

NACIONAL ESTRADA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
733	530	Joana Rosa	cfb	Senior Feminino	44:15	+14:43	04:26
734	818	Jacinto Rodrigues	greb	Veterano M40	44:19	+14:48	04:26
735	442	Luciano Contente	cbseixal	Veterano M40	44:19	+14:48	04:26
736	958	Regina Gilvaz	nac	Veterana F45	44:20	+14:48	04:26
737	1048	Marco Duarte	pcc	Veterano M40	44:23	+14:51	04:26
738	972	José Nunes	naza	Veterano M50	44:23	+14:52	04:26
739	527	Cristiana Silva	cdul	Sub 23 Feminino	44:24	+14:53	04:26
740	594	Catia Nascimento	clx	Veterana F35	44:24	+14:53	04:26
741	436	Paula Jorge	cbseixal	Veterana F40	44:28	+14:56	04:27
742	715	João Duarte	cui	Veterano M40	44:28	+14:57	04:27
743	212	Joaquim Martins	atlb	Veterano M50	44:29	+14:58	04:27
744	370	Luís Dias	cba-s	Sub 20 Masculino	44:32	+15:00	04:27
745	170	Fernando Chamusca	ane	Veterano M65	44:33	+15:02	04:27
746	228	Luís Campaniço	bac	Sub 23 Masculino	44:34	+15:02	04:27
747	475	Ricardo Durão	cdq	Veterano M45	44:34	+15:03	04:27
748	434	Cristina Mourato	cbseixal	Veterana F40	44:37	+15:05	04:28
749	609	Ricardo Santos	clx	Veterano M40	44:37	+15:06	04:28
750	406	Paulo Baptista	cba-s	Veterano M45	44:39	+15:08	04:28
751	318	Carlos Gonçalves	cavf	Veterano M45	44:41	+15:09	04:28
752	816	Diogo Ferreira	greb	Sub 20 Masculino	44:41	+15:09	04:28
753	1088	Ana Rebelo	runtejo	Senior Feminino	44:41	+15:09	04:28
754	702	Jorge Viegas	crds	Veterano M40	44:43	+15:11	04:28
755	994	Jóice Jesus	npcad	Veterano M40	44:44	+15:13	04:28
756	1004	Joaquim Pereira	npcad	Veterano M50	44:45	+15:13	04:29
757	380	Markéta Martins	cba-s	Veterana F40	44:47	+15:16	04:29
758	728	Rita Mestre	ecafo	Sub 23 Feminino	44:49	+15:17	04:29
759	11	Paulo Nascimento	aabv	Veterano M50	44:49	+15:17	04:29
760	1087	Fernando Ribeiro	runriver	Veterano M50	44:51	+15:19	04:29
761	849	Pedro Faria	ind-cb	Veterano M40	44:52	+15:20	04:29
762	861	Helder Guerreiro	jac-st	Veterano M40	44:52	+15:21	04:29
763	1157	Carolina Marçal	scp	Sub 20 Feminino	44:52	+15:21	04:29
764	1282	Miguel Duarte	vfc	Veterano M45	44:52	+15:21	04:29
765	151	Paula Guedes	ane	Veterana F45	44:55	+15:24	04:30
766	998	Marco Almeida	npcad	Veterano M45	44:57	+15:26	04:30
767	951	António Rodrigues	mvcv	Veterano M35	44:58	+15:27	04:30
768	273	Luís Filipe Rosa	cas	Veterano M45	44:59	+15:27	04:30
769	567	Rui Oliveira	cfb	Veterano M45	44:59	+15:27	04:30
770	608	Pedro Serra	clx	Veterano M40	45:00	+15:28	04:30
771	921	Germano Silva	lpse	Veterano M60	45:02	+15:30	04:30
772	178	Susana Meireles	arc-eac	Senior Feminino	45:04	+15:32	04:30
773	1050	António Santos	pcc	Veterano M50	45:05	+15:33	04:31
774	575	Rui Afonso	cfb	Veterano M50	45:05	+15:34	04:31
775	187	Célia Alves	arc-eac	Veterana F40	45:09	+15:38	04:31
776	1143	Carlos Ferreira	sce	Veterano M40	45:13	+15:42	04:31
777	592	Marco Dias	clx	Senior Masculino	45:14	+15:43	04:31
778	46	Tânia Cruz	acrsd	Senior Feminino	45:17	+15:46	04:32

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



NACIONAL ESTRADA - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1101	241	Carla Silva	barbaris	Veterana F55	01:12:13	+42:41	07:13
1102	415	Carlos Alfaiate	cba-s	Veterano M65	01:13:06	+43:35	07:19
1103	1212	Natália Santos	sstsjm	Veterana F45	01:15:53	+46:21	07:35
1104	358	José Carlos	cbam	Veterano M70	01:15:53	+46:22	07:35
1105	360	Fernando Ferreira	cbam	Veterano M80	01:18:03	+48:32	07:48
1106	875	Diogo Oliveira	lma-l	Senior Masculino	01:22:04	+52:33	08:12
1107	533	Luis Francisco	cfb	Senior Masculino	01:24:29	+54:58	08:27

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	14:30	14.6°C	41%
End	16:09	14.5°C	41%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1150	Carla Salomé Rocha	SCP	Senior Feminino	32:48	+03:17	03:17
2	1	Catarina Ribeiro	SCP	Senior Feminino	33:26	+03:55	03:21
3	1149	Ana Mafalda Ferreira	SCP	Senior Feminino	34:13	+04:42	03:25
4	1053	Emilia Pisoeiro	RDA	Senior Feminino	34:50	+05:18	03:29
5	1057	Susana Cunha	RDA	Senior Feminino	35:27	+05:56	03:33
6	1090	Andreia Santos	RunTejo	Senior Feminino	35:30	+05:59	03:33
7	1127	Susana Francisco	SCB	Senior Feminino	35:50	+06:18	03:35
8	1092	Diana Sousa	RunTejo	Senior Feminino	36:19	+06:47	03:38
9	1128	Vanessa Carvalho	SCB	Senior Feminino	36:27	+06:56	03:39
10	823	Patrícia Oliveira	Grecas	Senior Feminino	36:32	+07:01	03:39
11	824	Sara Carvalho	Grecas	Senior Feminino	36:56	+07:25	03:42
12	1125	Jéssica Pontes	SCB	Senior Feminino	37:18	+07:46	03:44
13	175	Inês Marques	ARC-EAC	Senior Feminino	37:26	+07:54	03:45
14	1124	Diana Almeida	SCB	Senior Feminino	37:28	+07:57	03:45
15	1089	Andreia Cunha	RunTejo	Senior Feminino	37:32	+08:00	03:45
16	1052	Bárbara Oliveira	RDA	Senior Feminino	37:39	+08:08	03:46
17	3	Vera Fernandes	AABV	Senior Feminino	38:00	+08:28	03:48
18	1094	Kcénia Bougrova	RunTejo	Senior Feminino	38:11	+08:39	03:49
19	1126	Sónia Ferreira	SCB	Senior Feminino	38:24	+08:52	03:50
20	1054	Jessica Matos	RDA	Senior Feminino	38:32	+09:01	03:51
21	43	Margarida Dionísio	ACRSD	Senior Feminino	38:58	+09:27	03:54
22	44	Mariana Silva	ACRSD	Senior Feminino	39:29	+09:57	03:57
23	275	Liliana Veríssimo	CASJ	Senior Feminino	39:32	+10:00	03:57
24	822	Inês Pinto	Grecas	Senior Feminino	39:47	+10:15	03:59
25	1055	Joana Nunes	RDA	Senior Feminino	40:08	+10:37	04:01
26	252	Joana Gomes	CAOV	Senior Feminino	40:24	+10:53	04:02
27	1185	Tânia Fernandes	SCS	Senior Feminino	40:38	+11:07	04:04
28	1093	Helena Miranda	RunTejo	Senior Feminino	41:26	+11:55	04:09
29	720	Daniela Gregório	EAT	Senior Feminino	42:19	+12:47	04:14
30	45	Patrícia Rosado	ACRSD	Senior Feminino	42:19	+12:48	04:14
31	177	Patrícia Fernandes	ARC-EAC	Senior Feminino	42:40	+13:08	04:16
32	1095	Telma Sofia Silva	RunTejo	Senior Feminino	43:49	+14:17	04:23
33	1136	Rute Silva	SCE	Senior Feminino	44:07	+14:35	04:25
34	530	Joana Rosa	CFB	Senior Feminino	44:15	+14:43	04:26
35	1088	Ana Rebelo	RunTejo	Senior Feminino	44:41	+15:09	04:28
36	178	Susana Meireles	ARC-EAC	Senior Feminino	45:04	+15:32	04:30
37	46	Tânia Cruz	ACRSD	Senior Feminino	45:17	+15:46	04:32
38	477	Andreia Santos	CDRR	Senior Feminino	45:34	+16:03	04:34
39	1016	Zaida Cabeceira	NSIT	Senior Feminino	45:49	+16:17	04:35

