Maciel | ELCT | 45:33 | +15:03 | 04:33 | |
| 363 | 439 | Vitor Gonçalves | ind | 45:37 | +15:07 | 04:34 | |
| 364 | 30 | Filipa Diamantino | ACDSJS | 45:38 | +15:08 | 04:34 | |

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|----------------------|----------|--------|--------|-------|------|
| 365 | 623 | Rejane Pontes | SCS | 45:38 | +15:08 | 04:34 | |
| 366 | 652 | Jorge Lercas | UFCT | 45:39 | +15:09 | 04:34 | |
| 367 | 342 | Cátia Silva | EAROS | 45:39 | +15:09 | 04:34 | |
| 368 | 61 | Deonilde Costa | ACV | 45:40 | +15:10 | 04:34 | |
| 369 | 565 | David Tinoco | RunTejo | 45:49 | +15:19 | 04:35 | |
| 370 | 345 | Deolinda Oliveira | EAT | 45:51 | +15:21 | 04:35 | |
| 371 | 594 | Carolina Ribeiro | SCBM | 45:56 | +15:26 | 04:36 | |
| 372 | 618 | Adérito Alves | SCS | 45:57 | +15:27 | 04:36 | |
| 373 | 552 | Joaquim Amaral | RunTejo | 45:59 | +15:29 | 04:36 | |
| 374 | 507 | Marco Almeida | NPCAD | 46:07 | +15:37 | 04:37 | |
| 375 | 638 | Marisa Fernandes | SRC | 46:19 | +15:49 | 04:38 | |
| 376 | 498 | Jorge Miranda | NBA | 46:20 | +15:51 | 04:38 | |
| 377 | 154 | Florinda Fernandes | CAM-VC | 46:21 | +15:51 | 04:38 | |
| 378 | 115 | Marco Fatelo | ANE | 46:22 | +15:52 | 04:38 | |
| 379 | 73 | Rui Martins | ADCCJC | 46:35 | +16:05 | 04:40 | |
| 380 | 509 | Jóice Jesus | NPCAD | 46:38 | +16:08 | 04:40 | |
| 381 | 363 | Júlia Conceição | FCPF | 46:41 | +16:11 | 04:40 | |
| 382 | 379 | Dulcínea Silva | GAC-L | 46:42 | +16:12 | 04:40 | |
| 383 | 426 | Avelino Freitas | GDSPO | 46:44 | +16:14 | 04:40 | |
| 384 | 124 | Marco Videira | ARALF | 46:51 | +16:21 | 04:41 | |
| 385 | 13 | Arlindo Sousa | ACA | 46:56 | +16:26 | 04:42 | |
| 386 | 530 | Fernando Ribeiro | Runriver | 47:00 | +16:30 | 04:42 | |
| 387 | 504 | Rosa Pinto | NPCAD | 47:04 | +16:34 | 04:42 | |
| 388 | 262 | Gonçalo Ferreira | CFB | 47:04 | +16:34 | 04:42 | |
| 389 | 505 | José Morais | NPCAD | 47:07 | +16:37 | 04:43 | |
| 390 | 80 | Telmo Cardoso | ADL-P | 47:11 | +16:41 | 04:43 | |
| 391 | 139 | Susana Meireles | ARC-EAC | 47:12 | +16:42 | 04:43 | |
| 392 | 542 | Mário Jorge Ribeiro | RunTejo | 47:18 | +16:48 | 04:44 | |
| 393 | 84 | Álvaro Sousa | ADOSA | 47:23 | +16:53 | 04:44 | |
| 394 | 313 | Nuno Ferreira | CPRAB | 47:25 | +16:55 | 04:45 | |
| 395 | 512 | Gonçalo Carreira | PCC | 47:30 | +17:00 | 04:45 | |
| 396 | 675 | NUNO CIDADE DO CARMO | CPPEA | 47:31 | +17:01 | 04:45 | |
| 397 | 596 | Paulo Moreira | SCE | 47:32 | +17:02 | 04:45 | |
| 398 | 346 | Júlia Sousa | EAT | 47:32 | +17:02 | 04:45 | |
| 399 | 71 | Armindo Rodrigues | ADCCJC | 47:39 | +17:09 | 04:46 | |
| 400 | 58 | Vítor Lopes | ACV | 47:46 | +17:16 | 04:47 | |
| 401 | 324 | David Sousa | CPTBC | 47:51 | +17:21 | 04:47 | |
| 402 | 43 | Joaquim Corte | ACRSD | 47:55 | +17:25 | 04:48 | |
| 403 | 176 | Pedro Silva | CASAC | 47:59 | +17:29 | 04:48 | |
| 404 | 164 | João Marques | CAS | 48:01 | +17:31 | 04:48 | |
| 405 | 194 | Pedro Marques | CBA-S | 48:03 | +17:33 | 04:48 | |
| 406 | 261 | Cristiano Marques | CFB | 48:09 | +17:39 | 04:49 | |
| 407 | 221 | Vítor Rodrigues | CDP | 48:11 | +17:41 | 04:49 | |
| 408 | 311 | Joaquim Gomes | CPRAB | 48:19 | +17:49 | 04:50 | |
| 409 | 35 | Zaida Cabeceira | ACM-A | 48:20 | +17:50 | 04:50 | |
| 410 | 351 | Ana Silva | EAT | 48:22 | +17:52 | 04:50 | |

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|--------------------|----------|----------|--------|-------|------|
| 457 | 566 | Cristiana Monteiro | RunTejo | 52:34 | +22:04 | 05:15 | |
| 458 | 626 | Jose Moreira | SCS | 52:38 | +22:08 | 05:16 | |
| 459 | 331 | Francisco Farropas | CUI | 52:55 | +22:25 | 05:18 | |
| 460 | 208 | Dora Sá | CDFE | 53:03 | +22:33 | 05:18 | |
| 461 | 399 | Bruna Fontoura | GCB | 53:07 | +22:37 | 05:19 | |
| 462 | 182 | Nuno Marques | CBA-S | 54:22 | +23:52 | 05:26 | |
| 463 | 540 | Manuel Martins | RunTejo | 54:35 | +24:05 | 05:28 | |
| 464 | 254 | Bernardino Pereira | CFB | 54:52 | +24:22 | 05:29 | |
| 465 | 106 | Fernando Chamusca | ANE | 55:02 | +24:32 | 05:30 | |
| 466 | 651 | Carolina Feliz | UFCT | 55:19 | +24:49 | 05:32 | |
| 467 | 390 | Adélia Sendas | GCB | 55:20 | +24:50 | 05:32 | |
| 468 | 64 | Elsa Soares | ACV | 55:35 | +25:05 | 05:34 | |
| 469 | 640 | Anabela Santos | SSTSJM | 55:49 | +25:19 | 05:35 | |
| 470 | 217 | Diogo Sousa | CDFE | 56:02 | +25:32 | 05:36 | |
| 471 | 547 | Cláudia Borralho | RunTejo | 56:03 | +25:33 | 05:36 | |
| 472 | 57 | Leandro Santos | ACV | 56:11 | +25:41 | 05:37 | |
| 473 | 389 | Mónica Rodrigues | GCB | 56:16 | +25:46 | 05:38 | |
| 474 | 109 | Lindalva Silva | ANE | 56:20 | +25:50 | 05:38 | |
| 475 | 577 | Maria Luís Santos | RunTejo | 56:26 | +25:56 | 05:39 | |
| 476 | 531 | António Rocha | Runriver | 56:29 | +25:59 | 05:39 | |
| 477 | 110 | Ana Rosário | ANE | 56:29 | +25:59 | 05:39 | |
| 478 | 251 | Clauser Rondini | CFB | 57:05 | +26:35 | 05:43 | |
| 479 | 550 | Artur Cota | RunTejo | 57:24 | +26:54 | 05:44 | |
| 480 | 435 | Diamantino Coelho | ind | 57:51 | +27:21 | 05:47 | |
| 481 | 255 | Elsa Bruxelles | CFB | 58:38 | +28:08 | 05:52 | |
| 482 | 420 | Valdemar Alves | GDSPO | 58:47 | +28:17 | 05:53 | |
| 483 | 471 | Cristiana Pereira | MACIEIRA | 59:00 | +28:30 | 05:54 | |
| 484 | 288 | Américo Pereira | CFOD | 59:21 | +28:51 | 05:56 | |
| 485 | 474 | Isaías Peralta | MCVC | 59:22 | +28:52 | 05:56 | |
| 486 | 414 | Sérgio Crista | GDRJR | 59:26 | +28:56 | 05:57 | |
| 487 | 328 | Sérgio Mendes | CPTBC | 59:26 | +28:56 | 05:57 | |
| 488 | 107 | Vanda Augusto | ANE | 59:37 | +29:07 | 05:58 | |
| 489 | 85 | Fernando Santos | AFIS | 01:00:02 | +29:32 | 06:00 | |
| 490 | 209 | Sónia Beleza | CDFE | 01:00:35 | +30:05 | 06:03 | |
| 491 | 72 | Manuela Rodrigues | ADCCJC | 01:00:47 | +30:17 | 06:05 | |
| 492 | 189 | Paula Varelas | CBA-S | 01:00:50 | +30:20 | 06:05 | |
| 493 | 55 | Eugénio Mendes | ACV | 01:01:03 | +30:33 | 06:06 | |
| 494 | 634 | Elsa Rocha | SCS | 01:01:21 | +30:51 | 06:08 | |
| 495 | 205 | Clementina Andrade | CCSJM | 01:03:56 | +33:26 | 06:24 | |
| 496 | 293 | Afonso Macedo | Cluve | 01:04:26 | +33:56 | 06:27 | |
| 497 | 539 | Ágnes Koppányi | RunTejo | 01:04:54 | +34:24 | 06:29 | |
| 498 | 619 | José Pacheco | SCS | 01:05:13 | +34:43 | 06:31 | |
| 499 | 641 | Nuno Soares | SSTSJM | 01:06:03 | +35:33 | 06:36 | |
| 500 | 344 | Beatriz Fonseca | EAROS | 01:06:17 | +35:47 | 06:38 | |
| 501 | 335 | Rosa Oliveira | EAROS | 01:06:17 | +35:47 | 06:38 | |
| 502 | 639 | Maria Fernandes | SSTSJM | 01:07:27 | +36:57 | 06:45 | |