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PARCEIROS INSTITUCIONAIS



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PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

40	253	Maria Isabel Pereira	CAOV	Senior Feminino	46:18	+16:47	04:38
41	949	Daniela Mendes	MCVC	Senior Feminino	47:31	+17:59	04:45
42	1218	Mariana Pombinho	UAP	Senior Feminino	47:33	+18:01	04:45
43	176	Maria Carvalho	ARC-EAC	Senior Feminino	48:01	+18:30	04:48
44	70	Elodie Costa	ACV	Senior Feminino	48:14	+18:43	04:49
45	122	Marisa Bravo	ADVA	Senior Feminino	49:47	+20:15	04:59
46	467	Lisa Vieira	CDQ	Senior Feminino	50:43	+21:12	05:04
47	416	Daniela Martins	CBCB	Senior Feminino	50:45	+21:14	05:05
48	712	Ana Ramos	CUI	Senior Feminino	51:36	+22:05	05:10
49	1015	Ana Melo	NSIT	Senior Feminino	52:13	+22:41	05:13
50	174	Cheila Dias	ARC-EAC	Senior Feminino	53:35	+24:03	05:22
51	362	Joana Garcia	CBA-S	Senior Feminino	54:42	+25:11	05:28
52	703	Lidia Ferreira	CSJSC	Senior Feminino	56:53	+27:22	05:41
53	363	Mihaela Iordan	CBA-S	Senior Feminino	57:13	+27:41	05:43
54	1028	Ana Reis	NSTN	Senior Feminino	59:44	+30:12	05:58
55	1070	Cláudia Cruz	Runriver	Senior Feminino	01:00:36	+31:05	06:04
56	588	Joana De Jesus	CLX	Senior Feminino	01:04:50	+35:19	06:29

Senior Masculino

1	1193	Samuel Barata	SLB	Senior Masculino	29:31		02:57
2	1133	Luís Saraiva	SCB	Senior Masculino	29:39	+00:07	02:58
3	2	Rui Pinto	SLB	Senior Masculino	29:43	+00:12	02:58
4	860	Nuno Lopes	IND-P	Senior Masculino	29:44	+00:12	02:58
5	625	Bruno Batista	CNRM	Senior Masculino	29:46	+00:14	02:59
6	1153	Fernando Serrão	SCP	Senior Masculino	29:50	+00:18	02:59
7	255	Miguel Ribeiro	CAOV	Senior Masculino	29:53	+00:21	02:59
8	182	João Valente	ARC-EAC	Senior Masculino	29:53	+00:22	02:59
9	1134	Tiago Costa	SCB	Senior Masculino	29:54	+00:22	02:59
10	1060	João Almeida	RDA	Senior Masculino	29:56	+00:24	03:00
11	1194	Samuel Freire	SLB	Senior Masculino	30:01	+00:30	03:00
12	16	Hugo Daniel Santos	ACDSJS	Senior Masculino	30:15	+00:43	03:02
13	1131	Hugo Almeida	SCB	Senior Masculino	30:18	+00:47	03:02
14	489	João Antunes	CDSSC	Senior Masculino	30:20	+00:48	03:02
15	488	Hugo Correia	CDSSC	Senior Masculino	30:22	+00:51	03:02
16	1154	Miguel Marques	SCP	Senior Masculino	30:26	+00:54	03:03
17	935	Nuno Costa	MAC	Senior Masculino	30:30	+00:59	03:03
18	1129	Davide Silva	SCB	Senior Masculino	30:41	+01:09	03:04
19	15	Fábio Oliveira	ACDSJS	Senior Masculino	30:45	+01:13	03:05
20	936	Paulo Barbosa	MAC	Senior Masculino	30:54	+01:22	03:05
21	1190	Filipe Fialho	SLB	Senior Masculino	30:55	+01:23	03:06
22	277	Daniel Martins	CASJ	Senior Masculino	30:58	+01:27	03:06
23	1130	Francisco Rodrigues	SCB	Senior Masculino	31:00	+01:28	03:06
24	490	Leonel Fernandes	CDSSC	Senior Masculino	31:09	+01:37	03:07
25	854	Marco Teixeira	IND-LX	Senior Masculino	31:10	+01:39	03:07
26	1152	António Silva	SCP	Senior Masculino	31:12	+01:41	03:07