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME | TEAM | RESULT | DIFF | t/KM | CARD |
|------|-----|--------------------|---------|----------|--------|-------|------|
| 503 | 631 | Susana Vasconcelos | SCS | 01:10:03 | +39:33 | 07:00 | |
| 504 | 548 | Susana Jacinto | RunTejo | 01:11:13 | +40:43 | 07:07 | |
| 505 | 442 | Fernanda Alves | ind | 01:13:24 | +42:54 | 07:20 | |
| 506 | 269 | Sara Caldas | CFB | 01:14:00 | +43:30 | 07:24 | |
| 507 | 179 | Carlos Alfaiate | CBA-S | 01:19:17 | +48:47 | 07:56 | |
| 508 | 333 | Mariana Nunes | CUI | 01:21:16 | +50:46 | 08:08 | |
| 509 | 557 | Carlos Alves | RunTejo | 01:24:15 | +53:45 | 08:25 | |

Prova Principal

10 KM

OFFICIAL RESULT

| | Time | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 17:00 | 21,2°C | 26% |
| End | 18:24 | 20,4°C | 30% |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------------------------|-----|-------------------|--------|-----------------|----------|--------|-------|
| Junior Feminino | | | | | | | |
| 1 | 337 | Ana Marinho | EAROS | Junior Feminino | 40:09 | +09:38 | 04:01 |
| 2 | 649 | Raquel Sampaio | UDV | Junior Feminino | 41:53 | +11:23 | 04:11 |
| 3 | 304 | Débora Moreira | CPPEA | Junior Feminino | 44:15 | +13:45 | 04:26 |
| 4 | 30 | Filipa Diamantino | ACDSJS | Junior Feminino | 45:38 | +15:08 | 04:34 |
| 5 | 342 | Cátia Silva | EAROS | Junior Feminino | 45:39 | +15:09 | 04:34 |
| 6 | 594 | Carolina Ribeiro | SCBM | Junior Feminino | 45:56 | +15:25 | 04:36 |
| 7 | 341 | Diana Silva | EAROS | Junior Feminino | 49:20 | +18:50 | 04:56 |
| 8 | 399 | Bruna Fontoura | GCB | Junior Feminino | 53:07 | +22:37 | 05:19 |
| 9 | 344 | Beatriz Fonseca | EAROS | Junior Feminino | 01:06:17 | +35:47 | 06:38 |
| 10 | 333 | Mariana Nunes | CUI | Junior Feminino | 01:21:16 | +50:46 | 08:08 |

Junior Masculino

| | | | | | | | |
|----|-----|----------------------|----------|------------------|-------|--------|-------|
| 1 | 174 | João Pais | CAS | Junior Masculino | 33:23 | +02:52 | 03:20 |
| 2 | 527 | Fábio Simões | RDA | Junior Masculino | 33:27 | +02:56 | 03:21 |
| 3 | 28 | Marco Melo | ACDSJS | Junior Masculino | 34:04 | +03:34 | 03:24 |
| 4 | 163 | Ricardo Pedra | CAOV | Junior Masculino | 34:23 | +03:53 | 03:26 |
| 5 | 218 | Nuno Alves | CDFE | Junior Masculino | 34:59 | +04:29 | 03:30 |
| 6 | 199 | Júlio Couceiro | CBA-S | Junior Masculino | 35:34 | +05:04 | 03:33 |
| 7 | 472 | João Magalhães | MACIEIRA | Junior Masculino | 36:04 | +05:34 | 03:36 |
| 8 | 343 | Rui Oliveira | EAROS | Junior Masculino | 36:26 | +05:55 | 03:39 |
| 9 | 528 | Lourenço Ferreira | RDA | Junior Masculino | 37:26 | +06:56 | 03:45 |
| 10 | 197 | Diogo Silva | CBA-S | Junior Masculino | 38:00 | +07:30 | 03:48 |
| 11 | 305 | Rodolfo Moreira | CPPEA | Junior Masculino | 38:25 | +07:55 | 03:51 |
| 12 | 306 | Leonardo Moreira | CPPEA | Junior Masculino | 39:36 | +09:05 | 03:58 |
| 13 | 303 | Vítor Valverde | CPPEA | Junior Masculino | 39:37 | +09:06 | 03:58 |
| 14 | 198 | Guilherme Silva | CBA-S | Junior Masculino | 40:11 | +09:40 | 04:01 |
| 15 | 310 | Rodrigo Ganância | CPPEA | Junior Masculino | 41:38 | +11:08 | 04:10 |
| 16 | 101 | Abulai Dabo | AJPINA | Junior Masculino | 43:35 | +13:04 | 04:21 |
| 17 | 292 | Cristiano Pereira | CFOD | Junior Masculino | 44:37 | +14:06 | 04:28 |
| 18 | 126 | Bruno Videira | ARALF | Junior Masculino | 44:45 | +14:15 | 04:29 |
| 19 | 502 | Tiago Nunes | NBA | Junior Masculino | 44:48 | +14:18 | 04:29 |
| 20 | 675 | NUNO CIDADE DO CARMO | CPPEA | Junior Masculino | 47:31 | +17:01 | 04:45 |
| 21 | 194 | Pedro Marques | CBA-S | Junior Masculino | 48:03 | +17:33 | 04:48 |
| 22 | 377 | Filipe Couto | FCPF | Junior Masculino | 50:08 | +19:37 | 05:01 |
| 23 | 334 | Luís Rijo | CUI | Junior Masculino | 50:22 | +19:52 | 05:02 |