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

OFFICIAL RESULT

73	839	Tiago Silva	IFC	Senior Masculino	34:25	+04:53	03:27
74	2032	Varter Costa	G.A.Caranguejeira	Senior Masculino	34:30	+04:58	03:27
75	1268	Hugo Rodrigues	VFC	Senior Masculino	34:33	+05:01	03:27
76	802	Rui Alves	GDSPO	Senior Masculino	34:35	+05:03	03:28
77	225	Estêvão Janeiro	BAC	Senior Masculino	34:38	+05:06	03:28
78	280	Ruben Ribeiros	CASJ	Senior Masculino	34:43	+05:12	03:28
79	487	Gilberto Neto	CDSSC	Senior Masculino	34:48	+05:16	03:29
80	445	Victor Ferreira	CBTV	Senior Masculino	34:55	+05:24	03:30
81	61	Tiago Pinho	ACRVC	Senior Masculino	35:01	+05:29	03:30
82	180	Cristiano Oliveira	ARC-EAC	Senior Masculino	35:04	+05:33	03:30
83	278	Luís Martins	CASJ	Senior Masculino	35:10	+05:39	03:31
84	2031	Fábio Durão	G.A.Caranguejeira	Senior Masculino	35:13	+05:42	03:31
85	465	Pedro Venâncio	CDEM-S	Senior Masculino	35:14	+05:42	03:31
86	1330	TIAGO LOPES	USCMS	Senior Masculino	35:14	+05:42	03:31
87	1290	João Costa	VTSC	Senior Masculino	35:17	+05:45	03:32
88	130	Rafael Fernandes	AFR&F	Senior Masculino	35:17	+05:46	03:32
89	208	Milton Santos	ATLB	Senior Masculino	35:38	+06:06	03:34
90	1074	Hugo Moreira	Runriver	Senior Masculino	35:38	+06:06	03:34
91	863	Marcelo Pereira	JOBRA	Senior Masculino	35:38	+06:07	03:34
92	424	Abdeslam Bouasria	CBF*	Senior Masculino	35:42	+06:11	03:34
93	1075	Ricardo Areias	Runriver	Senior Masculino	35:51	+06:20	03:35
94	1269	João Rebelo	VFC	Senior Masculino	35:52	+06:21	03:35
95	962	Henrique Pires	NATAIPAS	Senior Masculino	35:56	+06:25	03:36
96	418	Rui Pereira	CBCB	Senior Masculino	35:59	+06:27	03:36
97	535	Ricardo Silva	CFB	Senior Masculino	36:02	+06:30	03:36
98	1072	Bruno Alen	Runriver	Senior Masculino	36:03	+06:32	03:36
99	1292	Sérgio Salgueiro	VTSC	Senior Masculino	36:04	+06:32	03:36
100	1061	Ricardo Marques	RDA	Senior Masculino	36:07	+06:35	03:37
101	873	Tiago Godinho	JV	Senior Masculino	36:13	+06:41	03:37
102	71	João Gonçalves	ACV	Senior Masculino	36:16	+06:44	03:38
103	1267	André Alves	VFC	Senior Masculino	36:17	+06:45	03:38
104	129	Marco Santos	AFR&F	Senior Masculino	36:21	+06:50	03:38
105	181	Filipe Rocha	ARC-EAC	Senior Masculino	36:23	+06:52	03:38
106	183	Ricardo Gaspar	ARC-EAC	Senior Masculino	36:25	+06:54	03:39
107	1140	Ricardo Barros	SCE	Senior Masculino	36:27	+06:55	03:39
108	209	Ricardo Sousa	ATLB	Senior Masculino	36:30	+06:59	03:39
109	268	Tiago Correia	CAS	Senior Masculino	36:31	+06:59	03:39
110	589	Diogo Garcia	CLX	Senior Masculino	36:33	+07:01	03:39
111	302	Joel Ramalhoto	CATCTDT	Senior Masculino	36:36	+07:04	03:40
112	1291	João Paulo Alves	VTSC	Senior Masculino	36:40	+07:08	03:40
113	144	Alexandre Tiago	ANE	Senior Masculino	36:45	+07:13	03:41
114	486	Cristiano Ribeiro	CDSSC	Senior Masculino	36:52	+07:20	03:41
115	727	Bruno Reis	ECAFC	Senior Masculino	36:59	+07:28	03:42
116	704	Rúben Almeida	CSJSC	Senior Masculino	37:07	+07:35	03:43
117	1071	André Almeida	Runriver	Senior Masculino	37:08	+07:37	03:43
118	825	Domingos Martins	Greca	Senior Masculino	37:13	+07:41	03:43

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

119	532	Carlos Tavares	CFB	Senior Masculino	37:16	+07:44	03:44
120	47	Telmo Nascimento	ACRSD	Senior Masculino	37:29	+07:57	03:45
121	429	João Cruz	CBSEIXAL	Senior Masculino	37:42	+08:11	03:46
122	968	Duarte Brito	NAZA	Senior Masculino	37:56	+08:24	03:48
123	648	Pedro Pelado	CPPEA	Senior Masculino	37:56	+08:25	03:48
124	1037	Ricardo Sousa	PCC	Senior Masculino	37:58	+08:26	03:48
125	226	Fábio Correia	BAC	Senior Masculino	38:00	+08:28	03:48
126	950	José Madeira	MCVC	Senior Masculino	38:07	+08:35	03:49
127	123	Daniel Tapadas	ADVA	Senior Masculino	38:12	+08:40	03:49
128	1058	Fábio Castro	RDA	Senior Masculino	38:15	+08:44	03:50
129	829	Flávio Castelhana	GRFB	Senior Masculino	38:19	+08:48	03:50
130	766	Pedro Nunes	GDMATA	Senior Masculino	38:21	+08:50	03:50
131	365	Dino Bento	CBA-S	Senior Masculino	38:42	+09:10	03:52
132	1029	Bruno Caetano	OCL	Senior Masculino	38:42	+09:11	03:52
133	531	Adíven Lopes	CFB	Senior Masculino	38:47	+09:15	03:53
134	1100	Nuno Rebelo	RunTejo	Senior Masculino	38:57	+09:25	03:54
135	444	Fábio Ferreira	CBTV	Senior Masculino	39:23	+09:51	03:56
136	534	Mário Manteiga	CFB	Senior Masculino	39:26	+09:54	03:57
137	1035	António Barros	PCC	Senior Masculino	39:31	+09:59	03:57
138	303	Pedro Conceição	CATCTDT	Senior Masculino	39:40	+10:08	03:58
139	1139	Miguel Faria	SCE	Senior Masculino	39:48	+10:17	03:59
140	1241	André Ferreira	UFCT	Senior Masculino	39:50	+10:18	03:59
141	793	Edmir Correia	GDSD	Senior Masculino	39:53	+10:21	03:59
142	309	André Perdígão	CAVF	Senior Masculino	39:58	+10:27	04:00
143	206	Diogo Reis	ATLB	Senior Masculino	40:10	+10:39	04:01
144	254	Carlos Martins	CAOV	Senior Masculino	40:15	+10:43	04:02
145	836	David Vilas	IFC	Senior Masculino	40:22	+10:51	04:02
146	202	Bruno Ferreira	ASCVG	Senior Masculino	40:52	+11:20	04:05
147	593	Sérgio Fernandes	CLX	Senior Masculino	40:58	+11:26	04:06
148	1513	Miguel Belo	PCC	Senior Masculino	41:02	+11:30	04:06
149	738	João Antunes	GAF	Senior Masculino	41:17	+11:45	04:08
150	1098	João Ferreira	RunTejo	Senior Masculino	41:19	+11:47	04:08
151	111	Tiago Silva	ADRAP	Senior Masculino	41:29	+11:57	04:09
152	811	Rúben Fernandes	GRE-AA	Senior Masculino	41:35	+12:03	04:10
153	492	Vítor Lopes	CDSSC	Senior Masculino	41:42	+12:11	04:10
154	1017	Carlos Esteves	NSIT	Senior Masculino	41:45	+12:13	04:11
155	1036	Gaspar Ramôa	PCC	Senior Masculino	41:55	+12:23	04:12
156	239	Valdemar Madeira	BARBARIS	Senior Masculino	42:00	+12:29	04:12
157	23	Hélder Melo	ACP	Senior Masculino	42:11	+12:40	04:13
158	1073	Hugo Fernandes	Runriver	Senior Masculino	42:40	+13:09	04:16
159	124	Luís Carlos Oliveira	ADVA	Senior Masculino	42:53	+13:22	04:17
160	765	Gonçalo Pinto	GDMATA	Senior Masculino	43:14	+13:43	04:19
161	674	Alexandre Sousa	CPRAB	Senior Masculino	43:49	+14:18	04:23
162	767	Rúben Antunes	GDMATA	Senior Masculino	43:50	+14:18	04:23
163	592	Marco Dias	CLX	Senior Masculino	45:14	+15:43	04:31
164	764	Artur Vicente	GDMATA	Senior Masculino	45:27	+15:56	04:33