Prova Principal
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | | | | | | | |
|----|-----|--------------------|----------|------------------|-------|--------|-------|
| 14 | 590 | Tiago Freitas | SCB | Senior Masculino | 33:15 | +02:44 | 03:19 |
| 15 | 460 | Luís Mendes | MAC | Senior Masculino | 33:30 | +03:00 | 03:21 |
| 16 | 169 | Ricardo Figueiredo | CAS | Senior Masculino | 33:48 | +03:17 | 03:23 |
| 17 | 172 | Rui Coelho | CAS | Senior Masculino | 34:24 | +03:53 | 03:26 |
| 18 | 54 | Filipe Ferreira | ACRVC | Senior Masculino | 34:25 | +03:54 | 03:26 |
| 19 | 431 | Hugo Fontes | GRE-AA | Senior Masculino | 34:35 | +04:05 | 03:28 |
| 20 | 27 | João Carvalho | ACDSJS | Senior Masculino | 34:41 | +04:10 | 03:28 |
| 21 | 247 | Nuno Costa | CDSSC | Senior Masculino | 34:46 | +04:15 | 03:29 |
| 22 | 23 | Hugo Pinto | ACDSJS | Senior Masculino | 34:46 | +04:16 | 03:29 |
| 23 | 383 | Valter Costa | GAC-L | Senior Masculino | 34:50 | +04:19 | 03:29 |
| 24 | 173 | Alexandre Venâncio | CAS | Senior Masculino | 34:58 | +04:27 | 03:30 |
| 25 | 170 | Paulo Mendes | CAS | Senior Masculino | 35:00 | +04:30 | 03:30 |
| 26 | 567 | Nuno Carraça | RunTejo | Senior Masculino | 35:02 | +04:32 | 03:30 |
| 27 | 149 | José Azevedo | BFC | Senior Masculino | 35:03 | +04:32 | 03:30 |
| 28 | 672 | João Costa | VTSC | Senior Masculino | 35:03 | +04:32 | 03:30 |
| 29 | 571 | Vasco Marta | RunTejo | Senior Masculino | 35:09 | +04:38 | 03:31 |
| 30 | 92 | João Figueiredo | AFR&F | Senior Masculino | 35:15 | +04:44 | 03:31 |
| 31 | 281 | Nuno Pereira | CFB | Senior Masculino | 35:21 | +04:50 | 03:32 |
| 32 | 282 | André Alves | CFB | Senior Masculino | 35:24 | +04:53 | 03:32 |
| 33 | 602 | Daniel Santos | SCE | Senior Masculino | 35:37 | +05:06 | 03:34 |
| 34 | 162 | Miguel Ribeiro | CAOV | Senior Masculino | 35:43 | +05:13 | 03:34 |
| 35 | 148 | Estêvão Janeiro | BAC | Senior Masculino | 35:59 | +05:29 | 03:36 |
| 36 | 384 | André Reis | GAC-L | Senior Masculino | 36:01 | +05:31 | 03:36 |
| 37 | 601 | Ricardo Barros | SCE | Senior Masculino | 36:06 | +05:36 | 03:37 |
| 38 | 659 | Ricardo Fonseca | UFCT | Senior Masculino | 36:17 | +05:47 | 03:38 |
| 39 | 134 | Ricardo Gaspar | ARC-EAC | Senior Masculino | 36:18 | +05:48 | 03:38 |
| 40 | 429 | Rui Alves | GDSPO | Senior Masculino | 36:29 | +05:58 | 03:39 |
| 41 | 582 | Hugo Almeida | SCB | Senior Masculino | 36:32 | +06:02 | 03:39 |
| 42 | 575 | António Silva | RunTejo | Senior Masculino | 36:33 | +06:02 | 03:39 |
| 43 | 136 | Carlos Costa | ARC-EAC | Senior Masculino | 36:35 | +06:04 | 03:39 |
| 44 | 576 | Filipe Rebelo | RunTejo | Senior Masculino | 36:42 | +06:12 | 03:40 |
| 45 | 120 | Alexandre Tiago | ANE | Senior Masculino | 36:42 | +06:12 | 03:40 |
| 46 | 401 | Jorge Cubal | GDCC | Senior Masculino | 36:42 | +06:12 | 03:40 |
| 47 | 26 | Nuno Coelho | ACDSJS | Senior Masculino | 37:04 | +06:33 | 03:42 |
| 48 | 537 | André Moreira | Runriver | Senior Masculino | 37:11 | +06:41 | 03:43 |
| 49 | 296 | João Pontes | Cluve | Senior Masculino | 37:13 | +06:42 | 03:43 |
| 50 | 252 | Rodolfo Vilela | CFB | Senior Masculino | 37:18 | +06:48 | 03:44 |
| 51 | 385 | Pedro Henrique | GAC-L | Senior Masculino | 37:21 | +06:50 | 03:44 |
| 52 | 536 | Hugo Moreira | Runriver | Senior Masculino | 37:29 | +06:58 | 03:45 |
| 53 | 33 | Daniel Monteiro | ACFR | Senior Masculino | 37:48 | +07:17 | 03:47 |
| 54 | 480 | José Madeira | MVC | Senior Masculino | 37:48 | +07:18 | 03:47 |
| 55 | 573 | Miguel Pinto | RunTejo | Senior Masculino | 37:51 | +07:21 | 03:47 |
| 56 | 515 | Ricardo Sousa | PCC | Senior Masculino | 37:53 | +07:22 | 03:47 |
| 57 | 535 | Bruno Alen | Runriver | Senior Masculino | 37:54 | +07:23 | 03:47 |
| 58 | 647 | Miguel Pinto | UDV | Senior Masculino | 38:03 | +07:33 | 03:48 |
| 59 | 481 | Manuel Curral | MDLCORRE | Senior Masculino | 38:06 | +07:35 | 03:49 |

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|-----------------------------|--------|----------------------------|
| Official Timekeeper: Lap2Go | 3 / 13 | generate 04-set-2021 18:45 |
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Prova Principal

10 KM

OFFICIAL RESULT

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|----|-----|-------------------|---------|------------------|-------|--------|-------|
| 60 | 245 | Cristiano Ribeiro | CDSSC | Senior Masculino | 38:12 | +07:41 | 03:49 |
| 61 | 357 | Eduardo Oliveira | ELCT | Senior Masculino | 38:19 | +07:48 | 03:50 |
| 62 | 81 | Miguel Coelho | ADL-P | Senior Masculino | 38:25 | +07:54 | 03:50 |
| 63 | 564 | Nuno Rebelo | RunTejo | Senior Masculino | 38:35 | +08:05 | 03:52 |
| 64 | 34 | António Coimbra | ACFR | Senior Masculino | 39:12 | +08:42 | 03:55 |
| 65 | 100 | Erick Araújo | AGM | Senior Masculino | 39:44 | +09:13 | 03:58 |
| 66 | 569 | José Carvalho | RunTejo | Senior Masculino | 40:06 | +09:35 | 04:01 |
| 67 | 418 | Renato Correia | GDRJR | Senior Masculino | 40:14 | +09:44 | 04:01 |
| 68 | 434 | Aléxis Rocha | IDV | Senior Masculino | 40:17 | +09:47 | 04:02 |
| 69 | 36 | Luis Pimentel | ACM-A | Senior Masculino | 40:20 | +09:49 | 04:02 |
| 70 | 568 | António Carinhas | RunTejo | Senior Masculino | 41:23 | +10:53 | 04:08 |
| 71 | 67 | Rui Carneiro | ACVSM | Senior Masculino | 41:54 | +11:24 | 04:11 |
| 72 | 465 | Daniel Pereira | MAC | Senior Masculino | 42:47 | +12:16 | 04:17 |
| 73 | 295 | João Pato | Cluve | Senior Masculino | 43:34 | +13:03 | 04:21 |
| 74 | 119 | Emanuel Rodrigues | ANE | Senior Masculino | 43:49 | +13:18 | 04:23 |
| 75 | 514 | Miguel Belo | PCC | Senior Masculino | 44:28 | +13:57 | 04:27 |
| 76 | 565 | David Tinoco | RunTejo | Senior Masculino | 45:49 | +15:19 | 04:35 |
| 77 | 498 | Jorge Miranda | NBA | Senior Masculino | 46:20 | +15:50 | 04:38 |
| 78 | 176 | Pedro Silva | CASAC | Senior Masculino | 47:59 | +17:29 | 04:48 |
| 79 | 501 | Alexis Soares | NBA | Senior Masculino | 51:07 | +20:37 | 05:07 |
| 80 | 500 | Rui Filipe Silva | NBA | Senior Masculino | 51:07 | +20:37 | 05:07 |

Sub 23 Feminino

| | | | | | | | |
|---|-----|-------------------|---------|-----------------|-------|--------|-------|
| 1 | 593 | Mariana Machado | SCB | Sub 23 Feminino | 35:12 | +04:41 | 03:31 |
| 2 | 307 | Catarina Carmo | CPPEA | Sub 23 Feminino | 39:26 | +08:55 | 03:57 |
| 3 | 450 | Cátia Pereira | JV | Sub 23 Feminino | 41:38 | +11:07 | 04:10 |
| 4 | 309 | Mariana Santos | CPPEA | Sub 23 Feminino | 48:49 | +18:19 | 04:53 |
| 5 | 484 | Ana Ribeiro | NAI | Sub 23 Feminino | 50:03 | +19:32 | 05:00 |
| 6 | 39 | Joana Silva | ACPV | Sub 23 Feminino | 51:44 | +21:13 | 05:10 |
| 7 | 577 | Maria Luís Santos | RunTejo | Sub 23 Feminino | 56:26 | +25:56 | 05:39 |

Sub 23 Masculino

| | | | | | | | |
|----|-----|------------------|----------|------------------|-------|--------|-------|
| 1 | 38 | Simão Bastos | ACPV | Sub 23 Masculino | 31:06 | +00:35 | 03:07 |
| 2 | 455 | Bernardo Rocha | LSC | Sub 23 Masculino | 32:09 | +01:38 | 03:13 |
| 3 | 578 | Pedro Saldanha | RunTejo | Sub 23 Masculino | 32:16 | +01:46 | 03:14 |
| 4 | 461 | João Pedro Casal | MAC | Sub 23 Masculino | 33:05 | +02:34 | 03:18 |
| 5 | 201 | João Baiôa | CBRM | Sub 23 Masculino | 33:20 | +02:50 | 03:20 |
| 6 | 466 | Amado Martins | MAC | Sub 23 Masculino | 33:22 | +02:52 | 03:20 |
| 7 | 592 | Miguel Moreira | SCB | Sub 23 Masculino | 33:27 | +02:56 | 03:21 |
| 8 | 616 | Rúben Amaral | SCP | Sub 23 Masculino | 34:31 | +04:00 | 03:27 |
| 9 | 398 | João Melgo | GCB | Sub 23 Masculino | 34:39 | +04:09 | 03:28 |
| 10 | 50 | Miguel Ribeiro | ACRSD | Sub 23 Masculino | 35:26 | +04:55 | 03:33 |
| 11 | 473 | Ricardo Queirós | MACIEIRA | Sub 23 Masculino | 35:42 | +05:11 | 03:34 |
| 12 | 52 | Ricardo Opinião | ACRSD | Sub 23 Masculino | 37:23 | +06:52 | 03:44 |

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| Official Timekeeper: Lap2Go | 4 / 13 | generate 04-set-2021 18:45 |
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Prova Principal

10 KM

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OFFICIAL RESULT

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|----|-----|------------------|--------|------------------|-------|--------|-------|
| 13 | 308 | Martim Fernandes | CPPEA | Sub 23 Masculino | 37:28 | +06:57 | 03:45 |
| 14 | 332 | Rafael Canaria | CUI | Sub 23 Masculino | 39:04 | +08:34 | 03:54 |
| 15 | 76 | Samuel Silva | ADCCJC | Sub 23 Masculino | 39:24 | +08:53 | 03:56 |
| 16 | 668 | André Natário | VIZELA | Sub 23 Masculino | 40:44 | +10:14 | 04:04 |
| 17 | 217 | Diogo Sousa | CDFE | Sub 23 Masculino | 56:02 | +25:31 | 05:36 |

Veterana F35

| | | | | | | | |
|----|-----|------------------|---------|--------------|----------|--------|-------|
| 1 | 609 | Sara Moreira | SCP | Veterana F35 | 35:31 | +05:01 | 03:33 |
| 2 | 529 | Emilia Piseiro | RDA | Veterana F35 | 36:35 | +06:05 | 03:40 |
| 3 | 242 | Rafaela Fonseca | CDSSC | Veterana F35 | 36:51 | +06:20 | 03:41 |
| 4 | 607 | Jéssica Augusto | SCP | Veterana F35 | 37:51 | +07:21 | 03:47 |
| 5 | 522 | Andreia Santos | RDA | Veterana F35 | 38:12 | +07:42 | 03:49 |
| 6 | 523 | Joana Nunes | RDA | Veterana F35 | 38:53 | +08:23 | 03:53 |
| 7 | 22 | Susana Vilela | ACDSJS | Veterana F35 | 39:59 | +09:28 | 04:00 |
| 8 | 241 | Laura Silva | CDSSC | Veterana F35 | 40:21 | +09:50 | 04:02 |
| 9 | 445 | Marisa Vieira | ind | Veterana F35 | 40:32 | +10:01 | 04:03 |
| 10 | 454 | Tânia Fernandes | LSC | Veterana F35 | 41:28 | +10:58 | 04:09 |
| 11 | 19 | Justyna Wojcik | ACDSJS | Veterana F35 | 42:36 | +12:05 | 04:16 |
| 12 | 211 | Andreia Cunha | CDFE | Veterana F35 | 43:25 | +12:54 | 04:20 |
| 13 | 49 | Tânia Cruz | ACRSD | Veterana F35 | 44:58 | +14:27 | 04:30 |
| 14 | 360 | Sandra Maciel | ELCT | Veterana F35 | 45:33 | +15:02 | 04:33 |
| 15 | 638 | Marisa Fernandes | SRC | Veterana F35 | 46:19 | +15:49 | 04:38 |
| 16 | 634 | Elsa Rocha | SCS | Veterana F35 | 01:01:21 | +30:50 | 06:08 |
| 17 | 539 | Ágnes Koppányi | RunTejo | Veterana F35 | 01:04:54 | +34:23 | 06:29 |

Veterana F40

| | | | | | | | |
|----|-----|-------------------|---------|--------------|----------|--------|-------|
| 1 | 521 | Carla Martinho | RDA | Veterana F40 | 37:53 | +07:22 | 03:47 |
| 2 | 655 | Maria José Pinto | UFCT | Veterana F40 | 41:35 | +11:04 | 04:09 |
| 3 | 130 | Célia Alves | ARC-EAC | Veterana F40 | 43:55 | +13:25 | 04:24 |
| 4 | 277 | Sandra M Cruz | CFB | Veterana F40 | 45:02 | +14:32 | 04:30 |
| 5 | 330 | Ana Eustáquio | CPTSC | Veterana F40 | 45:10 | +14:39 | 04:31 |
| 6 | 392 | Rosária Sebastião | GCB | Veterana F40 | 45:12 | +14:42 | 04:31 |
| 7 | 623 | Rejane Pontes | SCS | Veterana F40 | 45:38 | +15:08 | 04:34 |
| 8 | 394 | Inês Neto | GCB | Veterana F40 | 48:44 | +18:14 | 04:52 |
| 9 | 562 | Elisabete Macedo | RunTejo | Veterana F40 | 48:51 | +18:21 | 04:53 |
| 10 | 558 | Anabela Delgado | RunTejo | Veterana F40 | 49:09 | +18:38 | 04:55 |
| 11 | 391 | Delmina Romão | GCB | Veterana F40 | 49:33 | +19:02 | 04:57 |
| 12 | 188 | Cristina Pedro | CBA-S | Veterana F40 | 50:06 | +19:35 | 05:01 |
| 13 | 116 | Dina Oliveira | ANE | Veterana F40 | 51:12 | +20:41 | 05:07 |
| 14 | 208 | Dora Sá | CDFE | Veterana F40 | 53:03 | +22:33 | 05:18 |
| 15 | 64 | Elsa Soares | ACV | Veterana F40 | 55:35 | +25:05 | 05:34 |
| 16 | 251 | Clausen Rondini | CFB | Veterana F40 | 57:05 | +26:35 | 05:43 |
| 17 | 209 | Sónia Beleza | CDFE | Veterana F40 | 01:00:35 | +30:04 | 06:03 |

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| | | | | | | | |
|----|-----|--------------------|-----|--------------|----------|--------|-------|
| 18 | 631 | Susana Vasconcelos | SCS | Veterana F40 | 01:10:03 | +39:33 | 07:00 |
|----|-----|--------------------|-----|--------------|----------|--------|-------|

Veterana F45

| | | | | | | | |
|----|-----|-------------------|---------|--------------|----------|--------|-------|
| 1 | 643 | Estela Melo | UDV | Veterana F45 | 41:08 | +10:37 | 04:07 |
| 2 | 47 | Sabina Neca | ACRSD | Veterana F45 | 41:22 | +10:52 | 04:08 |
| 3 | 483 | Regina Gilvaz | NAC | Veterana F45 | 44:38 | +14:07 | 04:28 |
| 4 | 61 | Deonilde Costa | ACV | Veterana F45 | 45:40 | +15:09 | 04:34 |
| 5 | 379 | Dulcínea Silva | GAC-L | Veterana F45 | 46:42 | +16:12 | 04:40 |
| 6 | 336 | Anabela Silva | EAROS | Veterana F45 | 49:22 | +18:51 | 04:56 |
| 7 | 630 | Elisabete Nunes | SCS | Veterana F45 | 49:40 | +19:10 | 04:58 |
| 8 | 112 | Sofia Pinheiro | ANE | Veterana F45 | 52:18 | +21:47 | 05:14 |
| 9 | 390 | Adélia Sendas | GCB | Veterana F45 | 55:20 | +24:49 | 05:32 |
| 10 | 640 | Anabela Santos | SSTSJM | Veterana F45 | 55:49 | +25:18 | 05:35 |
| 11 | 547 | Cláudia Borrvalho | RunTejo | Veterana F45 | 56:03 | +25:33 | 05:36 |
| 12 | 389 | Mónica Rodrigues | GCB | Veterana F45 | 56:16 | +25:45 | 05:38 |
| 13 | 110 | Ana Rosário | ANE | Veterana F45 | 56:29 | +25:59 | 05:39 |
| 14 | 72 | Manuela Rodrigues | ADCCJC | Veterana F45 | 01:00:47 | +30:17 | 06:05 |
| 15 | 189 | Paula Varelas | CBA-S | Veterana F45 | 01:00:50 | +30:19 | 06:05 |
| 16 | 548 | Susana Jacinto | RunTejo | Veterana F45 | 01:11:13 | +40:42 | 07:07 |
| 17 | 442 | Fernanda Alves | ind | Veterana F45 | 01:13:24 | +42:53 | 07:20 |
| 18 | 269 | Sara Caldas | CFB | Veterana F45 | 01:14:00 | +43:29 | 07:24 |