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

OFFICIAL RESULT

165	238	Sérgio Ramalho	BARBARIS	Senior Masculino	45:54	+16:23	04:35
166	801	Marco Peixoto	GDSP0	Senior Masculino	46:05	+16:34	04:37
167	959	João Ferro	NARM	Senior Masculino	46:09	+16:38	04:37
168	591	João Veiga	CLX	Senior Masculino	46:10	+16:39	04:37
169	838	Tiago Oliveira	IFC	Senior Masculino	46:28	+16:56	04:39
170	24	Miguel Navega	ACP	Senior Masculino	46:42	+17:10	04:40
171	364	Dinis Silva	CBA-S	Senior Masculino	49:52	+20:20	04:59
172	116	Daniel Lopes	ADRLCE	Senior Masculino	54:22	+24:50	05:26
173	875	Diogo Oliveira	LMA-L	Senior Masculino	01:22:04	+52:33	08:12
174	533	Luis Francisco	CFB	Senior Masculino	01:24:29	+54:58	08:27

Sub 20 Feminino

1	1159	Cátia Pereira	SCP	Sub 20 Feminino	38:45	+09:13	03:53
2	1161	Tatiana Moura	SCP	Sub 20 Feminino	39:56	+10:25	04:00
3	650	Mariana Santos	CPPEA	Sub 20 Feminino	40:32	+11:00	04:03
4	1230	Tatiana Costa	UDV	Sub 20 Feminino	41:02	+11:30	04:06
5	198	Bárbara Magalhães	ARLVG	Sub 20 Feminino	42:00	+12:29	04:12
6	1156	Beatriz Mendes	SCP	Sub 20 Feminino	42:18	+12:46	04:14
7	1155	Beatriz Galvão	SCP	Sub 20 Feminino	42:37	+13:06	04:16
8	1229	Joana Midão	UDV	Sub 20 Feminino	43:20	+13:49	04:20
9	197	Ana Neves	ARLVG	Sub 20 Feminino	43:37	+14:05	04:22
10	1038	Margarida Sá	PCC	Sub 20 Feminino	44:04	+14:33	04:24
11	1157	Carolina Marçal	SCP	Sub 20 Feminino	44:52	+15:21	04:29
12	1158	Carolina Oliveira	SCP	Sub 20 Feminino	45:31	+16:00	04:33
13	48	Clara Pinto	ACRSD	Sub 20 Feminino	47:17	+17:45	04:44
14	1184	Inês Pinto	SCRD	Sub 20 Feminino	49:26	+19:55	04:57
15	744	Bruna Fontoura	GCB	Sub 20 Feminino	51:19	+21:47	05:08
16	651	Marta Martins	CPPEA	Sub 20 Feminino	53:30	+23:58	05:21
17	1183	Ana Silva	SCRD	Sub 20 Feminino	58:58	+29:26	05:54
18	369	Rafaela Navalho	CBA-S	Sub 20 Feminino	59:12	+29:40	05:55
19	652	Rafaela Svrydova	CPPEA	Sub 20 Feminino	01:00:57	+31:25	06:06
20	713	Yamini Makvana	CUI*	Sub 20 Feminino	01:02:44	+33:13	06:16

Sub 20 Masculino

1	1170	Pedro Saldanha	SCP	Sub 20 Masculino	31:12	+01:40	03:07
2	626	Francisco Cerveira	CNRM	Sub 20 Masculino	31:40	+02:08	03:10
3	1200	Alexandre Silva	SLB	Sub 20 Masculino	31:47	+02:16	03:11
4	1171	Rúben Amaral	SCP	Sub 20 Masculino	32:13	+02:42	03:13
5	1062	Fábio Simões	RDA	Sub 20 Masculino	32:30	+02:59	03:15
6	1165	Jacinto Gaspar	SCP	Sub 20 Masculino	32:58	+03:27	03:18
7	95	Hugo Figueiredo	ADNO	Sub 20 Masculino	33:13	+03:42	03:19
8	99	Tiago Sabino	ADNO	Sub 20 Masculino	33:31	+04:00	03:21
9	655	Miguel Rebelo	CPPEA	Sub 20 Masculino	33:42	+04:11	03:22
10	17	Marco Melo	ACDSJS	Sub 20 Masculino	33:43	+04:12	03:22

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

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OFFICIAL RESULT

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Veterana F35

1	1177	Jéssica Augusto	SCP	Veterana F35	33:15	+03:43	03:20
2	495	Mónica Silva	CDSSC	Veterana F35	35:01	+05:29	03:30
3	496	Sara Pinho	CDSSC	Veterana F35	36:21	+06:50	03:38
4	1251	Maria José Pinto	UFCT	Veterana F35	38:36	+09:04	03:52
5	494	Laura Silva	CDSSC	Veterana F35	38:57	+09:26	03:54
6	1104	Alexandra Sousa	RunTejo	Veterana F35	39:03	+09:31	03:54
7	979	Ana Lourenço	NDCO	Veterana F35	39:22	+09:51	03:56
8	145	Sandra Cruz	ANE	Veterana F35	41:18	+11:46	04:08
9	850	Denise Pereira	IND-L	Veterana F35	41:29	+11:57	04:09
10	446	Joseline Santos	CBTV	Veterana F35	42:00	+12:28	04:12
11	281	Isabel Gonçalves	CASJ	Veterana F35	42:01	+12:30	04:12
12	73	Liliana Neves	ACV	Veterana F35	42:33	+13:02	04:15
13	1276	Susana Rodrigues	VFC	Veterana F35	43:26	+13:55	04:21
14	240	Cláudia Batura	BARBARIS	Veterana F35	43:38	+14:07	04:22
15	1250	Filipa Moutinho	UFCT	Veterana F35	43:50	+14:18	04:23
16	594	Catia Nascimento	CLX	Veterana F35	44:24	+14:53	04:26
17	419	Sandra Ferreira	CBCB	Veterana F35	46:21	+16:50	04:38
18	537	Marta Ferreira	CFB	Veterana F35	46:24	+16:52	04:38
19	257	Sara Marinho	CAOV	Veterana F35	47:03	+17:31	04:42
20	310	Renata Fernandes	CAVF	Veterana F35	47:31	+17:59	04:45
21	432	Ana Alves	CBSEIXAL	Veterana F35	48:51	+19:20	04:53
22	1043	Marina Cardona	PCC	Veterana F35	49:23	+19:52	04:56
23	478	Sofia Medronheira	CDRR	Veterana F35	50:54	+21:22	05:05
24	72	Elsa Soares	ACV	Veterana F35	51:35	+22:03	05:10
25	1105	Carla Nascimento	RunTejo	Veterana F35	52:52	+23:20	05:17
26	433	Cláudia Matos	CBSEIXAL	Veterana F35	53:09	+23:38	05:19
27	877	Elisabete Silva	LPSC	Veterana F35	54:02	+24:31	05:24
28	1018	Juliana Armelim	NSIT	Veterana F35	57:24	+27:52	05:44
29	770	Susete Ferreira	GDMATA	Veterana F35	58:15	+28:43	05:50
30	595	Núria Antunes	CLX	Veterana F35	59:27	+29:56	05:57
31	40	Cátia Rodrigues	ACRM	Veterana F35	01:10:01	+40:30	07:00