Veterana F50

| | | | | | | | |
|---|-----|--------------------|---------|--------------|-------|--------|-------|
| 1 | 219 | Fátima Silva | CDP | Veterana F50 | 44:15 | +13:45 | 04:25 |
| 2 | 544 | Alexandra Portela | RunTejo | Veterana F50 | 44:39 | +14:09 | 04:28 |
| 3 | 345 | Deolinda Oliveira | EAT | Veterana F50 | 45:51 | +15:21 | 04:35 |
| 4 | 154 | Florinda Fernandes | CAM-VC | Veterana F50 | 46:21 | +15:50 | 04:38 |
| 5 | 363 | Júlia Conceição | FCPF | Veterana F50 | 46:41 | +16:11 | 04:40 |
| 6 | 346 | Júlia Sousa | EAT | Veterana F50 | 47:32 | +17:01 | 04:45 |
| 7 | 260 | Anabela Ferreira | CFB | Veterana F50 | 48:40 | +18:09 | 04:52 |
| 8 | 70 | Adélia Tavares | ADCCJC | Veterana F50 | 51:25 | +20:55 | 05:09 |
| 9 | 109 | Lindalva Silva | ANE | Veterana F50 | 56:20 | +25:50 | 05:38 |

Veterana F55

| | | | | | | | |
|---|-----|--------------------|-------|--------------|----------|--------|-------|
| 1 | 105 | Graça Costa | AMONT | Veterana F55 | 45:12 | +14:41 | 04:31 |
| 2 | 504 | Rosa Pinto | NPCAD | Veterana F55 | 47:04 | +16:34 | 04:42 |
| 3 | 205 | Clementina Andrade | CCSJM | Veterana F55 | 01:03:56 | +33:26 | 06:24 |
| 4 | 335 | Rosa Oliveira | EAROS | Veterana F55 | 01:06:17 | +35:47 | 06:38 |

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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|----|-----|-------------------|----------|--------------|----------|--------|-------|
| 32 | 533 | Sérgio Silva | Runriver | Veterano M40 | 41:32 | +11:02 | 04:09 |
| 33 | 31 | Pedro Madrid | ACFR | Veterano M40 | 41:38 | +11:08 | 04:10 |
| 34 | 489 | José Pedrosa | NBA | Veterano M40 | 41:50 | +11:20 | 04:11 |
| 35 | 453 | Mário Teixeira | LSC | Veterano M40 | 42:10 | +11:40 | 04:13 |
| 36 | 664 | Pedro Cunha | VIZELA | Veterano M40 | 42:30 | +12:00 | 04:15 |
| 37 | 532 | Emanuel Santos | Runriver | Veterano M40 | 42:54 | +12:24 | 04:17 |
| 38 | 492 | Ramiro Ribeiro | NBA | Veterano M40 | 42:59 | +12:29 | 04:18 |
| 39 | 190 | Belarmino Catroga | CBA-S | Veterano M40 | 43:26 | +12:56 | 04:21 |
| 40 | 415 | André Cruz | GDRJR | Veterano M40 | 44:56 | +14:25 | 04:30 |
| 41 | 115 | Marco Fatelo | ANE | Veterano M40 | 46:22 | +15:52 | 04:38 |
| 42 | 124 | Marco Videira | ARALF | Veterano M40 | 46:51 | +16:21 | 04:41 |
| 43 | 313 | Nuno Ferreira | CPRAB | Veterano M40 | 47:25 | +16:55 | 04:45 |
| 44 | 395 | Ivan Santiago | GCB | Veterano M40 | 48:36 | +18:05 | 04:52 |
| 45 | 531 | António Rocha | Runriver | Veterano M40 | 56:29 | +25:58 | 05:39 |
| 46 | 414 | Sérgio Crista | GDRJR | Veterano M40 | 59:26 | +28:55 | 05:57 |
| 47 | 328 | Sérgio Mendes | CPTBC | Veterano M40 | 59:26 | +28:55 | 05:57 |
| 48 | 557 | Carlos Alves | RunTejo | Veterano M40 | 01:24:15 | +53:44 | 08:25 |

Veterano M45

| | | | | | | | |
|----|-----|---------------------|----------|--------------|-------|--------|-------|
| 1 | 409 | Artur Rodrigues | GDCG | Veterano M45 | 34:08 | +03:38 | 03:25 |
| 2 | 520 | Luís Martins | RDA | Veterano M45 | 35:23 | +04:53 | 03:32 |
| 3 | 301 | Marco Gomes | CPPEA | Veterano M45 | 35:35 | +05:05 | 03:34 |
| 4 | 468 | Paulo Ribeiro | MACIEIRA | Veterano M45 | 35:42 | +05:11 | 03:34 |
| 5 | 478 | José Silva | MVC | Veterano M45 | 36:03 | +05:33 | 03:36 |
| 6 | 646 | Marco Ferreira | UDV | Veterano M45 | 36:13 | +05:42 | 03:37 |
| 7 | 663 | Carlos Monteiro | VIZELA | Veterano M45 | 36:39 | +06:09 | 03:40 |
| 8 | 644 | Carlos Costa | UDV | Veterano M45 | 36:55 | +06:25 | 03:42 |
| 9 | 380 | Vítor Dinis | GAC-L | Veterano M45 | 37:05 | +06:34 | 03:42 |
| 10 | 556 | Paulo Torres | RunTejo | Veterano M45 | 37:10 | +06:40 | 03:43 |
| 11 | 423 | Armando Bastos | GDSP | Veterano M45 | 37:39 | +07:09 | 03:46 |
| 12 | 253 | Rudimar Moura | CFB | Veterano M45 | 37:45 | +07:15 | 03:47 |
| 13 | 128 | Vítor Gonçalves | ARC-EAC | Veterano M45 | 38:35 | +08:05 | 03:52 |
| 14 | 270 | Luís Brito | CFB | Veterano M45 | 38:44 | +08:13 | 03:52 |
| 15 | 65 | Patrício Castro | ACVSM | Veterano M45 | 38:54 | +08:24 | 03:53 |
| 16 | 59 | Pedro Ferreira | ACV | Veterano M45 | 39:02 | +08:32 | 03:54 |
| 17 | 46 | João Paulo Ferreira | ACRSD | Veterano M45 | 39:06 | +08:36 | 03:55 |
| 18 | 266 | Gustavo Santos | CFB | Veterano M45 | 39:26 | +08:55 | 03:57 |
| 19 | 648 | Filipe Leite | UDV | Veterano M45 | 39:32 | +09:01 | 03:57 |
| 20 | 11 | Pedro Carneiro | AACR | Veterano M45 | 39:35 | +09:05 | 03:58 |
| 21 | 443 | António Reis | ind | Veterano M45 | 39:43 | +09:13 | 03:58 |
| 22 | 353 | Filipe Lima | EDL | Veterano M45 | 39:50 | +09:20 | 03:59 |
| 23 | 670 | João Jesus Silva | VTSC | Veterano M45 | 39:54 | +09:24 | 03:59 |
| 24 | 234 | Sílvio Guimarães | CDSSC | Veterano M45 | 40:24 | +09:53 | 04:02 |
| 25 | 44 | Rui Alves | ACRSD | Veterano M45 | 40:31 | +10:00 | 04:03 |
| 26 | 508 | Pedro Teixeira | NPCAD | Veterano M45 | 40:32 | +10:02 | 04:03 |

Official Timekeeper: Lap2Go

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Prova Principal
10 KM

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OFFICIAL RESULT

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|----|-----|----------------------|---------|--------------|-------|--------|-------|
| 27 | 63 | Licínio Carreira | ACV | Veterano M45 | 40:56 | +10:25 | 04:06 |
| 28 | 359 | Vítor Azevedo | ELCT | Veterano M45 | 41:13 | +10:43 | 04:07 |
| 29 | 410 | Messias Dias | GDCG | Veterano M45 | 41:25 | +10:55 | 04:09 |
| 30 | 273 | Luís Marçal | CFB | Veterano M45 | 41:42 | +11:12 | 04:10 |
| 31 | 94 | António Araújo | AGM | Veterano M45 | 42:19 | +11:48 | 04:14 |
| 32 | 60 | José Santos | ACV | Veterano M45 | 42:19 | +11:49 | 04:14 |
| 33 | 16 | Carlos Campos | ACA | Veterano M45 | 42:27 | +11:56 | 04:15 |
| 34 | 425 | Alcindo Dias | GDSPO | Veterano M45 | 42:35 | +12:04 | 04:15 |
| 35 | 354 | Ezequiel Fernandes | EDL | Veterano M45 | 42:44 | +12:13 | 04:16 |
| 36 | 89 | Miguel Figueiredo | AFR&F | Veterano M45 | 42:48 | +12:17 | 04:17 |
| 37 | 349 | Basílio Sousa | EAT | Veterano M45 | 43:21 | +12:51 | 04:20 |
| 38 | 300 | Nuno Cidade Do Carmo | CPPEA | Veterano M45 | 44:00 | +13:29 | 04:24 |
| 39 | 549 | Jorge Nunes | RunTejo | Veterano M45 | 44:02 | +13:31 | 04:24 |
| 40 | 264 | Nuno Queija | CFB | Veterano M45 | 44:14 | +13:44 | 04:25 |
| 41 | 113 | António Mouro | ANE | Veterano M45 | 44:25 | +13:55 | 04:27 |
| 42 | 274 | Raul Caetano | CFB | Veterano M45 | 44:28 | +13:58 | 04:27 |
| 43 | 15 | Fernando Ferreira | ACA | Veterano M45 | 44:30 | +14:00 | 04:27 |
| 44 | 552 | Joaquim Amaral | RunTejo | Veterano M45 | 45:59 | +15:29 | 04:36 |
| 45 | 507 | Marco Almeida | NPCAD | Veterano M45 | 46:07 | +15:37 | 04:37 |
| 46 | 73 | Rui Martins | ADCCJC | Veterano M45 | 46:35 | +16:05 | 04:40 |
| 47 | 509 | Jóice Jesus | NPCAD | Veterano M45 | 46:38 | +16:07 | 04:40 |
| 48 | 426 | Avelino Freitas | GDSPO | Veterano M45 | 46:44 | +16:14 | 04:40 |
| 49 | 262 | Gonçalo Ferreira | CFB | Veterano M45 | 47:04 | +16:34 | 04:42 |
| 50 | 80 | Telmo Cardoso | ADL-P | Veterano M45 | 47:11 | +16:41 | 04:43 |
| 51 | 261 | Cristiano Marques | CFB | Veterano M45 | 48:09 | +17:39 | 04:49 |
| 52 | 559 | Ezequiel Andrade | RunTejo | Veterano M45 | 48:58 | +18:27 | 04:54 |
| 53 | 545 | Joaquim Santos | RunTejo | Veterano M45 | 49:02 | +18:32 | 04:54 |
| 54 | 554 | Sérgio Sousa | RunTejo | Veterano M45 | 49:23 | +18:52 | 04:56 |
| 55 | 627 | António Vieira | SCS | Veterano M45 | 49:57 | +19:27 | 05:00 |
| 56 | 551 | Pedro Dias | RunTejo | Veterano M45 | 50:41 | +20:11 | 05:04 |
| 57 | 263 | Luís Palma | CFB | Veterano M45 | 51:38 | +21:07 | 05:10 |
| 58 | 550 | Artur Cota | RunTejo | Veterano M45 | 57:24 | +26:53 | 05:44 |