Veterana F40

1	1064	Carla Martinho	RDA	Veterana F40	35:20	+05:48	03:32
2	827	Clarisse Cruz	Grecas	Veterana F40	35:25	+05:54	03:33
3	1231	Estela Melo	UDV	Veterana F40	39:55	+10:23	04:00
4	596	Maria Do Céu Nunes	CLX	Veterana F40	40:45	+11:14	04:05
5	539	Mónica Vieira	CFB	Veterana F40	41:06	+11:35	04:07
6	218	Palmira Kuinhama	AWRP	Veterana F40	41:14	+11:43	04:07
7	20	Elisabete Sousa	ACDSJS	Veterana F40	41:19	+11:47	04:08
8	282	Carina Correia	CASJ	Veterana F40	41:44	+12:12	04:10
9	199	Elisabete Santos	ARLVG	Veterana F40	42:28	+12:57	04:15
10	376	Cristina Pedro	CBA-S	Veterana F40	44:12	+14:40	04:25

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PARCEIROS INSTITUCIONAIS



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PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

5	156	Margarida Amigo	ANE	Veterana F60	58:17	+28:45	05:50
6	731	Mariana Pereira	evelx	Veterana F60	01:02:03	+32:32	06:12
7	1214	Carolina Ribeiro	SSTSJM	Veterana F60	01:03:21	+33:49	06:20
8	891	Alice Machado	LPSC	Veterana F60	01:09:38	+40:06	06:58

Veterana F65

1	472	Marília Cavaco	CDQ	Veterana F65	52:41	+23:10	05:16
2	157	Vanda Augusto	ANE	Veterana F65	54:55	+25:23	05:30
3	1215	Maria Fernandes	SSTSJM	Veterana F65	59:33	+30:02	05:57

Veterana F70

1	893	Isabel Lino	LPSC	Veterana F70	01:00:18	+30:47	06:02
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Veterana F75

1	742	Joaquina Flores	GASE	Veterana F75	59:11	+29:40	05:55
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Veterano M35

1	190	Hermano Ferreira	ARC-EAC	Veterano M35	30:02	+00:30	03:00
2	1181	Rui Teixeira	SCP	Veterano M35	30:24	+00:52	03:02
3	1278	Jorge Robalo	VFC	Veterano M35	30:41	+01:10	03:04
4	1180	José Moreira	SCP	Veterano M35	30:44	+01:12	03:04
5	1179	Eduardo Mbengani	SCP	Veterano M35	30:51	+01:19	03:05
6	189	Filipe Rosa	ARC-EAC	Veterano M35	31:10	+01:38	03:07
7	748	Vítor Oliveira	GDCG	Veterano M35	31:16	+01:45	03:08
8	230	Bruno Paixão	BAC	Veterano M35	31:25	+01:53	03:09
9	499	Daniel Pinheiro	CDSSC	Veterano M35	31:30	+01:58	03:09
10	191	Nelson Oliveira	ARC-EAC	Veterano M35	31:57	+02:26	03:12
11	498	Carlos Miguel Silva	CDSSC	Veterano M35	32:02	+02:30	03:12
12	51	Marco Marques	ACRSD	Veterano M35	32:03	+02:31	03:12
13	271	Tiago Espínola	CAS	Veterano M35	32:07	+02:36	03:13
14	1112	Pedro Arsénio	RunTejo	Veterano M35	32:39	+03:08	03:16
15	77	Bruno Gaspar	ACV	Veterano M35	33:00	+03:28	03:18
16	65	Nuno Oliveira	ACRVC	Veterano M35	33:02	+03:30	03:18
17	1111	Miguel Quaresma	RunTejo	Veterano M35	33:07	+03:36	03:19
18	548	Sérgio Manuel Silva	CFB	Veterano M35	33:31	+03:59	03:21
19	286	David Coelho	CASJ	Veterano M35	33:34	+04:02	03:21
20	64	Bruno Freitas	ACRVC	Veterano M35	33:34	+04:03	03:21
21	544	Celso Pinto	CFB	Veterano M35	34:15	+04:43	03:26
22	115	Silvestre Rodrigues	ADRAP	Veterano M35	34:20	+04:48	03:26
23	1255	Tiago Nuno	UFCT	Veterano M35	34:22	+04:50	03:26
24	747	Ricardo Madeira	GDCCP	Veterano M35	34:23	+04:51	03:26

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PARCEIROS TÉCNICOS



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10 KM

OFFICIAL RESULT

71	1079	André Soares	Runriver	Veterano M35	40:31	+10:59	04:03
72	1222	Bruno Francisco	UAP	Veterano M35	40:36	+11:04	04:04
73	220	Paulo Gomes	AWRP	Veterano M35	40:38	+11:06	04:04
74	289	Ricardo Hermosilha	CASJ	Veterano M35	40:41	+11:10	04:04
75	481	David Silva	CDRR	Veterano M35	40:43	+11:12	04:04
76	1023	Tiago Dutra	NSIT	Veterano M35	40:54	+11:22	04:05
77	314	Jorge Valente	CAVF	Veterano M35	41:06	+11:35	04:07
78	691	Renato Rodrigues	CPTSC	Veterano M35	41:13	+11:42	04:07
79	546	Ricardo Pires	CFB	Veterano M35	41:24	+11:52	04:08
80	438	António Massano	CBSEIXAL	Veterano M35	41:40	+12:08	04:10
81	1082	Raul Silva	Runriver	Veterano M35	41:47	+12:15	04:11
82	242	António Valente	BARBARIS	Veterano M35	41:47	+12:15	04:11
83	603	Hugo Brás	CLX	Veterano M35	41:58	+12:26	04:12
84	501	Viriato Mendes	CDSSC	Veterano M35	42:23	+12:52	04:14
85	117	José Pereira	ADRLCE	Veterano M35	42:30	+12:58	04:15
86	172	Marco Alves	AP-CM	Veterano M35	42:30	+12:59	04:15
87	894	Miguel Sequeira	LPSC	Veterano M35	42:37	+13:05	04:16
88	41	Marco Quedas	ACRM	Veterano M35	42:38	+13:06	04:16
89	782	Ricardo Pinto	GDRR	Veterano M35	42:43	+13:12	04:16
90	315	Rui Miguel Vale	CAVF	Veterano M35	42:46	+13:15	04:17
91	439	Miguel Silva	CBSEIXAL	Veterano M35	43:00	+13:28	04:18
92	547	Ricardo Santos	CFB	Veterano M35	43:00	+13:28	04:18
93	701	Lúcio Sustelo	CRDS	Veterano M35	43:39	+14:07	04:22
94	261	Miguel Pereira	CAOV	Veterano M35	43:52	+14:21	04:23
95	951	António Rodrigues	MCVC	Veterano M35	44:58	+15:27	04:30
96	1216	Nuno Soares	SSTSJM	Veterano M35	47:30	+17:58	04:45
97	604	José Trindade	CLX	Veterano M35	47:49	+18:17	04:47
98	1232	Alberto Lucas	UDV	Veterano M35	48:48	+19:16	04:53
99	63	Artur Barbosa	ACRVC	Veterano M35	49:35	+20:03	04:58
100	772	João Vasco Caldeira	GDMATA	Veterano M35	49:37	+20:05	04:58
101	602	Bruno Do Brito	CLX	Veterano M35	50:27	+20:55	05:03
102	601	Bruno Claro	CLX	Veterano M35	50:27	+20:56	05:03
103	1502	Rui Baptista	AJPINA	Veterano M35	52:38	+23:07	05:16
104	605	Patrick Simões	CLX	Veterano M35	52:50	+23:19	05:17