Veterano M50

| | | | | | | | |
|----|-----|-------------------|-------|--------------|-------|--------|-------|
| 1 | 88 | Davide Figueiredo | AFR&F | Veterano M50 | 33:24 | +02:54 | 03:20 |
| 2 | 405 | António Fernandes | GDCG | Veterano M50 | 33:59 | +03:29 | 03:24 |
| 3 | 519 | Luís Lopes | PRC | Veterano M50 | 35:51 | +05:20 | 03:35 |
| 4 | 232 | Gil Ferreira | CDSSC | Veterano M50 | 36:05 | +05:35 | 03:37 |
| 5 | 621 | Joaquim Alves | SCS | Veterano M50 | 36:51 | +06:21 | 03:41 |
| 6 | 440 | João Cavadas | ind | Veterano M50 | 37:24 | +06:53 | 03:44 |
| 7 | 177 | Paulo António | CASJ | Veterano M50 | 37:24 | +06:54 | 03:44 |
| 8 | 184 | Jorge Correia | CBA-S | Veterano M50 | 37:54 | +07:23 | 03:47 |
| 9 | 669 | Joaquim Pacheco | VTSC | Veterano M50 | 37:55 | +07:25 | 03:48 |
| 10 | 151 | Jose Correia | CAAV | Veterano M50 | 38:22 | +07:52 | 03:50 |
| 11 | 259 | João Carlos Gomes | CFB | Veterano M50 | 38:27 | +07:57 | 03:51 |

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|-----------------------------|---------|----------------------------|
| Official Timekeeper: Lap2Go | 10 / 13 | generate 04-set-2021 18:45 |
|-----------------------------|---------|----------------------------|

Prova Principal**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|---------------------|---------|--------------|-------|--------|-------|
| 12 | 546 | Carlos Freitas | RunTejo | Veterano M50 | 38:35 | +08:05 | 03:52 |
| 13 | 229 | Mário Contreiras | CDSSC | Veterano M50 | 38:39 | +08:08 | 03:52 |
| 14 | 140 | João Paulo Almeida | ATLB | Veterano M50 | 39:00 | +08:30 | 03:54 |
| 15 | 204 | Fernando Oliveira | CCSJM | Veterano M50 | 39:10 | +08:39 | 03:55 |
| 16 | 20 | Orlando Neves | ACDSJS | Veterano M50 | 39:13 | +08:42 | 03:55 |
| 17 | 45 | Augusto Cardoso | ACRSD | Veterano M50 | 39:15 | +08:44 | 03:55 |
| 18 | 141 | Vitor Oliveira | ATLB | Veterano M50 | 39:55 | +09:25 | 04:00 |
| 19 | 158 | Miguel Brito | CAOV | Veterano M50 | 40:07 | +09:37 | 04:01 |
| 20 | 167 | Cesário Simões | CAS | Veterano M50 | 40:30 | +09:59 | 04:03 |
| 21 | 595 | Paulo Oliveira | SCE | Veterano M50 | 40:56 | +10:25 | 04:06 |
| 22 | 404 | Lino Ferreira | GDCG | Veterano M50 | 41:07 | +10:37 | 04:07 |
| 23 | 597 | Francelino Resende | SCE | Veterano M50 | 41:07 | +10:37 | 04:07 |
| 24 | 220 | Paulo Silva | CDP | Veterano M50 | 41:09 | +10:39 | 04:07 |
| 25 | 93 | Paulo Matos | AGM | Veterano M50 | 41:18 | +10:48 | 04:08 |
| 26 | 553 | Elias Fortes | RunTejo | Veterano M50 | 41:48 | +11:17 | 04:11 |
| 27 | 121 | Carlos Carneiro | ARALF | Veterano M50 | 42:06 | +11:35 | 04:13 |
| 28 | 42 | Pedro Martins | ACRSD | Veterano M50 | 42:13 | +11:42 | 04:13 |
| 29 | 165 | Luís Filipe Rosa | CAS | Veterano M50 | 42:31 | +12:01 | 04:15 |
| 30 | 441 | Fernando Almeida | ind | Veterano M50 | 43:25 | +12:55 | 04:21 |
| 31 | 166 | Luís Bidarra | CAS | Veterano M50 | 43:27 | +12:56 | 04:21 |
| 32 | 476 | Virgílio Figueiredo | MCVC | Veterano M50 | 43:32 | +13:02 | 04:21 |
| 33 | 488 | Flávio Fernandes | NBA | Veterano M50 | 43:52 | +13:22 | 04:23 |
| 34 | 438 | Avelino Soares | ind | Veterano M50 | 43:56 | +13:26 | 04:24 |
| 35 | 95 | Joaquim Ferreira | AGM | Veterano M50 | 43:58 | +13:27 | 04:24 |
| 36 | 312 | Pedro Rodrigues | CPRAB | Veterano M50 | 44:20 | +13:50 | 04:26 |
| 37 | 543 | António Martins | RunTejo | Veterano M50 | 44:21 | +13:50 | 04:26 |
| 38 | 620 | Albino Correia | SCS | Veterano M50 | 44:34 | +14:03 | 04:27 |
| 39 | 413 | Jorge Marinho | GDRJR | Veterano M50 | 45:11 | +14:41 | 04:31 |
| 40 | 439 | Vitor Gonçalves | ind | Veterano M50 | 45:37 | +15:06 | 04:34 |
| 41 | 505 | José Moraes | NPCAD | Veterano M50 | 47:07 | +16:36 | 04:43 |
| 42 | 84 | Álvaro Sousa | ADOSA | Veterano M50 | 47:23 | +16:53 | 04:44 |
| 43 | 596 | Paulo Moreira | SCE | Veterano M50 | 47:32 | +17:01 | 04:45 |
| 44 | 71 | Armindo Rodrigues | ADCCJC | Veterano M50 | 47:39 | +17:09 | 04:46 |
| 45 | 58 | Vitor Lopes | ACV | Veterano M50 | 47:46 | +17:16 | 04:47 |
| 46 | 324 | David Sousa | CPTBC | Veterano M50 | 47:51 | +17:21 | 04:47 |
| 47 | 43 | Joaquim Corte | ACRSD | Veterano M50 | 47:55 | +17:25 | 04:48 |
| 48 | 183 | Renato Marques | CBA-S | Veterano M50 | 48:52 | +18:21 | 04:53 |
| 49 | 122 | João Videira | ARALF | Veterano M50 | 49:26 | +18:56 | 04:57 |
| 50 | 181 | Adelino Oliveira | CBA-S | Veterano M50 | 49:42 | +19:12 | 04:58 |
| 51 | 256 | Pedro Afonso | CFB | Veterano M50 | 49:44 | +19:13 | 04:58 |
| 52 | 422 | Jorge Silva | GDSPPO | Veterano M50 | 52:14 | +21:43 | 05:13 |
| 53 | 288 | Américo Pereira | CFOD | Veterano M50 | 59:21 | +28:50 | 05:56 |

Veterano M55

| | | | | | | | |
|---|-----|----------------|------|--------------|-------|--------|-------|
| 1 | 386 | Fernando Matos | GCAD | Veterano M55 | 35:56 | +05:26 | 03:36 |
|---|-----|----------------|------|--------------|-------|--------|-------|

Official Timekeeper: Lap2Go

11 / 13

generate 04-set-2021 18:45

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|-----|---------------------|----------|--------------|----------|--------|-------|
| 2 | 143 | Mário Godinho | BAC | Veterano M55 | 36:56 | +06:26 | 03:42 |
| 3 | 323 | Ulisses Lopes | CPTBC | Veterano M55 | 37:02 | +06:32 | 03:42 |
| 4 | 203 | Manuel Alves | CCSJM | Veterano M55 | 37:43 | +07:13 | 03:46 |
| 5 | 127 | Adérito Fontes | ARC-EAC | Veterano M55 | 37:50 | +07:20 | 03:47 |
| 6 | 506 | Jorge Luz | NPCAD | Veterano M55 | 38:16 | +07:45 | 03:50 |
| 7 | 41 | Mário Silva | ACRS | Veterano M55 | 38:33 | +08:02 | 03:51 |
| 8 | 388 | Orlando Alves | GCB | Veterano M55 | 38:57 | +08:27 | 03:54 |
| 9 | 518 | Augusto Antunes | PRC | Veterano M55 | 39:04 | +08:34 | 03:54 |
| 10 | 180 | José Durão | CBA-S | Veterano M55 | 39:13 | +08:42 | 03:55 |
| 11 | 437 | José Santiago | ind | Veterano M55 | 39:22 | +08:51 | 03:56 |
| 12 | 78 | Manuel Costa | ADL-P | Veterano M55 | 39:33 | +09:03 | 03:57 |
| 13 | 421 | Manuel Valente | GDSPO | Veterano M55 | 40:04 | +09:34 | 04:00 |
| 14 | 403 | José Tavares | GDCG | Veterano M55 | 40:11 | +09:40 | 04:01 |
| 15 | 387 | Manuel Palmeiro | GCB | Veterano M55 | 40:16 | +09:46 | 04:02 |
| 16 | 86 | Fernando Figueiredo | AFR&F | Veterano M55 | 40:28 | +09:58 | 04:03 |
| 17 | 87 | Manuel Figueiredo | AFR&F | Veterano M55 | 40:40 | +10:09 | 04:04 |
| 18 | 662 | Alexandre Ferreira | VIZELA | Veterano M55 | 41:04 | +10:34 | 04:06 |
| 19 | 475 | Jacinto Correia | MVC | Veterano M55 | 42:53 | +12:23 | 04:17 |
| 20 | 361 | Adão Silva | FCPF | Veterano M55 | 43:07 | +12:36 | 04:19 |
| 21 | 433 | Carlos Simões | IDV | Veterano M55 | 43:45 | +13:15 | 04:23 |
| 22 | 378 | Luís Guarda | GAC-L | Veterano M55 | 43:55 | +13:24 | 04:23 |
| 23 | 436 | Heitor Araújo | ind | Veterano M55 | 44:06 | +13:35 | 04:25 |
| 24 | 202 | Luis Rebelo | CBTV | Veterano M55 | 44:50 | +14:19 | 04:29 |
| 25 | 286 | António Nascimento | CFOD | Veterano M55 | 45:17 | +14:47 | 04:32 |
| 26 | 652 | Jorge Lercas | UFCT | Veterano M55 | 45:39 | +15:08 | 04:34 |
| 27 | 13 | Arlindo Sousa | ACA | Veterano M55 | 46:56 | +16:26 | 04:42 |
| 28 | 530 | Fernando Ribeiro | Runriver | Veterano M55 | 47:00 | +16:29 | 04:42 |
| 29 | 542 | Mário Jorge Ribeiro | RunTejo | Veterano M55 | 47:18 | +16:48 | 04:44 |
| 30 | 512 | Gonçalo Carreira | PCC | Veterano M55 | 47:30 | +17:00 | 04:45 |
| 31 | 12 | Francisco Mateus | ACA | Veterano M55 | 48:27 | +17:56 | 04:51 |
| 32 | 626 | Jose Moreira | SCS | Veterano M55 | 52:38 | +22:08 | 05:16 |
| 33 | 420 | Valdemar Alves | GDSPO | Veterano M55 | 58:47 | +28:17 | 05:53 |
| 34 | 619 | José Pacheco | SCS | Veterano M55 | 01:05:13 | +34:42 | 06:31 |

Veterano M60

| | | | | | | | |
|----|-----|---------------------|--------|--------------|-------|--------|-------|
| 1 | 642 | Pedro Terra | SSTSJM | Veterano M60 | 38:41 | +08:10 | 03:52 |
| 2 | 108 | João Veiga | ANE | Veterano M60 | 38:56 | +08:25 | 03:54 |
| 3 | 319 | José Monteiro | CPTBC | Veterano M60 | 40:23 | +09:53 | 04:02 |
| 4 | 321 | Benjamim Soares | CPTBC | Veterano M60 | 41:57 | +11:27 | 04:12 |
| 5 | 654 | Luís Manuel Rodrigo | UFCT | Veterano M60 | 42:24 | +11:53 | 04:14 |
| 6 | 297 | Carlos Moreira | CLX | Veterano M60 | 42:40 | +12:10 | 04:16 |
| 7 | 511 | Jorge Santos | OCL | Veterano M60 | 43:42 | +13:11 | 04:22 |
| 8 | 318 | Jacinto Oliveira | CPTBC | Veterano M60 | 45:03 | +14:32 | 04:30 |
| 9 | 402 | David Fernandes | GDCG | Veterano M60 | 45:27 | +14:57 | 04:33 |
| 10 | 285 | Domingos Pinto | CFOD | Veterano M60 | 49:54 | +19:23 | 04:59 |

Prova Principal**10 KM**

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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|----|----|----------------|-----|--------------|----------|--------|-------|
| 11 | 57 | Leandro Santos | ACV | Veterano M60 | 56:11 | +25:40 | 05:37 |
| 12 | 55 | Eugénio Mendes | ACV | Veterano M60 | 01:01:03 | +30:33 | 06:06 |

Veterano M65

| | | | | | | | |
|---|-----|-----------------|--------|--------------|----------|--------|-------|
| 1 | 432 | Licínio Pereira | IDV | Veterano M65 | 41:13 | +10:42 | 04:07 |
| 2 | 320 | Manuel Dourado | CPTBC | Veterano M65 | 43:44 | +13:14 | 04:22 |
| 3 | 317 | Joaquim Ribeiro | CPTBC | Veterano M65 | 45:16 | +14:45 | 04:32 |
| 4 | 164 | João Marques | CAS | Veterano M65 | 48:01 | +17:31 | 04:48 |
| 5 | 284 | Anselmo Moreira | CFOD | Veterano M65 | 48:38 | +18:07 | 04:52 |
| 6 | 477 | António Dias | MCVC | Veterano M65 | 50:52 | +20:22 | 05:05 |
| 7 | 206 | José Gomes | CDCNAV | Veterano M65 | 52:33 | +22:03 | 05:15 |
| 8 | 182 | Nuno Marques | CBA-S | Veterano M65 | 54:22 | +23:52 | 05:26 |
| 9 | 179 | Carlos Alfaiate | CBA-S | Veterano M65 | 01:19:17 | +48:47 | 07:56 |

Veterano M70

| | | | | | | | |
|----|-----|-------------------|-------|--------------|-------|--------|-------|
| 1 | 150 | Joaquim Sá | CAAV | Veterano M70 | 45:14 | +14:43 | 04:31 |
| 2 | 618 | Adérito Alves | SCS | Veterano M70 | 45:57 | +15:26 | 04:36 |
| 3 | 311 | Joaquim Gomes | CPRAB | Veterano M70 | 48:19 | +17:49 | 04:50 |
| 4 | 503 | Adão Dias | NPCAD | Veterano M70 | 50:30 | +20:00 | 05:03 |
| 5 | 294 | José Ribeiro | Cluve | Veterano M70 | 51:15 | +20:44 | 05:07 |
| 6 | 650 | António Serafim | UFCT | Veterano M70 | 51:27 | +20:57 | 05:09 |
| 7 | 224 | Joaquim Pereira | CDSSC | Veterano M70 | 52:00 | +21:29 | 05:12 |
| 8 | 106 | Fernando Chamusca | ANE | Veterano M70 | 55:02 | +24:31 | 05:30 |
| 9 | 435 | Diamantino Coelho | ind | Veterano M70 | 57:51 | +27:20 | 05:47 |
| 10 | 474 | Isaiás Peralta | MCVC | Veterano M70 | 59:22 | +28:51 | 05:56 |