Veterano M40

1	1182	Licínio Pimentel	SCP	Veterano M40	29:58	+00:26	03:00
2	667	Nelson Cruz	CPPEA	Veterano M40	30:56	+01:25	03:06
3	293	Jorge Varela	CASJ	Veterano M40	31:37	+02:06	03:10
4	549	Jose Gaspar	CFB	Veterano M40	31:58	+02:27	03:12
5	749	Artur Rodrigues	GDCG	Veterano M40	32:11	+02:40	03:13
6	812	João Pereira	GRE-AA	Veterano M40	32:26	+02:54	03:15
7	262	Miguel Meira	CAOV	Veterano M40	33:22	+03:50	03:20
8	192	João Pereira	ARC-EAC	Veterano M40	33:38	+04:06	03:22
9	1234	Marco Ferreira	UDV	Veterano M40	33:52	+04:20	03:23

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PARCEIROS TÉCNICOS



Nacional Estrada**10 KM****OFFICIAL RESULT**

10	1279	Luís Rações	VFC	Veterano M40	33:55	+04:23	03:24
11	295	Nuno Miguel Correia	CASJ	Veterano M40	34:10	+04:39	03:25
12	506	Nuno Queiroz	CDSSC	Veterano M40	34:14	+04:42	03:25
13	1067	Luís Martins	RDA	Veterano M40	34:16	+04:44	03:26
14	819	Roberto Marques	GREB	Veterano M40	34:23	+04:51	03:26
15	22	Pedro Ferreira	ACDSJS	Veterano M40	34:32	+05:00	03:27
16	804	Manuel Belinha	GDSPD	Veterano M40	34:43	+05:11	03:28
17	550	Luís Brito	CFB	Veterano M40	34:44	+05:13	03:28
18	1235	Nelson Magalhaes	UDV	Veterano M40	34:55	+05:23	03:30
19	751	Paulo Pereira	GDCG	Veterano M40	35:03	+05:32	03:30
20	1504	Paulo Benevente	AJPINA	Veterano M40	35:05	+05:34	03:31
21	868	Angelo Araújo	JOBRA	Veterano M40	35:06	+05:34	03:31
22	1223	Paulo Albino	UAP	Veterano M40	35:45	+06:13	03:35
23	422	Nuno Gamboa	CBCB	Veterano M40	35:56	+06:24	03:36
24	292	Joaquim Abraços	CASJ	Veterano M40	36:00	+06:29	03:36
25	441	Diogo Azevedo	CBSEIXAL	Veterano M40	36:02	+06:30	03:36
26	52	João Paulo Ferreira	ACRSD	Veterano M40	36:11	+06:40	03:37
27	53	Marco Pereira	ACRSD	Veterano M40	36:26	+06:54	03:39
28	750	Luís Silva	GDCG	Veterano M40	36:28	+06:56	03:39
29	233	Custódio António	BAC	Veterano M40	36:29	+06:57	03:39
30	831	Nuno Santos	GRFB	Veterano M40	36:33	+07:01	03:39
31	551	Pedro Esteves	CFB	Veterano M40	36:38	+07:06	03:40
32	193	Márcio Pereira	ARC-EAC	Veterano M40	36:45	+07:14	03:41
33	307	Carlos Ribeiro	CATCTDT	Veterano M40	36:49	+07:17	03:41
34	1233	Jorge Cunha	UDV	Veterano M40	36:59	+07:27	03:42
35	969	António Janeiro	NAZA	Veterano M40	37:03	+07:31	03:42
36	851	Nuno Gonçalves	IND-L	Veterano M40	37:16	+07:44	03:44
37	103	José Ferreira	ADNO	Veterano M40	37:18	+07:46	03:44
38	740	Telmo Viegas	GAF	Veterano M40	37:19	+07:48	03:44
39	1512	Paulo Pinheiro	IND-ST	Veterano M40	37:32	+08:01	03:45
40	194	Vítor Gonçalves	ARC-EAC	Veterano M40	37:39	+08:07	03:46
41	448	Joaquim Frazão	CBTV	Veterano M40	37:40	+08:09	03:46
42	296	Rui Pinto	CASJ	Veterano M40	37:49	+08:18	03:47
43	1025	Pedro Bartolomeu	NSIT	Veterano M40	37:53	+08:22	03:47
44	160	Helder Carminé	ANE	Veterano M40	38:00	+08:29	03:48
45	897	Hugo Ferreira	LPSC	Veterano M40	38:02	+08:31	03:48
46	1280	Paulo Pinheiro	VFC	Veterano M40	38:05	+08:33	03:49
47	1024	Carlos Ferreira	NSIT	Veterano M40	38:18	+08:47	03:50
48	612	Vítor Marques	CLX	Veterano M40	38:22	+08:51	03:50
49	161	Luís Antunes	ANE	Veterano M40	38:30	+08:58	03:51
50	80	Miguel Gonçalves	ACV	Veterano M40	38:39	+09:07	03:52
51	159	António Mouro	ANE	Veterano M40	38:40	+09:09	03:52
52	1085	Vítor Ramos	Runriver	Veterano M40	38:41	+09:10	03:52
53	291	João Aleixo	CASJ	Veterano M40	38:46	+09:14	03:53
54	899	José Borges	LPSC	Veterano M40	38:49	+09:17	03:53
55	581	Manuel Silva	CFOD	Veterano M40	38:54	+09:23	03:53