Veterano M75

| | | | | | | | |
|---|-----|--------------------|---------|--------------|----------|--------|-------|
| 1 | 331 | Francisco Farropas | CUI | Veterano M75 | 52:55 | +22:25 | 05:18 |
| 2 | 540 | Manuel Martins | RunTejo | Veterano M75 | 54:35 | +24:05 | 05:28 |
| 3 | 85 | Fernando Santos | AFIS | Veterano M75 | 01:00:02 | +29:32 | 06:00 |
| 4 | 293 | Afonso Macedo | Cluve | Veterano M75 | 01:04:26 | +33:55 | 06:27 |

Veterano M85

| | | | | | | | |
|---|-----|--------------------|-----|--------------|-------|--------|-------|
| 1 | 254 | Bernardino Pereira | CFB | Veterano M85 | 54:52 | +24:21 | 05:29 |
|---|-----|--------------------|-----|--------------|-------|--------|-------|

**COLETIVO JUNIOR FEMININO - PROVA
PRINCIPAL**

| RANK | TEAM | DESCRIPTION | POINTS |
|------|-------|---------------|--------|
| 1 | EAROS | 1 + 5 + 7 + 9 | 22 |

**COLETIVO JUNIOR MASCULINO - PROVA
PRINCIPAL**

| RANK | TEAM | DESCRIPTION | POINTS |
|------|-------|-------------------|--------|
| 1 | CPPEA | 11 + 12 + 13 + 15 | 51 |
| 2 | CBA-S | 6 + 10 + 14 + 21 | 51 |

COLETIVO ABSOLUTO MASCULINO - PROVA PRINCIPAL

| RANK | TEAM | DESCRIPTION | POINTS |
|------|----------|-----------------------|--------|
| 1 | SCP | 4 + 6 + 7 + 12 | 29 |
| 2 | SCB | 1 + 2 + 16 + 21 | 40 |
| 3 | CDSSC | 17 + 19 + 22 + 23 | 81 |
| 4 | MAC | 8 + 25 + 30 + 34 | 97 |
| 5 | RUNTEJO | 20 + 39 + 52 + 57 | 168 |
| 6 | CAS | 36 + 40 + 50 + 51 | 177 |
| 7 | ACDSJS | 5 + 45 + 48 + 98 | 196 |
| 8 | ARC-EAC | 9 + 27 + 81 + 87 | 204 |
| 9 | GDCG | 14 + 37 + 38 + 131 | 220 |
| 10 | CFB | 56 + 59 + 61 + 103 | 279 |
| 11 | GAC-L | 49 + 72 + 99 + 104 | 324 |
| 12 | ACRSD | 55 + 62 + 106 + 143 | 366 |
| 13 | SCE | 64 + 74 + 76 + 208 | 422 |
| 14 | UDV | 78 + 95 + 126 + 142 | 441 |
| 15 | AFR&F | 32 + 58 + 169 + 198 | 457 |
| 16 | GCB | 44 + 69 + 155 + 191 | 459 |
| 17 | CAOV | 31 + 67 + 180 + 188 | 466 |
| 18 | CPPEA | 46 + 63 + 109 + 269 | 487 |
| 19 | ANE | 91 + 134 + 153 + 154 | 532 |
| 20 | RUNRIVER | 101 + 110 + 124 + 221 | 556 |
| 21 | GDSPO | 83 + 113 + 186 + 210 | 592 |
| 22 | AGM | 88 + 151 + 178 + 217 | 634 |
| 23 | IND | 107 + 170 + 177 + 223 | 677 |
| 24 | CBA-S | 123 + 141 + 165 + 253 | 682 |
| 25 | MCVC | 73 + 118 + 246 + 255 | 692 |
| 26 | VIZELA | 89 + 205 + 211 + 225 | 730 |
| 27 | GDRJR | 128 + 137 + 190 + 282 | 737 |
| 28 | ACV | 157 + 167 + 209 + 235 | 768 |
| 29 | ACFR | 117 + 163 + 222 + 272 | 774 |
| 30 | CPTBC | 97 + 194 + 230 + 261 | 782 |
| 31 | SCS | 93 + 185 + 280 + 294 | 852 |
| 32 | PCC | 121 + 144 + 277 + 311 | 853 |
| 33 | NPCAD | 133 + 202 + 227 + 296 | 858 |
| 34 | CFOD | 116 + 196 + 268 + 288 | 868 |
| 35 | NBA | 130 + 228 + 248 + 264 | 870 |
| 36 | UFCT | 79 + 237 + 292 + 343 | 951 |
| 37 | ADCCJC | 171 + 250 + 256 + 299 | 976 |
| 38 | ACA | 161 + 238 + 279 + 303 | 981 |

**COLETIVO ABSOLUTO MASCULINO - PROVA
PRINCIPAL**

| | | | |
|----|-------|-----------------------|------|
| 39 | CLUVE | 102 + 257 + 342 + 366 | 1067 |
| 40 | ARALF | 231 + 283 + 302 + 330 | 1146 |

COLETIVA VETERANOS
CAMPEONATO NACIONAL DE ESTRADA 2021 - FELGUEIRAS

MASCULINOS

| Rk | Equipa | Total | Cat |
|----|----------|-------|-----|
| 1 | CPTBC | 34 | 9 |
| 2 | CDSSC | 29 | 10 |
| 3 | GDCG | 26 | 8 |
| 4 | RUNTEJO | 25 | 18 |
| 5 | SCP | 24 | 4 |
| 6 | CFB | 21 | 14 |
| 7 | ARC-EAC | 18 | 5 |
| 8 | SCS | 17 | 8 |
| 9 | NPCAD | 13 | 7 |
| 10 | ANE | 13 | 7 |
| 11 | AFR&F | 12 | 5 |
| 12 | MCVC | 11 | 6 |
| 13 | CFOD | 10 | 7 |
| 14 | CBA-S | 9 | 8 |
| 15 | ACRSD | 9 | 7 |
| 16 | CAS | 8 | 4 |
| 17 | ACV | 7 | 7 |
| 18 | GDSPO | 7 | 7 |
| 19 | AGM | 6 | 6 |
| 20 | GCB | 6 | 6 |
| 21 | UDV | 6 | 4 |
| 22 | ACA | 5 | 5 |
| 23 | GDRJR | 5 | 5 |
| 24 | RUNRIVER | 5 | 5 |
| 25 | VIZELA | 5 | 4 |
| 26 | NBA | 4 | 4 |
| 27 | SCE | 4 | 4 |
| 28 | ADCCJC | 4 | 4 |
| 29 | ARALF | 4 | 4 |

FEMININO

| Rk | Equipa | Total | Cat |
|----|---------|-------|-----|
| 1 | RDA | 22 | 4 |
| 2 | CFB | 15 | 5 |
| 3 | RUNTEJO | 12 | 6 |
| 4 | ANE | 12 | 5 |
| 5 | GCB | 7 | 5 |
| 6 | SCS | 6 | 4 |

T20 - Feminino

| Rk | Bib | Name | Team | Cat | Oficial Time |
|----|-----|-------------|------|-----------------|--------------|
| 1 | 39 | Joana Silva | ACPV | Sub 23 Feminino | 00:51:44 |

T20 - Masculino

| Rk | Bib | Name | Team | Cat | Oficial Time |
|----|-----|-------------------|--------|------------------|--------------|
| 1 | 149 | José Azevedo | BFC | Senior Masculino | 00:35:03 |
| 2 | 148 | Estêvão Janeiro | BAC | Senior Masculino | 00:35:59 |
| 3 | 103 | Paulo Benevente | AJPINA | Veterano M40 | 00:37:21 |
| 4 | 513 | João Monteiro | PCC | Veterano M35 | 00:38:34 |
| 5 | 36 | Luis Pimentel | ACM-A | Senior Masculino | 00:40:20 |
| 6 | 449 | Jorge Gonçalves | ind | Veterano M35 | 00:41:39 |
| 7 | 514 | Miguel Belo | PCC | Senior Masculino | 00:44:28 |
| 8 | 292 | Cristiano Pereira | CFOD | Junior Masculino | 00:44:37 |

T38 - Masculino

| Rk | Bib | Name | Team | Cat | Oficial Time |
|----|-----|--------------|---------|--------------|--------------|
| 1 | 557 | Carlos Alves | RunTejo | Veterano M40 | 01:24:15 |

Surdo - Feminino

| Rk | Bib | Name | Team | Cat | Oficial Time |
|----|-----|---------------|------|--------------|--------------|
| 1 | 116 | Dina Oliveira | ANE | Veterana F40 | 00:51:12 |

Surdo - Masculino

| Rk | Bib | Name | Team | Cat | Oficial Time |
|----|-----|---------------|------|--------------|--------------|
| 1 | 600 | Ricardo Gomes | SCE | Veterano M35 | 00:36:04 |
| 2 | 410 | Messias Dias | GDCG | Veterano M45 | 00:41:25 |

T11 - Masculino

| Rk | Bib | Name | Team | Cat | Oficial Time |
|----|-----|-------------|--------|------------------|--------------|
| 1 | 101 | Abulai Dabo | AJPINA | Junior Masculino | 00:43:35 |