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

OFFICIAL RESULT

56	830	João Canas	GRFB	Veterano M40	39:04	+09:33	03:54
57	783	Valter Oliveira	GDRR	Veterano M40	39:05	+09:33	03:55
58	505	Manuel Azevedo	CDSSC	Veterano M40	39:09	+09:37	03:55
59	162	Marco Fato	ANE	Veterano M40	39:12	+09:41	03:55
60	552	Renato Manuel	CFB	Veterano M40	39:16	+09:45	03:56
61	1294	João Jesus Silva	VTSC	Veterano M40	39:22	+09:51	03:56
62	1506	Nuno Alves	ANE	Veterano M40	39:25	+09:54	03:57
63	666	Luís Marques	CPPEA	Veterano M40	39:30	+09:59	03:57
64	993	António Santos	NPCAD	Veterano M40	39:40	+10:09	03:58
65	173	Luís Cordeiro	ARALF	Veterano M40	39:42	+10:11	03:58
66	1329	PAULO HERMEZILHA	USCMS	Veterano M40	39:52	+10:20	03:59
67	294	José Pereira	CASJ	Veterano M40	39:54	+10:22	03:59
68	627	Nuno Correia Alves	COO	Veterano M40	39:58	+10:26	04:00
69	1115	Inocêncio Amorim	RunTejo	Veterano M40	40:05	+10:34	04:01
70	263	Nuno Araújo	CAOV	Veterano M40	40:15	+10:43	04:02
71	1145	Simão Santos	SCE	Veterano M40	40:16	+10:44	04:02
72	474	Luís Massapina	CDQ	Veterano M40	40:27	+10:55	04:03
73	995	Paulo Martins	NPCAD	Veterano M40	40:37	+11:05	04:04
74	644	Antoine Godinho	CPA-S	Veterano M40	40:54	+11:23	04:05
75	333	Hugo Palmeiro	CBAM	Veterano M40	40:55	+11:24	04:06
76	725	César Martins	EAT	Veterano M40	41:01	+11:29	04:06
77	896	Bruno Santos	LPSC	Veterano M40	41:04	+11:32	04:06
78	398	Telmo Santos	CBA-S	Veterano M40	41:06	+11:35	04:07
79	316	José Luís Pereira	CAVF	Veterano M40	41:14	+11:42	04:07
80	79	Jose Mendes	ACV	Veterano M40	41:16	+11:44	04:08
81	732	José Moreira	evelx	Veterano M40	41:21	+11:50	04:08
82	774	Jorge Gomes	GDMATA	Veterano M40	41:40	+12:08	04:10
83	996	Virgílio Vieira	NPCAD	Veterano M40	41:51	+12:19	04:11
84	776	Paulo Neto	GDMATA	Veterano M40	41:55	+12:24	04:12
85	473	José Pina	CDQ	Veterano M40	42:03	+12:32	04:12
86	504	Jorge Campos	CDSSC	Veterano M40	42:23	+12:51	04:14
87	78	Hélder Miranda	ACV	Veterano M40	42:34	+13:03	04:15
88	247	Joaquim Almeida	C4E	Veterano M40	42:39	+13:07	04:16
89	9	João Martins	AABV	Veterano M40	43:01	+13:30	04:18
90	676	Nuno Ferreira	CPRAB	Veterano M40	43:19	+13:47	04:20
91	394	José Fontinha	CBA-S	Veterano M40	43:30	+13:58	04:21
92	334	Rui Ferreira	CBAM	Veterano M40	43:33	+14:02	04:21
93	773	Bruno Pereira	GDMATA	Veterano M40	43:52	+14:20	04:23
94	832	Rafael Lourenço	GRFB	Veterano M40	44:01	+14:29	04:24
95	818	Jacinto Rodrigues	GREB	Veterano M40	44:19	+14:48	04:26
96	442	Luciano Contente	CBSEIXAL	Veterano M40	44:19	+14:48	04:26
97	1048	Marco Duarte	PCC	Veterano M40	44:23	+14:51	04:26
98	715	João Duarte	CUI	Veterano M40	44:28	+14:57	04:27
99	609	Ricardo Santos	CLX	Veterano M40	44:37	+15:06	04:28
100	702	Jorge Viegas	CRDS	Veterano M40	44:43	+15:11	04:28
101	994	Jóice Jesus	NPCAD	Veterano M40	44:44	+15:13	04:28

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

OFFICIAL RESULT

80	682	Vítor Pereira	CPTBC	Veterano M50	48:30	+18:58	04:51
81	1086	Carlos Tavares	Runriver	Veterano M50	48:43	+19:11	04:52
82	340	Vítor Santos	CBAM	Veterano M50	48:54	+19:23	04:53
83	574	Pedro Afonso	CFB	Veterano M50	48:59	+19:28	04:54
84	86	Vítor Lopes	ACV	Veterano M50	49:03	+19:32	04:54
85	708	António Conceição	CSJSC	Veterano M50	49:14	+19:43	04:55
86	407	Adelino Oliveira	CBA-S	Veterano M50	49:23	+19:52	04:56
87	410	Renato Marques	CBA-S	Veterano M50	49:38	+20:07	04:58
88	777	Henrique Farias	GDMATA	Veterano M50	49:44	+20:12	04:58
89	322	Alberto Pascoal	CAVF	Veterano M50	49:53	+20:21	04:59
90	576	Vincenzo Scarlato	CFB	Veterano M50	51:04	+21:32	05:06
91	204	Paulo Pascoal	ASCVG	Veterano M50	51:25	+21:53	05:09
92	1003	Gabriel Santos	NPCAD	Veterano M50	51:35	+22:04	05:10
93	912	Carlos Marques	LPSC	Veterano M50	52:25	+22:54	05:15
94	338	António Bogas	CBAM	Veterano M50	53:04	+23:32	05:18
95	127	Tomé Perpétua	ADVA	Veterano M50	54:30	+24:58	05:27
96	339	Carlos Silva	CBAM	Veterano M50	54:40	+25:09	05:28
97	855	Emílio Gonçalves	IND-LX	Veterano M50	54:55	+25:24	05:30
98	633	Manuel Santiago	CPAGUA	Veterano M50	55:06	+25:34	05:31
99	911	Carlos Hilário	LPSC	Veterano M50	56:39	+27:08	05:40
100	1511	Helder Romano	GDPCD	Veterano M50	58:31	+29:00	05:51

Veterano M55

1	464	Manuel Alves	CCSJM	Veterano M55	33:28	+03:57	03:21
2	683	Ulisses Lopes	CPTBC	Veterano M55	35:16	+05:44	03:32
3	56	Mário Silva	ACRSD	Veterano M55	36:12	+06:40	03:37
4	519	Belmiro Rodrigues	CDSSC	Veterano M55	36:46	+07:14	03:41
5	577	José Custódio	CFB	Veterano M55	36:57	+07:26	03:42
6	917	João Caldeira	LPSC	Veterano M55	37:02	+07:31	03:42
7	237	Mário Godinho	BAC	Veterano M55	37:16	+07:44	03:44
8	984	Peter Knight	NDCO	Veterano M55	37:19	+07:48	03:44
9	974	José Jarmela	NAZA	Veterano M55	37:22	+07:50	03:44
10	788	Abel Glória	GDRR	Veterano M55	37:50	+08:19	03:47
11	520	Joaquim Lopes	CDSSC	Veterano M55	38:03	+08:31	03:48
12	138	Fernando Figueiredo	AFR&F	Veterano M55	39:31	+10:00	03:57
13	954	Alberto Mendes	MCVC	Veterano M55	39:43	+10:11	03:58
14	451	Luis Rebelo	CBTV	Veterano M55	39:57	+10:25	04:00
15	521	José Mota	CDSSC	Veterano M55	40:02	+10:31	04:00
16	1033	Jorge Santos	OCL	Veterano M55	40:16	+10:45	04:02
17	1262	Luís Manuel Rodrigo	UFCT	Veterano M55	41:02	+11:30	04:06
18	955	Jacinto Correia	MCVC	Veterano M55	41:38	+12:06	04:10
19	411	José Silva	CBA-S	Veterano M55	41:56	+12:24	04:12
20	635	José Adelino	CPAGUA	Veterano M55	41:57	+12:26	04:12
21	946	João Bras	MCMS	Veterano M55	42:01	+12:30	04:12
22	1508	Leonido Afonso	CBCB	Veterano M55	42:04	+12:32	04:12

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



Nacional Estrada

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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21	920	Almiro Feijão	LPSC	Veterano M60	42:00	+12:28	04:12
22	57	Eduardo Pinto	ACRSD	Veterano M60	42:38	+13:07	04:16
23	924	Luís Prego	LPSC	Veterano M60	42:45	+13:14	04:17
24	688	Manuel Dourado	CPTBC	Veterano M60	43:25	+13:53	04:21
25	584	Domingos Pinto	CFOD	Veterano M60	43:40	+14:09	04:22
26	1186	Rui Merujo	SCUT	Veterano M60	44:00	+14:28	04:24
27	346	Américo Rodrigues	CBAM	Veterano M60	44:07	+14:36	04:25
28	921	Germano Silva	LPSC	Veterano M60	45:02	+15:30	04:30
29	956	António Dias	MCVC	Veterano M60	46:13	+16:41	04:37
30	578	José Piçarra	CFB	Veterano M60	46:43	+17:11	04:40
31	814	Manuel Santos	GRE-AA	Veterano M60	46:44	+17:13	04:40
32	413	António Martins	CBA-S	Veterano M60	46:56	+17:24	04:42
33	859	José Rolão	IND-LX	Veterano M60	46:58	+17:26	04:42
34	922	Henrique Romão	LPSC	Veterano M60	47:06	+17:34	04:43
35	779	António Inácio	GDRCP	Veterano M60	47:11	+17:39	04:43
36	694	Costa Marques	CPTSC	Veterano M60	48:12	+18:40	04:49
37	975	Herculano Domingues	NAZA	Veterano M60	48:23	+18:52	04:50
38	414	Jorge Rio Cardoso	CBA-S	Veterano M60	51:59	+22:27	05:12
39	90	Leandro Santos	ACV	Veterano M60	52:02	+22:31	05:12
40	88	Alfredo Santos	ACV	Veterano M60	52:04	+22:33	05:12
41	798	Gonçalo Rebelo	GDSD	Veterano M60	53:20	+23:48	05:20
42	932	Jacinto Pereira	LRCPA	Veterano M60	56:36	+27:04	05:40
43	347	Joaquim Cruz	CBAM	Veterano M60	57:22	+27:51	05:44
44	931	Henrique Vilhena	LRCPA	Veterano M60	01:02:13	+32:41	06:13

Veterano M65

1	121	Fernando Ferreira	ADTT	Veterano M65	42:46	+13:15	04:17
2	214	Joaquim Godinho	ATLB	Veterano M65	43:02	+13:31	04:18
3	1014	António Pereira	NPCAD	Veterano M65	43:18	+13:47	04:20
4	171	José Amigo	ANE	Veterano M65	43:55	+14:23	04:24
5	170	Fernando Chamusca	ANE	Veterano M65	44:33	+15:02	04:27
6	695	Álvaro Coelho	CPTSC	Veterano M65	45:38	+16:07	04:34
7	250	Henrique Adrega	CABELEM	Veterano M65	47:14	+17:42	04:43
8	12	Alain Guesdon	AABV	Veterano M65	47:34	+18:03	04:45
9	34	Domingos Bucho	ACP	Veterano M65	47:40	+18:09	04:46
10	735	Vítor Amado	FIXES	Veterano M65	47:42	+18:10	04:46
11	1013	Adão Dias	NPCAD	Veterano M65	47:52	+18:21	04:47
12	222	Fernando Claudino	AWRP	Veterano M65	47:52	+18:21	04:47
13	585	Anselmo Moreira	CFOD	Veterano M65	48:13	+18:41	04:49
14	1265	José Aleixo	UFCT	Veterano M65	49:02	+19:30	04:54
15	119	Joaquim Gomes	ADRLCE	Veterano M65	49:27	+19:55	04:57
16	1266	Manuel Martins	UFCT	Veterano M65	49:48	+20:17	04:59
17	790	Mário Miguel	GDRR	Veterano M65	51:15	+21:44	05:08
18	353	Jorge Santos	CBAM	Veterano M65	51:23	+21:51	05:08
19	947	Carlos Antunes	MCMS	Veterano M65	51:40	+22:09	05:10

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



COLETIVO - NACIONAL ESTRADA JUNIOR
FEMININO

RANK	TEAM	DESCRIPTION	POINTS
1	SCP	1 + 2 + 6 + 7	16

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PARCEIROS INSTITUCIONAIS



PATROCINADORES



PARCEIROS TÉCNICOS



COLETIVO - NACIONAL ESTRADA JUNIOR MASCULINO

RANK	TEAM	DESCRIPTION	POINTS
1	SCP	1 + 4 + 6 + 13	24
2	ADNO	7 + 8 + 14 + 19	48
3	CPPEA	9 + 27 + 33 + 38	107
4	CBA-S	46 + 47 + 48 + 50	191

COLETIVA VETERANOS
CAMPEONATO NACIONAL DE ESTRADA 2020 - JAMOR

MASCULINOS

Rk	Equipa	Total	Cat
1	LPSC	50	VET MASC
2	CFB	46	VET MASC
3	CDSSC	43	VET MASC
4	CBAM	39	VET MASC
5	NPCAD	28	VET MASC
6	GDCG	24	VET MASC
7	SCP	24	VET MASC
8	CBA-S	23	VET MASC
9	CLX	22	VET MASC
10	CASJ	22	VET MASC
11	VFC	21	VET MASC
12	ANE	20	VET MASC
13	CPTBC	20	VET MASC
14	CPPEA	19	VET MASC
15	ACRSD	15	VET MASC
16	ARC-EAC	15	VET MASC
17	CAVF	14	VET MASC
18	RUNTEJO	12	VET MASC
19	ACV	12	VET MASC
20	UFCT	11	VET MASC
21	NDCO	11	VET MASC
22	ATLB	11	VET MASC
23	CCSJM	11	VET MASC
24	CUI	11	VET MASC
25	ADNO	10	VET MASC
26	RUNRIVER	9	VET MASC
27	MCVC	9	VET MASC
28	GDRR	8	VET MASC
29	BAC	8	VET MASC
30	NAZA	7	VET MASC
31	UDV	7	VET MASC
32	CAOV	7	VET MASC
33	CPTSC	7	VET MASC
34	CFOD	6	VET MASC
35	CPAGUA	6	VET MASC
36	GDMATA	6	VET MASC
37	GDSPO	6	VET MASC
38	NSIT	6	VET MASC
39	IFC	5	VET MASC
40	JOBRA	5	VET MASC
41	CBSEIXAL	5	VET MASC
42	AABV	5	VET MASC
43	GREB	4	VET MASC
44	GRFB	4	VET MASC
45	PCC	4	VET MASC
46	SCE	4	VET MASC

COLETIVA VETERANOS
CAMPEONATO NACIONAL DE ESTRADA 2020 - JAMOR

47	CDQ	4	VET MASC
48	CPA-S	4	VET MASC
49	ACRVC	4	VET MASC
50	CAS	4	VET MASC
51	CBCB	4	VET MASC

FEMININO

Rk	Equipa	Total	Cat
1	LPSC	23	VET FEM
2	ANE	23	VET FEM
3	CDSSC	18	VET FEM
4	CASJ	17	VET FEM
5	CFB	13	VET FEM
6	RUNTEJO	13	VET FEM
7	AWRP	13	VET FEM
8	CDQ	12	VET FEM
9	CBA-S	11	VET FEM
10	SSTSJM	11	VET FEM
11	CLX	9	VET FEM
12	ACV	9	VET FEM
13	CAVF	9	VET FEM
14	CBAM	6	VET FEM
15	CBSEIXAL	6	VET FEM
16	PCC	5	VET FEM

